

Incentives & Sanctions

Behavior Management in a Juvenile Drug Court



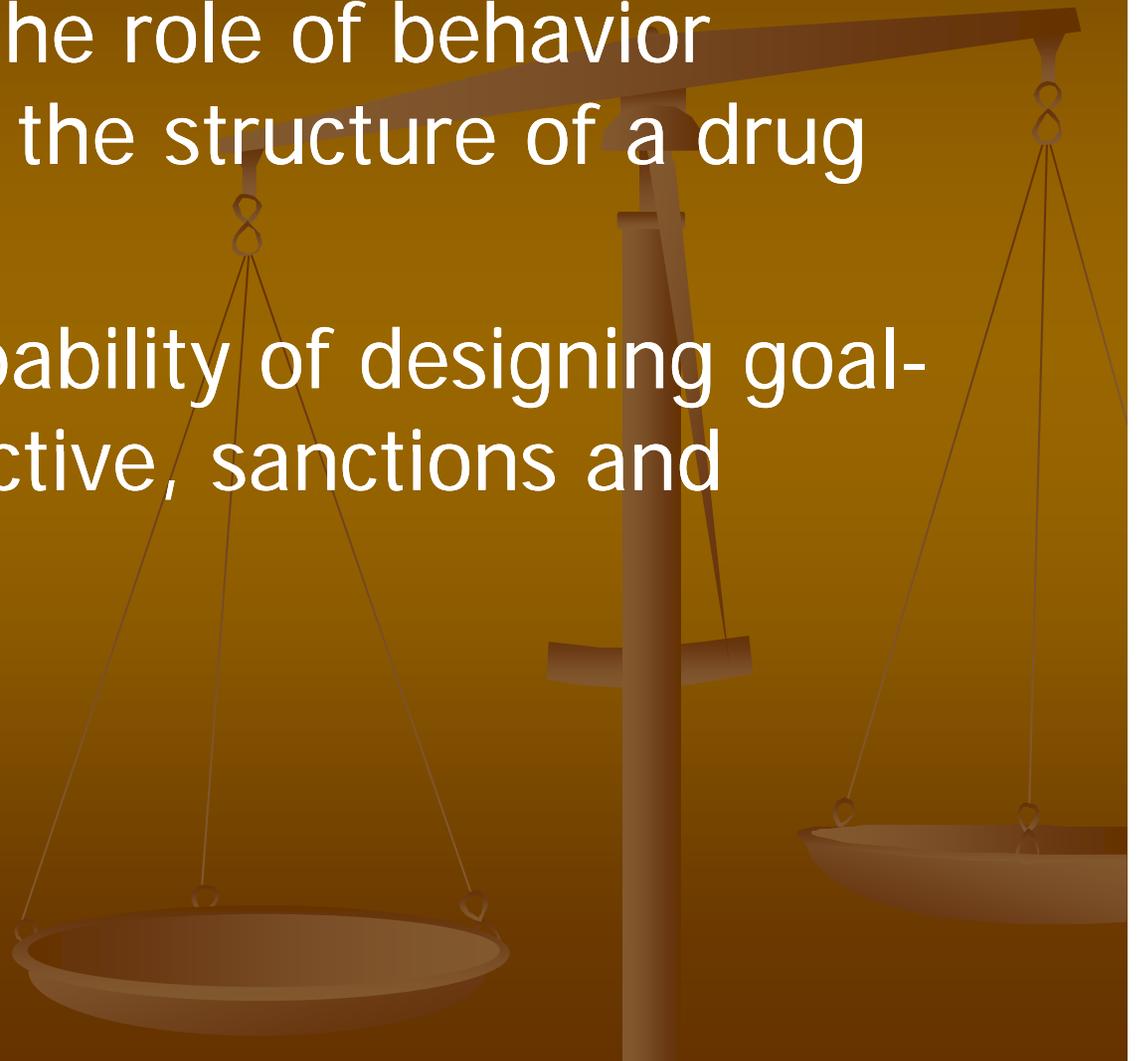
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Where's the
List?



Presentation Goals

- To understand the role of behavior management in the structure of a drug court
- To have the capability of designing goal-oriented, productive, sanctions and incentives



Define Success

- What is your mission?
- What are your goals?

