



Oklahoma State Board of Osteopathic Examiners

MEMORANDUM

FROM: Oklahoma State Department of Health
Perinatal Mood and Anxiety Disorders Work Group

TO: Osteopathic Physicians

DATE: October 26, 2021

SUBJECT: Survey for Feedback on Perinatal Patients

Dear Oklahoma Osteopathic Physicians:

Please see below for information from the Perinatal Mood and Anxiety Disorders Work Group:

Each year more research builds upon the knowledge that maternal mental health is equally important as the mother's physical health in the perinatal period. With that understanding in mind, we, a group of public health professionals, registered nurses, licensed clinical social workers, other mental health professionals, allied professionals, and family advocates have been working on a series of initiatives to promote education, awareness, and expand resource capability for providers such as yourselves.

These topics are especially pertinent following the passage of SB419 in 2019, which required Licensed Health Care Professionals (LHCPs) to provide education to women and, if possible and with permission, to their families about perinatal mental health disorders. This statute also required each pregnant patient to be invited to complete a validated assessment tool during a prenatal visit.

Especially with this statute in mind, the members of the Maternal Mental Health Workgroup housed at the Oklahoma State Department of Health developed a set of resources for LHCPs to utilize. Please find links to these resources here:

<https://healthokgov.box.com/s/iu00mxqwk001ll5e4i7lpyjuerejhgn>.

In addition, our workgroup wants to work to assist medical providers who are seeing patients in the perinatal period and would love any feedback on how the group could help. We have nine short questions to ask here:

https://osdhcfhs.az1.qualtrics.com/jfe/form/SV_9MIWRuOCllmP5H0 on how we can best assist in these efforts.

We thank you for the work you are doing with your patients and appreciate your time.

Sincerely,

Perinatal Mood and Anxiety Disorders Work Group
Oklahoma State Department of Health