What is TRICARE and TRICARE Reserve Select (TRS)?

**TRICARE** is the Department of Defense’s health benefit program for the military community. It consists of TRICARE Prime (HMO style plan) and TRICARE Extra (PPO style plan) / TRICARE Standard (indemnity plan).

**TRICARE Reserve Select** is the TRICARE health benefit program for non-activated National Guard and Reservist Members.

**Selman & Company** and the **Government Employees Association** (GEA) are pleased to make available TRICARE Supplement Insurance for employees entitled to TRICARE and listed in the Defense Enrollment Eligibility Reporting System (DEERS).

**The Administrator**

Selman & Company has marketed and administered life and health insurance products to members of associations and affinity groups, customers of financial institutions, and employees through their employers for over 35 years. Selman & Company is among the largest privately held firms in the nation with focus on the markets in which it serves.

**Sponsoring Association**

The Government Employees Association (GEA) is a non-profit, tax-exempt organization; incorporated in 1965 in Washington, D.C. GEA was established to provide active and retired federal, state and local government employees including members of the military and National Guard services with a network of resources. Enrollment in TRICARE Supplement requires membership in Government Employees Association, Inc., for which dues are $1.50 per month. [www.GEAUSA.org](http://www.GEAUSA.org)

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**Questions?**

Selman & Company’s call center representatives are available if you have questions about your TRICARE Supplement Insurance plan.

- 800.638.2610, option 1
- memberservices@selmanco.com

Selman & Company
6110 Parkland Boulevard
Cleveland, OH 44124
www.SelmanCo.com

**The Underwriter**

The TRICARE Supplement Plan is underwritten by Transamerica Premier Life Insurance Company (Cedar Rapids, IA) and Transamerica Financial Life Insurance Company (Harrison, NY) for New York residents. This brochure is a summary of benefits only and is subject to the terms, conditions and limitations of the Insurance Policy.

Policies underwritten by Transamerica Premier Life Insurance and Transamerica Financial Life Insurance Company detail exclusions, limitations and terms under which the policies may be continued in full or discontinued. Complete details are in the certificate of insurance issued to each Insured individual and the master policy issued to the policyholder. This program may vary and may not be available to residents of all states.

MLTRC1000GP
MZ0925782H | MZ0925783H | MZ0925784H
What is TRICARE SUPPLEMENT INSURANCE?

TRICARE Supplement Insurance is a voluntary insurance plan designed to wrap around TRICARE to help you save on your healthcare expenses.

Who is Eligible for TRICARE Supplement Insurance?

Retired uniformed services members and reservists who are eligible for TRICARE®, not eligible for Medicare and under age 65, including, but not limited to:

- Military retirees who are entitled to retire, retain or equivalent pay.
- Retired Reservists enrolled in TRICARE Retired Reserves (gray area retirees).
- Retired Reservists between the ages of 60 and 65 and entitled to retire pay.
- Spouses and surviving spouses of retired uniformed services members.
- Qualified National Guard and Reserve members; TRICARE Reserve Select (TRS)

Product Highlights:

- Covers cost shares and co-pays (including prescription drugs)
- Covers a portion of your TRICARE deductible; in some cases up to 100%
- No pre-existing condition clause
- Covers excess charges up to the legal limit
- Guaranteed acceptance
- No medical examination required to apply

What is Covered?

To be a covered expense, the expense must be incurred for the sole purpose of treating a covered person's injury or sickness and must be prescribed by an attending physician. To be a covered expense, the expense must meet such additional requirements as detailed in your Certificate of Insurance.

TRICARE and the TRICARE Supplement are separate plans. However, TRICARE Supplement Insurance may help to maximize your TRICARE benefits and minimize your out-of-pocket expenses. Not all services and expenses are covered by TRICARE and TRICARE Supplement Insurance.

Enrollment and Effective Date

TRICARE Supplement Insurance is an optional program. To enroll, you must contact your employer for enrollment information. You may be required to complete a payroll deduction authorization form or a TRICARE Supplement insurance enrollment form. Your coverage and that of your eligible family members will become effective on the date requested by your employer.

There may be additional TRICARE requirements. Please visit www.tricare.mil for more information. TRICARE Supplement Insurance is not considered a primary health insurance plan.