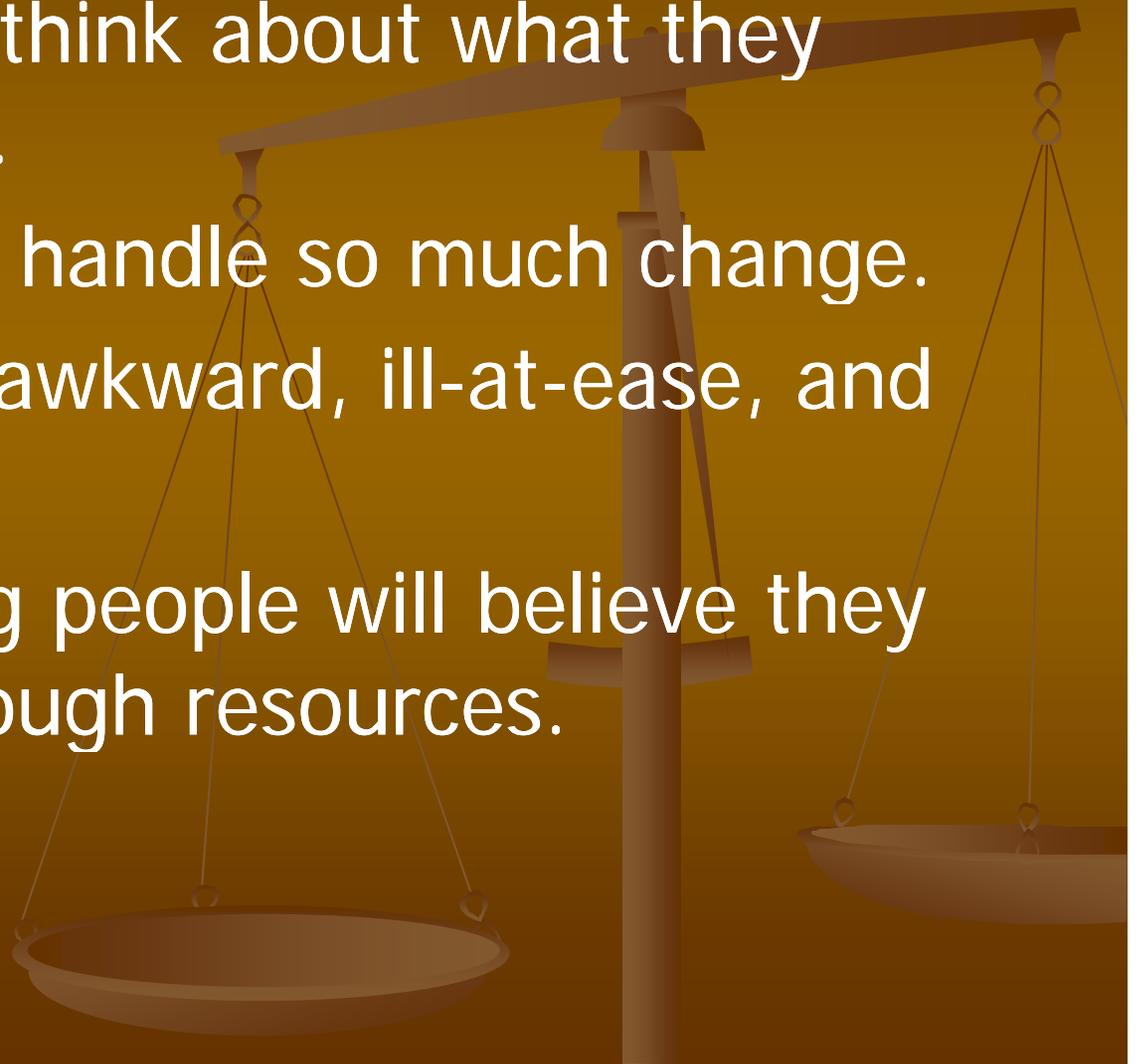


Change Exercise



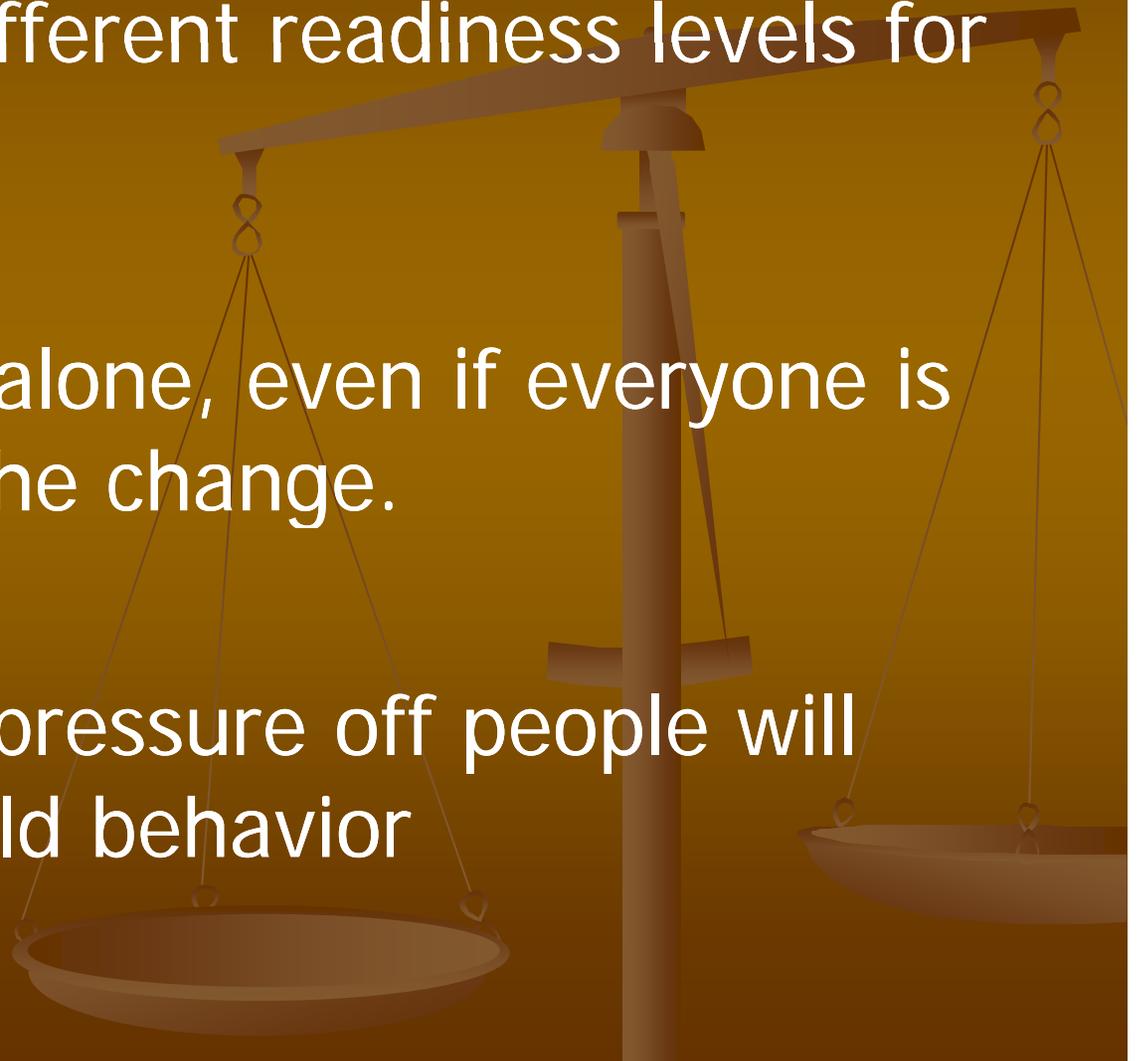
Predictable Reactions to Change

- People will first think about what they have to give up.
- People can only handle so much change.
- People will feel awkward, ill-at-ease, and self-conscious
- In the beginning people will believe they do not have enough resources.



