



**STATE OF OKLAHOMA
OFFICE OF PERSONNEL MANAGEMENT**

"Working for Oklahoma"

OPM 10-09

DATE: February 24, 2010

TO: All Appointing Authorities

FROM: Oscar B. Jackson, Jr., IPMA-CP, Administrator and
Cabinet Secretary of Human Resources and Administration

A handwritten signature in black ink, appearing to read "Oscar B. Jackson, Jr.", positioned to the right of the "FROM:" field.

SUBJECT: OPM State Employee Assistance Program (EAP) Video

The Office of Personnel Management is pleased to present a newly produced video regarding the OPM State Employee Assistance Program (EAP). The video provides information for state agency managers and their employees regarding the services and benefits of the OPM State EAP.

In 1988, Governor Henry Bellmon created the State Employee Assistance Program within OPM by Executive Order; the Legislature made the OPM State EAP a [statutory](#) program in 1992.

The EAP provides professional assistance to state agencies in their management of employees whose personal problems may negatively impact job performance. The program also assists employees and their family members seeking help in the areas of medical or mental health, addictions, and problems relating to marital, familial, financial, or other issues. In addition, the EAP conducts training on various subjects, including "Managing the Troubled Employee" and "Stress Management," as well as crisis intervention or other emergency services to agencies statewide.

The video may be accessed on the OPM website at www.opm.ok.gov under the *HR and Employee Services/EAP* links, or via the links below:

[EAP Video – High Bandwidth](#)
[EAP Video – Low Bandwidth](#)

Your sharing the video with staff in your respective organizations will be appreciated. A copy of the video may be requested by e-mail at blanche.longoria@opm.ok.gov. If there are questions or if additional information is needed, please contact Robert Stevens, OPM State EAP Coordinator, at (405) 947-7576.

"We serve the people of Oklahoma by delivering reliable and innovative human resource services to our partner agencies to achieve their missions."