

The Oklahoma State Board of Osteopathic Examiners

Guidelines for Medical Spas and Aesthetic Procedures

Definitions (Oklahoma Law and Rules)

Practice of Osteopathic Medicine:

Osteopathic medicine utilizes generally accepted physical, pharmacological and surgical methods of diagnosis and therapy while placing emphasis on the importance of body mechanics and manipulative methods to detect and correct faulty structure and function. It shall be unlawful for any person to practice as an osteopathic physician and surgeon in their state without a license to do so as issued by the State Board of Osteopathic Examiners. (O.S. Title 59, Sections 620-645) Every osteopathic physician shall be regarded as practicing osteopathic medicine within the meaning of this policy who shall append to his or her name the letters "D.O.", "Physician", or any other title, letters or designation which represent that such person is an osteopathic physician.

Physician/Patient Relationship:

This means a person has a medical complaint/issue, which has been addressed by the physician and there is a correlation between the complaint/issue, diagnosis and the treatment plan and procedure performed and medication drug prescribed, administered or dispensed.

Surgery:

The ablation or alteration of any human tissue by any means including but not limited to the use of sharp surgery, heat, cold, abrasion, laser, chemicals, injection/placement of substances subcutaneous, or the use of FDA approved devices that can only be initially purchased by physicians is the practice of medicine as defined in O.S. Title 59, Section 492. Lasers are instruments of surgery. No Matter what type of laser is being utilized, an osteopathic physician should adhere to the following policy and guidelines.

Guidelines:

The practice of osteopathic medicine and surgery as defined above is grounded upon the establishment of a physician/patient relationship which requires a face-to-face evaluation of the patient by the physician, or appropriate delegation as allowed by law, and creation of a patient chart with a documented patient history and physical exam, and informed consent by the physician prior to a determined treatment plan and procedure along with the patient's follow up care.

There are several important guidelines to follow when supervising other practitioners:

- If the physician is utilizing unlicensed, trained assistants under their control and supervision, the physician must be on-site (premise) before, during and after the medical treatment or procedure.
- If the physician is utilizing an Oklahoma licensed physician assistant, the physician can delegate any of the defined medical services to the PA under general supervision, which does not require the physician to necessarily be on-site.
- If the physician is utilizing any other Oklahoma licensed nurse, [RN, LPN, APN (advance practice nurse) or APN with prescriptive authority, and **IF they are functioning within the scope of their practice act**, then the physician may delegate any of the defined medical procedures to that licensed nurse under general supervision, which may not require the physician to be on-site. It is imperative that the physician contact the Oklahoma Board of Nursing (405) 962-1800 to learn the scope of their practice act and level of physician supervision required.
- If the physician is utilizing any other Oklahoma recognized practitioner such as a certified micropigmentologist or licensed anesthetist, the physician must contact the Oklahoma Department of Health (405) 271-6576 or the Board of Cosmetology (405) 521-2441 respectively to learn the scope of their practice act and level of physician supervision required.
- In no instance shall a physician allow one of the aforementioned practitioners to further delegate the medical service to another practitioner.
- Physicians who are medical directors for one or more medical spas and aesthetic facilities are subject to these policies and guidelines.

Approved by the Oklahoma Osteopathic Board 03/12/2020, to go into effect beginning 05/15/2020.

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