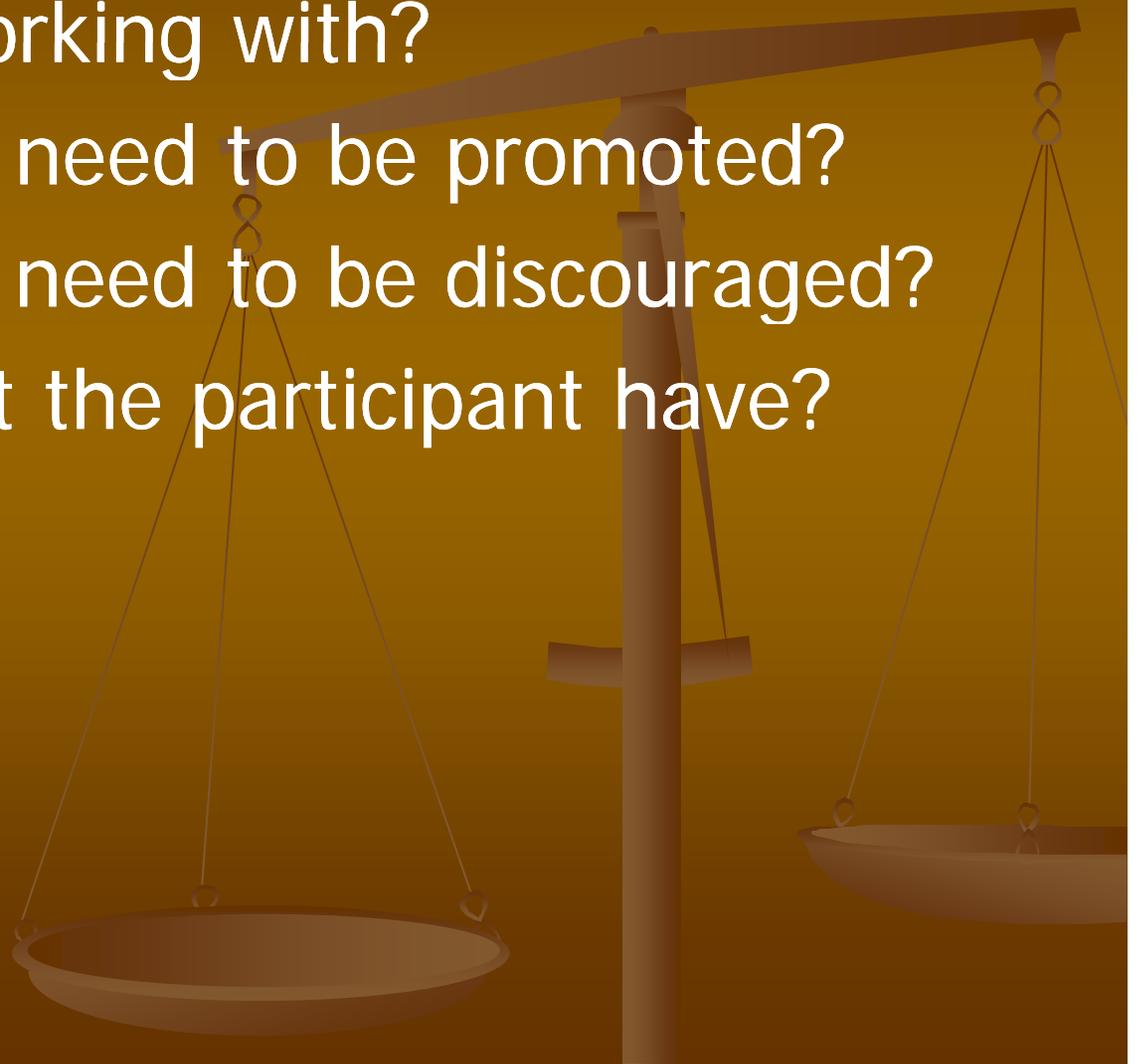
Predictable Reactions to Change

- People are at different readiness levels for change.
- People will feel alone, even if everyone is going through the change.
- If you take the pressure off people will revert to their old behavior



Preliminary Issues

- Who are you working with?
- What behaviors need to be promoted?
- What behaviors need to be discouraged?
- What skills must the participant have?



What tools does your program have to influence the behavior of the participant?

- Treatment
- Drug Testing
- Support
- Supervision
- Case Management
- Team-oriented Coordination
- Sanctions and Incentives



What strategies do we know that are not successful?

