



FROM THE CLERK

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First and foremost, I want to say **WELCOME BACK AMANDA!** We are so happy she is back after the birth of their baby girl, Maizie Grace and we are so thankful she is doing great.

information is fresh and up to date. If you have changes you would like to make and don't recall how to do them, you can always call me, Amanda or Dean and we are happy to help you!

Amanda & David 2

Thank you, too, to all of those who gave up time and who joined us in prayers for Maizie and the Alsip family. God is good!

Speaking of the website, did you know we can add your community events to ours? If your group is having a fundraiser or festival, let us know! We can help you promote it with the calendar on the county website or an announcement on our Facebook page. Just give me, Amanda or Rita Whitekeller the details!

Random Facts
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The forecast says it is supposed to be warm this weekend and I know lots of us are beginning to make our spring cleaning checklists. I would like to also suggest you take a moment to review your page on the county website to be sure that all of your

Lori Hendricks

Good Health 4

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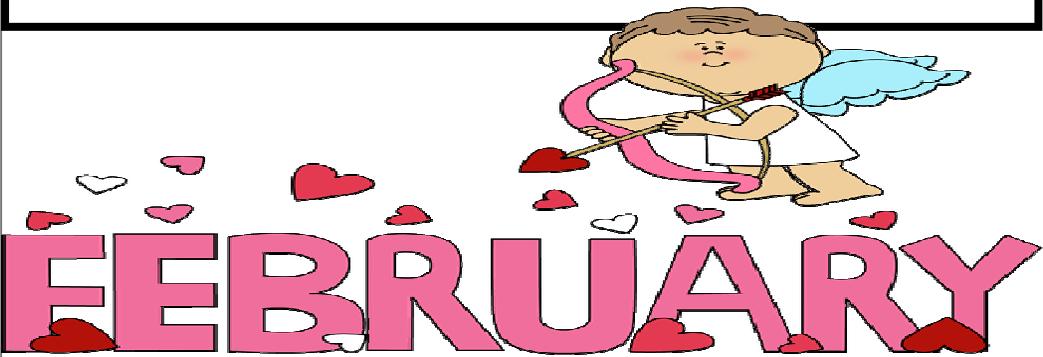
Calendar 6

*The greatest thing you'll ever learn is to love
and be loved in return!.....Eden Ahbez*

Special points of interest:

Safety Meeting

Feb 11th



Wagoner County—Growing from Good” to Great”!

Next Holiday—Mon, Feb 16th—President’s Day

*Welcome back
Amanda!*



*Congratulations on
Retirement David!*



docstoc
**Managing Sexual Harassment
in the Workplace**



**NEXT SAFETY MEETING
FEBRUARY 11th, 2015**

**Sexual Harassment
Presented by
Indian Capital Tech Center**

**The County Clerk Adm. offices & Land Re-
cords will be closed one day of every month
from 8:00am to 9:00am for safety classes.**

OKLAHOMA FUN FACTS.....

Why travel to other cities?..

Oklahoma has them all....

- Cleveland, Oklahoma
- Orlando, Oklahoma
- Miami, Oklahoma
- Pittsburg, Oklahoma
- Santa Fe, Oklahoma

- Peoria, Oklahoma
- Burbank, Oklahoma
- Fargo, Oklahoma
- St. Louis, Oklahoma
- Chattanooga, Oklahoma



TEN RANDOM FACTS

Most of the world's silk production comes from the Chinese Silk Moth

Judy Garland was 17 when she starred in The Wizard of OZ

Martha Washington is the only woman that has appeared on U.S paper currency

Icelanders drink more Coca-Cola per capita than any other nation

Western Avenue in Chicago is the worlds longest street

Someone who collects ties is known as a grabatologist

The first microwave oven was patented in 1953

The harmonica is the worlds best-selling music instrument

There are over 188,000 lakes in Finland

The collective noun for a group of vultures is a committee.

GOOD HEALTH

Germaphobe Habits Everyone Should Follow

Korin Miller



What some may call “overreacting” could actually just be “practicing good hygiene.” (Photo: CBS) Between bolting at the first sign of a sniffle to carrying around anti-bacterial wipes like a fashion accessory, it’s easy to understand why germaphobes may have a more “annoying” reputation.

