

Examples of “Focus of Supervision” Paragraphs

The Focus of Supervision is not a restatement of the job description. Look at the Evaluation Forms 203 and 204 for additional ideas about topics to be the focus of supervision. Below are some examples from recent contracts for supervision for your information.

1. During the two years of supervision, supervisee will learn different modalities and techniques for treatment. She is most interested in Trauma-Focused, Cognitive Behavioral, Narrative Therapy, Rational Emotive, Psychodynamic and Gestalt. Will need guidance with diagnosing. Understanding ethics and agency procedure. Understanding and experiencing middle phase of treatment, learning different techniques to sustain treatment. Also how to begin and terminate treatment.
2. To increase knowledge and skill and build a greater understanding of the dynamics of providing individual, group and family therapy; to increase understanding of mental illness and personality disorder diagnoses and treatment approaches; to increase knowledge and understanding of ethical issues and ethical dilemmas in order to efficiently and professionally resolve such issues in accordance with the NASW Code of Ethics along with core professional values; to build knowledge and skill in effective substance abuse treatment approaches, to increase awareness of cultural issues within the therapeutic relationship.
3. Supervisee will work on interventions and techniques for individual, family and group therapy. Will focus on techniques related to client-centered, narrative approach, cognitive behavioral, play and art therapy. Gain experience and proficiency in DSM. Understanding various developmental stages and psychosexual development. Process of therapy through beginning, middle and ending phases of treatment. Family therapy in reunification cases, activities to promote reunification with potential adoption and foster home placements. Treatment planning. Knowing the difference between sexual abuse, physical abuse and neglect, and different treatment techniques.
4. To develop: 1. In-depth assessment and diagnostic skills 2. A range of appropriate intervention skills 3. Methods of evaluation of interventions 4. A working knowledge of DSM materials 5. Comprehensive and concise documentation skills 6. Ongoing awareness of conscious use of self in social work practice. To demonstrate: 1. Ongoing ability to integrate theory and practice and 2. Ongoing ability to be sensitive to ethical issues in practice.
5. Supervision will focus on learning the federal and state rules and regulations regarding hospice services and end of life care. It will also focus on applying those rules while also implementing social work values and ethics. Obtaining appropriate informed consent, adhering to the law by maintaining high standards and displaying professionalism. Assessing family dynamics, patient and family coping skills and other psychosocial elements. Also ability to work independently as well as part of an interdisciplinary team. Problem solving and determining appropriate social work interventions, ongoing assessment, monitoring and intervention when safety concerns are identified as well as identifying community resources to assist the patient and family.
6. Clinical supervision in individual, family, marital and group therapy. Review of various therapeutic modalities and approaches, eg, strategic, narrative, brief, Bowen, structural. Models applicable to EAP contracts, mediation in domestic disputes and review of ethical and best practice models for forensic/expert witness work. Focus on NASW Code of Ethics as it applies to professional social work practice. Review of DSM including differential diagnosis and its practical application. Review of community resources for referral and collaboration.