- Sanctions alone
- Deficit-oriented approaches
- Short-term, unsupervised, uncoordinated treatment



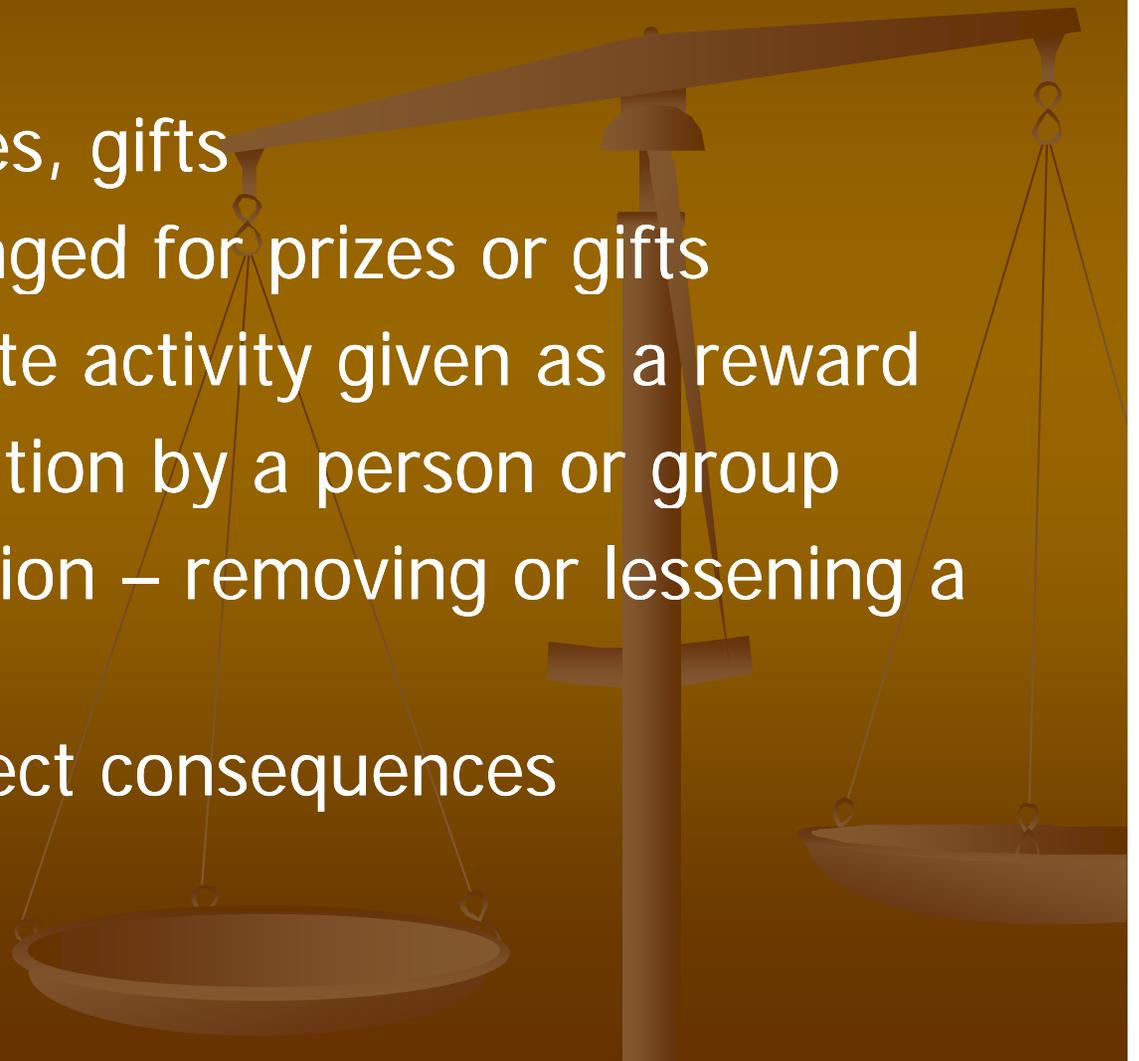
Bridge the Gap



Types of Behavior Modification

■ Reinforcers

- Tangible – prizes, gifts
- Token – exchanged for prizes or gifts
- Activity – favorite activity given as a reward
- Social – recognition by a person or group
- Sanction reduction – removing or lessening a sanction
- Natural and direct consequences