But while they can sometimes take things to the extreme, experts say they have a few habits the rest of us should actually consider. “There are definitely steps you can take to significantly lower your chances of getting sick,” says women’s health expert Jennifer Wider, MD. “Especially this year, where the flu season is exceptionally bad, it’s more important to take these steps.” No one’s saying you should go overboard with the cleanliness, but by adopting some of these moves, you can increase your odds of staying healthy on the regular:

Hold Your Breath When Someone Sneezes

You’re directly in the line of fire when a friend, coworker, or stranger sneezes in your vicinity. And if that person has a cold, you’re at risk for infection. According to Wider, holding your breath momentarily after someone with a cold sneezes can actually help lower your odds of catching it.



Wipe Down Your Phone—Many of us share a rather intimate relationship with our smart-phones — we touch them on and off all day, and regularly hold them near our faces after placing them on a variety of germ-y surfaces. Unfortunately, your nose, mouth, and eyes are “the most direct portal for germs to enter your body,” says internist Roshini Raj, MD, author of [“What the Yuck?!”](#) She advises cleaning your phone at least once a week with a disinfectant wipe to limit your exposure to unwanted bacteria.

Clean Your Hands After Pumping Gas—It’s probably a good idea to add an additional step to your gas-pumping routine: Clean your hands! According to a recent study from personal hygiene brand Kimberly-Clark Professional, gas pump handles are the filthiest surfaces that people encounter on their way to work. Why? A slew of people touch them during the day, and they rarely get cleaned, allowing for dirt and bacteria to build up over time. Since many gas stations have installed hand sanitizers near the pumps, Wider recommends using them before you touch your car door handle or steering wheel.

Use A Paper Towel On Public Bathroom Handles—Studies have shown that the toilet seat isn’t the germiest surface in a public restroom. According to research from the University of Florida, faucets, soap dispensers, and door handles actually contain the most bacteria. “Just think about how many people aren’t washing their hands, or at least aren’t washing properly, before they grab the handle,” says Raj. She recommends washing your hands, then using a paper towel to turn off the faucet and push open the door, so you don’t re-contaminate your newly clean hands.

Put Down the Toilet Seat Lid Before You Flush—Public restrooms aren’t the only bathrooms that get germ-y — your bathroom at home can also become a bacteria breeding ground. Something that can help keep bacteria in check: Lower the toilet seat lid before you flush. This prevents water vapors and microorganisms known as “toilet plume” aerosols from shooting into the air and landing on your toothbrush, says Beverly Hills dentist Kyle Stanley, DDS. Inhaling or swallowing those microorganisms, which is easy to do when you brush your teeth, can make you sick.

Wash Your Hands — The Right Way—You’ve been washing your hands regularly since you were a kid, but odds are you’re not doing it properly. The Centers for Disease Control and Prevention recommends that you wash your hands for a full 20 seconds.

Wagoner County

307 E. Cherokee Street
Wagoner, OK 74467

Phone: 918-485-7716
Fax: 918-485-7718
E-mail:
clerk@wagonercounty.ok.gov

We have a new web
address!

www.wagonercounty.ok.gov

CONTACTS

Lori Hendricks

County Clerk
485-7717

Char Stevens

Executive Assistant
485-7716

Amanda Alsip

1st Deputy
485-7705

Carolyn Henderson

Purchasing Agent
485-7712

Janet Castillo

Land Records Supvsr.
485-7701

Dyan Marrs

Human Resources
485-7713

CALENDAR



Feb 2nd	Comm Mtg (Mon)		
Feb 9th	Comm Mtg (Mon)		
Feb 17th	Comm Mtg (Tues)	Feb 10th	Excise Board Mtg
Feb 23rd	Comm Mtg (Mon)	Feb 24th	Excise Board Mtg

**Happiness is when you let the pain out
of your life, moving forward
and start anew.**



*PLEASE ENJOY THIS FEBRUARY
ISSUE...IF YOU
WOULD LIKE TO CONTRIBUTE TO
THE MARCH
ISSUE, PLEASE LET ME
KNOW.....CHAR*

MISSION A MATTER OF RIGHT

"A popular Government, without popular information, or the means of acquiring it, is but a Prologue to a Farce or a Tragedy; or perhaps both. Knowledge will forever govern ignorance: And a people who mean to be their own Governors, must arm themselves with the power which knowledge gives."

- James Madison