Enrollment Kit

After your enrollment is processed by Selman & Company you will be mailed an enrollment packet that includes:

- Certificate of Insurance
- Identification Cards
- Claim Forms
- Information on how to submit claims
- Login instructions to eService website

Pre-Existing Conditions

There is no pre-existing condition limitation under this TRICARE Supplement Insurance Plan.

Termination

Your coverage is renewable to age 65 as long as premiums are paid on time; you remain a member of the sponsoring organization; you, your spouse and dependents remain in an eligible status; and the Master Policy and your class of insured persons remain in effect. So even if you or a covered dependent develops a serious health condition in the future, coverage will not terminate, provided these conditions are met. If these conditions are not met, your eligibility for the TRICARE Supplement Plan ends. Coverage for a spouse or dependent child terminates on the premium due date following the date he or she no longer satisfies the requirements to be a spouse or dependent.

Exclusions and Limitations

The Policy does not cover injury or sickness resulting from war or act of war, whether war is declared or undeclared; intentionally self-inflicted injury; suicide or attempted suicide whether sane or insane (in Colorado and Missouri while sane); routine physical exams, unless required for school enrollment (but not sports physicals) by a Covered Child aged 5 through 11 and immunizations, except that these services are covered when rendered to a Covered Child who is less than 6 years of age; domiciliary or custodial care; eye refractions and routine eye exams except when rendered to a child up to 6 years from the child’s birth; eyeglasses and contact lenses; prosthetic devices, except those covered by TRICARE; cosmetic procedures, except those resulting from covered sickness or injury; hearing aids; orthopedic footwear; care for the mentally incapacitated or physically handicapped if the care is required because of the mental incapacitation or physical handicap; drugs which do not require a prescription, except insulin; dental care unless such care is covered by TRICARE; and then only to the extent that TRICARE covers such care, any confinement, service, or supply that is not covered under TRICARE; hospital nursery charges for a well newborn, except as specifically provided under TRICARE; any routine newborn care except Well Baby Care, as defined, for a child up to 6 years from his or her birth; TRICARE eligible cost share and deductible amounts in excess of the TRICARE cap; expenses which are paid in full by TRICARE; expenses in excess of the TRICARE Allowed Amount, except as specifically provided; treatment for the prevention or cure of alcoholism or drug addiction except as specifically provided under TRICARE and the Policy; any part of a covered expense which the Covered Person is not legally obligated to pay because of payment by a TRICARE alternative program; any claim under more than one of the TRICARE Supplement Plans or under more than one Inpatient Benefits or more than one Outpatient Benefits of the TRICARE Supplement Plans. If a claim is payable under more than one of the stated Plans or Benefits, payment will only be made under the one that provides the highest coverage.

TRICARE eligible employees have the freedom to choose an alternative to employer sponsored health plans.
Non-Duplication of Coverage Under Employer Health Program

If a claim payable under the Policy is also payable under an Employer Health Program with TRICARE as the secondary payor, we will limit our payment to an amount which, when added to the amounts paid by the Employer Health Program and TRICARE, will not exceed 100% of the TRICARE Covered Expenses.

Definitions

Confined or Confinement means being an Inpatient in a Hospital (or Skilled Nursing Facility) due to Sickness or Injury. Skilled Nursing Facility means one which: (a) is approved by Medicare or is qualified to receive approval by Medicare if so required; (b) operates pursuant to law; (c) primarily and continuously provides skilled nursing care and related services to persons convalescing from Sickness or Injury on an Inpatient basis for which a charge is made; (d) provides 24-hour-a-day nursing service by or under the supervision of a registered nurse (R.N.); (e) provides adequate procedures for the administration of drugs; (f) maintains daily medical records of each patient; and (g) provides each patient with a planned program of medical care and treatment by or under the supervision of a Physician. Legal Limit means the maximum amount that a nonparticipating provider can legally charge. This amount is up to 115% of the TRICARE Allowed Amount.

Filing a TRICARE Supplement Claim

The Supplement Plan pays secondary to TRICARE. Therefore, your claims for medical expenses must be submitted to TRICARE for primary processing. After processing your claim, TRICARE will send you an Explanation of Benefits (EOB). To obtain your supplement benefits, a claim should be submitted to Selman & Company either by you or by your medical provider.