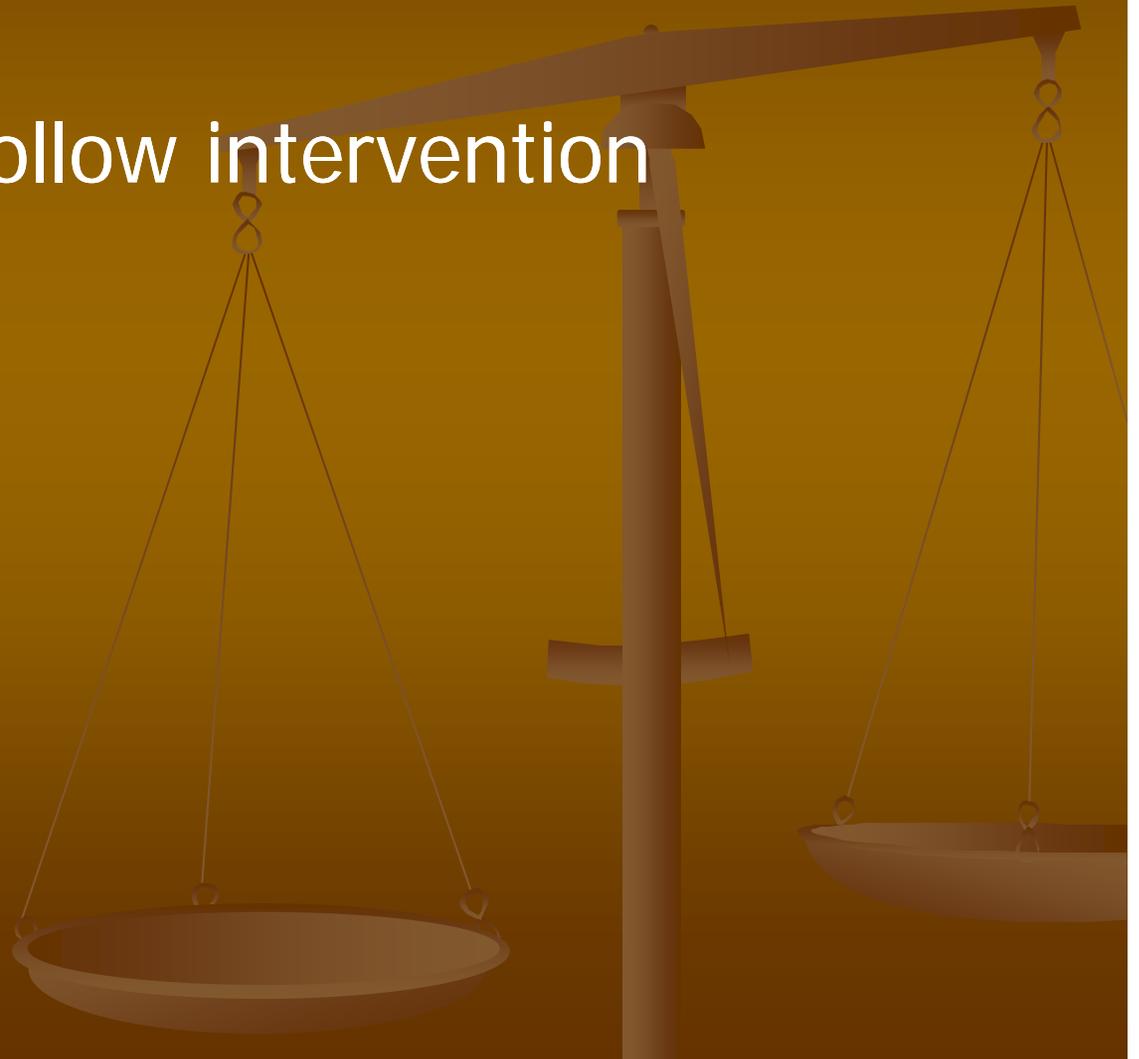
Types of Behavior Modification (cont.)

- Sanctions
 - Assignments
 - Community Service
 - Restriction
 - Detention
- Graduated Sanctions



Behavior Modification Issues

- Satiation
- Punishment - Hollow intervention



Where's the
List?

