

Hazards in the Fast Food Restaurant

Safety Hazards

Hazard	Effect	Possible Solutions
Cooking Equipment	Burns or electric shock	-Must be 16 or older to use -Keep appliances in safe condition -Have guards around hot surfaces -Wear gloves or mitts
Hot Grease	Burns	-Must be 16 or older to use -Use grease pans that dump automatically -Have splash guards -Wear protective clothing
Slicers and Powered Cutting Equipment	Cuts	-Must be 18 or older to use -Keep guards in place -Get proper training -Turn off when cleaning
Slippery Floors	Slips or falls	-Clean up spills quickly -Use floor mats

Chemical Hazards

Hazard	Effect	Possible Solutions
Dishwashing Products	Skin contact may cause irritation or dermatitis	-Use safer products -Wear gloves
Cleaning Products	Some vapors cause headaches and other health problems; skin contact may cause irritation or dermatitis	-Use safer products -Wear gloves when necessary -Have good ventilation

Other Health Hazards

Hazard	Effect	Possible Solutions
Contact with Public	Stress, criminal violence, robbery	-Have adequate security -Schedule at least two people per shift -Use barriers where money is handled -Get customer service training
Standing for Long Periods	Back injuries, varicose veins	-Use floor mats -Take regular breaks -Rotate jobs
Bending, Reaching, Stretching, & Lifting	Muscle strains or sprains	-Keep heavy items on lower shelves -Rotate jobs -Use helpers

Hazards in the Grocery Store

Safety Hazards

Hazard	Effect	Possible Solutions
Box Cutters	Cuts	-Cut properly -Store properly
Box Crushers	Various body injuries	-Must be 18 or older to use -Get proper training
Sharp Knives	Cuts	-Keep in good condition -Cut properly -Store properly
Deli Slicers	Cuts	-Must be 18 or older to use -Keep guards in place -Get proper training -Turn off when cleaning

Chemical Hazards

Hazard	Effect	Possible Solutions
Cleaning Products	Some vapors cause headaches and other health problems. Skin contact may cause irritation or dermatitis	-Use safer products -Wear gloves when necessary -Have good ventilation

Other Health Hazards

Hazard	Effect	Possible Solutions
Checkout Scanners	Muscle, tendon, or nerve injuries	-Redesign check stands -Take regular breaks -Rotate jobs
Bending, Reaching, Stretching, & Lifting	Muscle strains or sprains	-Use machinery instead -Keep heavy items on lower shelves -Get proper training -Rotate jobs -Use helpers
Cold Temperatures (in Cold Storage Areas, Freezers)	Frostbite	-Limit time working in cold areas

Hazards in the Movie Theater

Safety Hazards

Hazard	Effect	Possible Solutions
Popcorn and Hot Dog Machines	Burns or electric shocks	-Keep appliances in safe condition -Wear gloves or mitts
Slippery Floors	Slips or falls	-Clean up spills quickly -Use floor mats
Ladders	Falls	-Must be 16 or older to use -Use safe ladders -Get proper training

Chemical Hazards

Hazard	Effect	Possible Solutions
Cleaning Products	Some vapors cause headaches and other health problems. Skin contact may cause irritation or dermatitis	-Use safer products -Wear gloves when necessary -Have good ventilation

Other Health Hazards

Hazard	Effect	Possible Solutions
Contact with Public	Stress, criminal violence, robbery	-Have adequate security -Schedule at least two people per shift -Use barriers where money is handled -Get customer service training -Rotate jobs
Dark Environments	Eyestrain, slips or falls	-Use flashlights
Standing for Long Periods	Back injuries, varicose veins	-Use floor mats -Take regular breaks -Rotate jobs

Hazards in the Office

Safety Hazards

Hazard	Effect	Possible Solutions
Cords	Tripping	-Don't run cords through public areas
Loose Carpeting	Tripping	-Keep carpets secured
Overloaded Electric Circuits	Fire	-Have enough outlets

Chemical Hazards

Hazard	Effect	Possible Solutions
Ozone from Copiers	Breathing difficulty, headaches, dizziness	-Place copiers in separate area -Have good ventilation
Poor Indoor Air Quality	Breathing difficulty, headaches, dizziness	-Have good ventilation

Other Health Hazards

Hazard	Effect	Possible Solutions
Computer Monitors	Eyestrain	-Position monitor correctly -Adjust monitor properly -Take regular breaks
Sitting for Long Periods of Time	Back pain	-Use proper chairs -Have good posture -Take regular breaks
Repetitive, Boring Work	Tendon and nerve problems	-Use adjustable chairs and workstations -Have good posture -Take regular breaks
Contact with Public	Stress	-Rotate jobs