

## Distracted Driving FAQ's

### Is distracted driving really a problem?

Yes, Distracted driving kills. Thousands of people are killed and nearly half of million people are injured in distracted driving crashes each year.

### What is distracted driving?

Distraction occurs any time you take your eyes off the road, your hands off the wheel, and your mind off the primary task of driving safely. Any non-driving task you engage in is a potential distraction and increases your risk of crashing.

**U DRIVE. U TEXT.**



### If it's so dangerous, why do people do it?

Some people still don't understand how dangerous distracted driving is. Others know about the risks of texting and talking on the phone while driving, but still choose to do so anyway. They mistakenly believe the statistics don't apply to them, and that they can defy the odds. Still others simply lead busy, stressful lives and use cell phones and smartphones to stay connected with their families, friends, and workplaces. They forget or choose not to shut these devices off when they get behind the wheel.

**ONE TEXT OR CALL COULD  
WRECK  
IT ALL**

### Who are the most serious offenders?

Our youngest and most inexperienced drivers are most at risk, with 25 percent of all distracted driving crashes involving drivers under 24. But they are not alone. At any given moment during daylight hours, 660,000 drivers are using hand-held cell phones while driving.