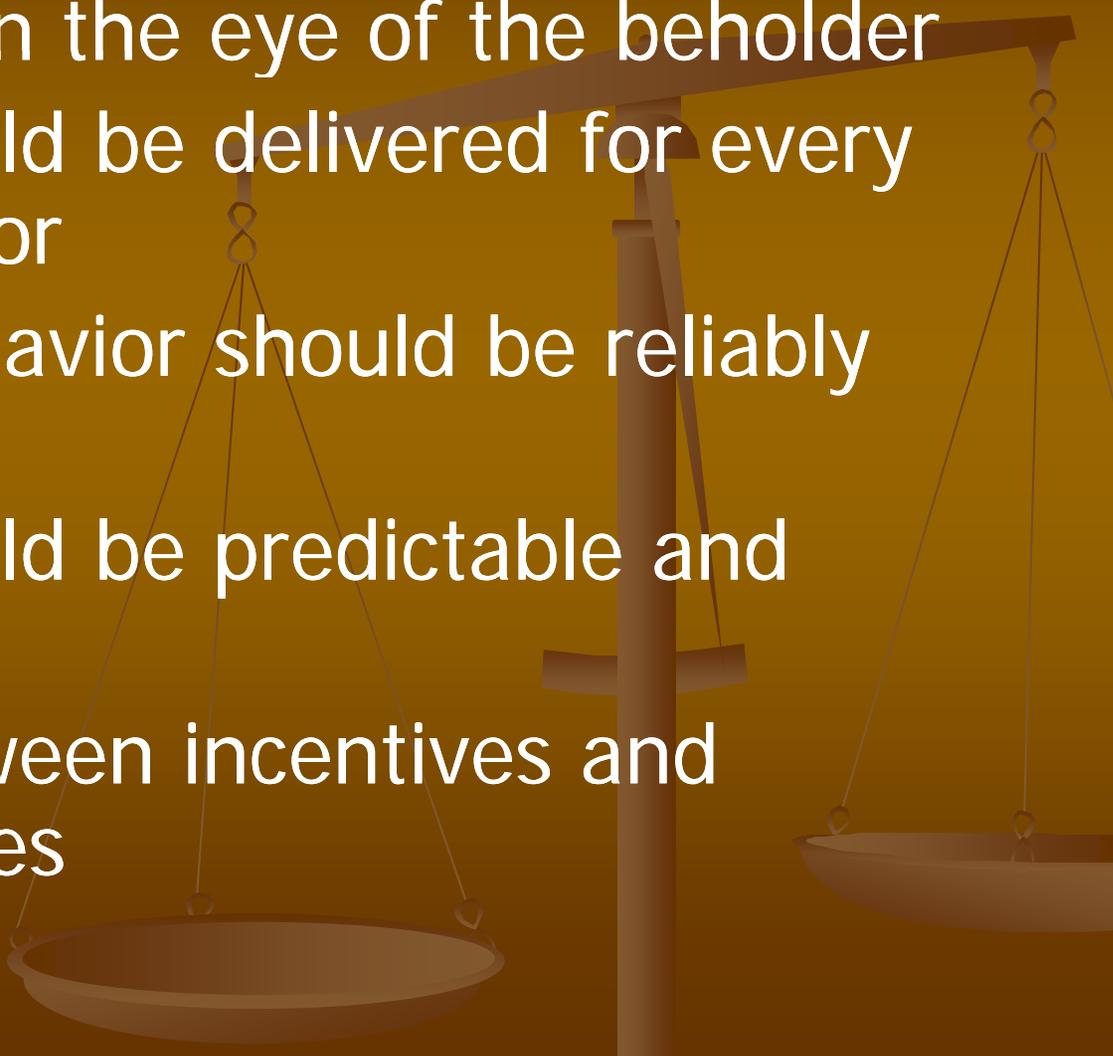


Ten Guidelines

- Immediate and certain
- Developmentally appropriate
- Consistent and fair
- Individualized
- Goal-oriented
- Competency based
- Culturally responsive
- Therapeutically appropriate
- Sufficient intensity
- Not painful, humiliating, or injurious