Claim submissions MUST include the following:

1] Claim form (completed and signed)
2] Copy of the provider's bill showing the diagnosis, provider’s name, address, and Tax ID Number
3] Copy of the corresponding TRICARE EOB; write your Identification Number (found on your Supplement ID card) on your TRICARE EOB.

Send all of the above to Selman & Company’s Claims Office via mail or fax:

PO Box 2510 301.816.1125
Rockville, MD 20747-2510 301.926.2621

www.SelmanCo.com
After TRICARE pays here’s how the TRICARE Supplement Plan works:

<table>
<thead>
<tr>
<th>CARE REQUIRED</th>
<th>TRICARE Standard/Extra Pays</th>
<th>TRICARE Standard/Extra SUPPLEMENT Pays</th>
<th>TRICARE Prime or Point-of-Service (POS) Pays</th>
<th>TRICARE Prime or Point-of-Service (POS) SUPPLEMENT Pays</th>
</tr>
</thead>
<tbody>
<tr>
<td>INPATIENT FACILITY SERVICES</td>
<td>The TRICARE Standard DRG(^1) allowed amount (contracted rate for TRICARE Extra minus your cost share).</td>
<td>The lesser of $810 per day or 25% of the billed amount, not to exceed the TRICARE Standard DRG amount (lesser of $250 per day or 20% cost share of the contracted rate for TRICARE Extra).</td>
<td>PRIME – All but the Prime co-payments.</td>
<td>PRIME – All Prime co-payments.</td>
</tr>
<tr>
<td>INPATIENT PROFESSIONAL SERVICES</td>
<td>75% of the TRICARE Standard allowed amount (80% for TRICARE Extra) for doctors and other professional services.</td>
<td>Your 25% Standard/20% Extra cost share.</td>
<td>PRIME – All but the Prime co-payments.</td>
<td>PRIME – All Prime co-payments.</td>
</tr>
<tr>
<td>INPATIENT CARE</td>
<td>All but the daily subsistence fee.</td>
<td>The daily subsistence fee.</td>
<td>The daily subsistence fee.</td>
<td>The daily subsistence fee.</td>
</tr>
<tr>
<td>OUTPATIENT CARE</td>
<td>75% of the TRICARE Standard allowed amount (80% for TRICARE Extra) after you pay the TRICARE Outpatient Deductible.</td>
<td>Your 25% Standard/20% Extra cost share and 100% of the TRICARE Outpatient Deductible(^2) of $150 per person or $300 per family PLUS 100% of Covered Excess Charges.</td>
<td>PRIME – All but the Prime co-payments.</td>
<td>PRIME – All Prime co-payments.</td>
</tr>
<tr>
<td>PRESCRIPTION DRUGS</td>
<td>All but copayments: $10 generic, $24 brand name or $50 non-formulary.</td>
<td>All co-payments.</td>
<td>PRIME – All but the co-payments.</td>
<td>PRIME – All co-payments.</td>
</tr>
<tr>
<td>PRESCRIPTION DRUGS</td>
<td>All but copayments: $20 brand name or $49 non-formulary.</td>
<td>All co-payments.</td>
<td>PRIME – All but the co-payments.</td>
<td>PRIME – All co-payments.</td>
</tr>
<tr>
<td>PRESCRIPTION DRUGS</td>
<td>All but the deductible and co-payments: $24 generic/brand name, $50 non-formulary or 20% of total cost, whichever is greater.</td>
<td>Co-payments: $24 generic/brand name, $50 non-formulary or 20% of total cost, whichever is greater and 100% of the TRICARE Outpatient Deductible(^2) of up to $150 per individual, $300 per family.</td>
<td>POS – 50% of the TRICARE allowed amount after the deductible has been met.</td>
<td>POS – The 50% POS cost share and 50% of the POS Deductible(^2) of $300 per person or $600 per family PLUS 100% of Covered Excess Charges.</td>
</tr>
</tbody>
</table>

TRICARE Supplement Policy MZ0925783H0000A does not have a plan deductible.

\(^1\)Diagnosis Related Group (DRG): Established standard hospital stays for categories of medical conditions.

\(^2\)Reimbursement towards the fiscal year TRICARE Standard Outpatient Deductible is made only if the deductible is incurred after the effective date of coverage.

Note: The TRICARE Supplement Plan pays virtually 100% of the TRICARE approved expenses after TRICARE has paid.