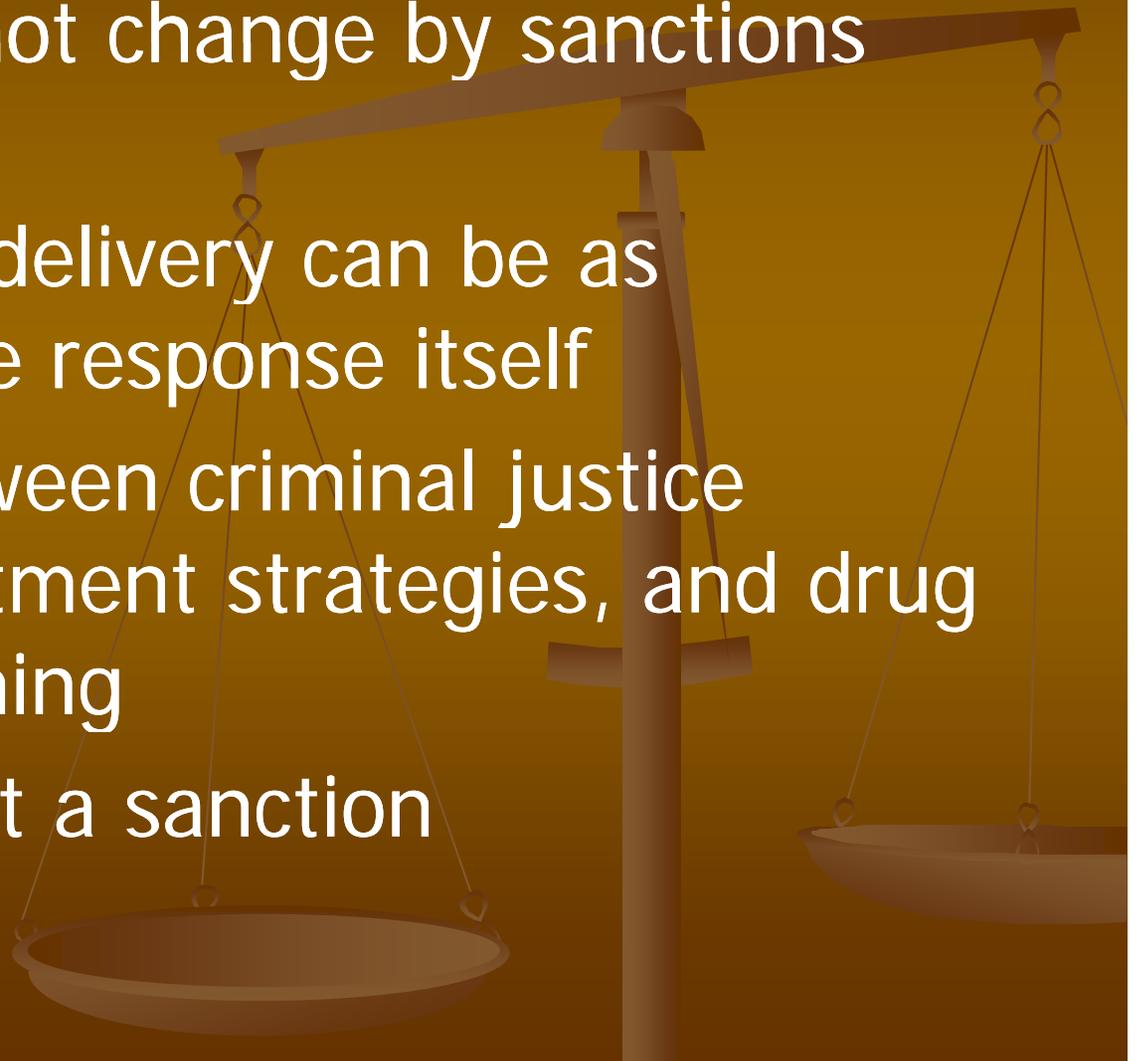


Considerations

- Responses are in the eye of the beholder
 - Responses should be delivered for every targeted behavior
 - Undesirable behavior should be reliably detected
 - Responses should be predictable and controllable
 - Distinguish between incentives and program activities
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Considerations (cont.)

- Behavior does not change by sanctions alone
- The method of delivery can be as important as the response itself
- Distinguish between criminal justice responses, treatment strategies, and drug court programming
- Treatment is not a sanction



Final Considerations

- Make sure that the participant has the ability to do what you expect.
- Some people are not equipped to follow our orders.
- Remember why you're not in traditional court.
- Refer to your mission.