Note: Benefits are payable for covered cost share amounts up to the TRICARE Catastrophic Cap. The Catastrophic Cap is the maximum out-of-pocket amount you will pay each fiscal year (FY) (October 1–September 30) for TRICARE-covered services.

Exclusions may vary by state and underwriter. See your Certificate for complete details.

This is not Medicare Supplement Insurance. For more information about Medicare and Medicare Supplement Insurance, review the Guide to Health Insurance for People with Medicare, available from the insurance company.
After TRICARE Reserve Select pays here’s how the TRICARE Supplement Plan works:

<table>
<thead>
<tr>
<th>CARE REQUIRED</th>
<th>TRICARE Reserve Select (TRS) Pays</th>
<th>After TRS Pays, the TRICARE SUPPLEMENT Pays</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>INPATIENT FACILITY SERVICES</strong> in civilian hospitals for TRS member and their dependent family members (room, board, supplies and staff services billed by the hospital).</td>
<td>All but $18.00 per day ($25 minimum)</td>
<td>$18.00 per day ($25 minimum)</td>
</tr>
<tr>
<td><strong>INPATIENT PROFESSIONAL SERVICES</strong> in civilian hospitals for TRS member and their dependent family members (doctors, and other inpatient services not billed by the hospital).</td>
<td>Network Provider: 85% of the TRICARE negotiated rate.</td>
<td>Network Provider: 15% cost share</td>
</tr>
<tr>
<td></td>
<td>Non-Network Provider: 80% of the allowed amount.</td>
<td>Non-Network Provider: 20% cost share plus 100% of covered Excess Charges.</td>
</tr>
<tr>
<td><strong>INPATIENT CARE</strong> in military hospitals.</td>
<td>All but the daily subsistence fee.</td>
<td>The daily subsistence fee.</td>
</tr>
<tr>
<td><strong>OUTPATIENT CARE</strong> for TRS member and their dependent family members (office visits, clinics, lab, etc.)</td>
<td>Network Provider: 85% of the TRICARE negotiated rate after you pay the TRS deductible.</td>
<td>Network Provider: 100% of the TRS deductible of up to $150 individual or $300 family and the 15% cost share.</td>
</tr>
<tr>
<td></td>
<td>Non-Network Provider: 80% of the allowed amount after you pay the TRS deductible.</td>
<td>Non-Network Provider: 100% of the TRS outpatient deductible and the 20% cost share plus 100% of covered Excess Charges.</td>
</tr>
<tr>
<td><strong>PRESCRIPTION DRUGS</strong> Civilian network pharmacy; up to a 30-day supply.</td>
<td>All but co-payments: $10 generic, $24 brand name or $50 non-formulary.</td>
<td>All co-payments.</td>
</tr>
<tr>
<td><strong>PRESCRIPTION DRUGS</strong> Home delivery</td>
<td>mail order; up to a 90-day supply; co-pays based on each 30-day supply.</td>
<td>All but co-payments: $20 brand name or $49 non-formulary.</td>
</tr>
<tr>
<td><strong>PRESCRIPTION DRUGS</strong> Civilian non-network pharmacy; up to a 30-day supply.</td>
<td>All but the TRS deductible and co-payments: $24 generic/brand name, $50 non-formulary or 20% of total cost, whichever is greater.</td>
<td>Co-payments: $24 generic/brand name, $50 non-formulary or 20% of total cost, whichever is greater and 100% of the TRS outpatient deductible of up to $150 per individual, $300 per family.</td>
</tr>
</tbody>
</table>

**TRICARE Reserve Select (TRS) Supplement Policy MZ0925783H0000A does not have a plan deductible.**

**Note:** After you have met your TRICARE Supplement Plan deductible the plan pays 100% of your approved expenses not paid by TRICARE.

**Note:** Benefits are payable for covered cost share amounts up to the TRICARE Catastrophic Cap. The Catastrophic Cap is the maximum out-of-pocket amount you will pay each fiscal year (FY) (October 1–September 30) for TRICARE-covered services.

Exclusions may vary by state and underwriter. See your Certificate for complete details.

**This is not Medicare Supplement Insurance.** For more information about Medicare and Medicare Supplement Insurance, review the Guide to Health Insurance for People with Medicare, available from the insurance company.