



# 2012 Suicide Prevention Conference

July 20, 2012  
National Center for Employee Development  
Norman, Oklahoma

Oklahoma Department of Mental Health  
and Substance Abuse Services

## FEATURED SPEAKERS



### **David N. Miller, Ph.D.**

David N. Miller, Ph.D., is an Associate Professor of School Psychology at the University at Albany, State University of New York and Chair of the Board of Directors of the American Association of Suicidology. He is the author of *Child and Adolescent Suicidal Behavior: School-Based Prevention, Assessment, and Intervention* (2011) and lead author of *Identifying, Assessing, and Treating Self-Injury at School* (2010).

Dr. Miller has published over 70 professional articles and book chapters, many of which focus on youth suicidal behavior. He also serves on the editorial advisory board of several professional journals, including *Suicide and Life-Threatening Behavior*.

A certified school psychologist, Dr. Miller has extensive experience working with children and adolescents exhibiting suicidal behavior in both public and alternative school settings. He has conducted numerous national, state, and regional conference presentations and workshops focused on issues in school-based suicide prevention, intervention, and postvention.

### **Charlotte Lankard**



Charlotte Lankard is a Licensed Marriage and Family Therapist in private practice, a weekly columnist for *The Oklahoman*, author of *IT'S CALLED LIFE: Living, Loving, Hurting, Changing* and a contributing author to *POWERFUL SINGLE PARENT WISDOM*, *BLENDING FAMILIES* and *DEVOTE 40 DAYS*.

Charlotte moved to Oklahoma City in 1992 to work for Oklahoma City's INTEGRIS Baptist Medical Center Hospital as Associate Director of Outpatient Counseling Services. The same year she founded CALM WATERS - a non-profit organization that offers grief and divorce support groups for children, ages 4 to 19, and their adult family members.

In 1998, she helped establish the James Hall Center for Mind, Body and Spirit at INTEGRIS and served as Director for 8 years before retirement in 2009.

Charlotte has been recognized by: HeartLine as a community leader who made significant contributions and provided leadership in physical, mental and spiritual wellness. Oklahoma City Hospitality Club as "A Lady in the News" Oklahoma High Noon Club as "Executive Woman of the Year", World Neighbors - the Dignity Award She was a founding member of the Board of Trustees for the Oklahoma Foundation for Excellence and now serves on two boards - The James Hall Center for Mind, Body and Spirit at INTEGRIS Health and the OU Cancer Institute's Board of Advocacy. Charlotte is a clinical member of the American Association of Marriage and Family Therapists and the Oklahoma Association of Marriage and Family Therapists.

## CONFERENCE OVERVIEW

This conference will provide participants with suicide prevention training, intervention skills and knowledge. In addressing the complexity of suicide in our communities, emphasis will also be placed on building resources for professionals and families. Participants will hear from local and national experts in the field of suicide prevention across all age groups.

## WHO SHOULD ATTEND

This conference will be of interest to Educators, Mental Health and Substance Abuse Professionals, Physicians, Nurses, Social Workers, Public Health/School Administrators, Employers, Researchers, Crisis Center Staff, Faith Leaders, Consumers, First Responders, Military Personnel, and Survivors and all persons with an interest in suicide prevention.

## CONFERENCE SPONSORS

**Oklahoma Department of Mental Health and Substance Abuse Services  
Garrett Lee Smith Youth Suicide Prevention Grant**



**Oklahoma City Area Indian Health Service, Muscogee-Creek Nation and the Cherokee Nation**



## DATE and LOCATION

The conference will be held July 20, 2012, at the National Center for Employee Development, Conference Center and Hotel, 2801 East State Hwy 9, Norman, Oklahoma 73071

## LODGING

Participants must make their own hotel reservations. A block of rooms has been set aside for participants until July 19, 2012. Call the hotel listed below and ask for the special group rate of \$80/night (not including tax) for the Suicide Prevention Conference.

National Center for Employee Development, Conference Center and Hotel  
2801 East State Hwy 9 Norman, Oklahoma 73071  
(405) 447-9000

## REGISTRATION and FEES

Please submit your registration by July 13<sup>th</sup>. The early-bird rate for the conference is \$75 if registration is postmarked on or before July 13<sup>th</sup>. Fees for registrations after July 13<sup>th</sup> or on-site registrations are \$125. Checks and purchase orders should be made payable to: **ODMHSAS, FEI #73-6017987.**

**By Mail:** Mail the registration form to: ODMHSAS, 2401 NW 23rd St., Suite 1F, Oklahoma City, OK 73107.

**By Fax:** Faxed registrations are accepted at (405) 522-8320.

**Cancellation Policy:** The registration fee will be returned only if notice of cancellation is provided in writing and postmarked no later than July 6, 2012. For more information, contact ODMHSAS at (405) 522-8300.

## CONTINUING EDUCATION

The Oklahoma Department of Mental Health and Substance Abuse Services, Institute for Mental Health and Substance Abuse Education and Training has approved a maximum of 5.50 credit hours through the Oklahoma State Board of Licensed Social Workers, the Oklahoma Board of Examiners of Psychologists, the Oklahoma Board of Licensed Alcohol and Drug Counselors, the Licensed Professional Counselors Committee, the Licensed Marital and Family Therapist Committee, and the Council on Law Enforcement Education and Training. Continuing education hours are also approved for Certified Behavioral Health Case Managers and credentialed Peer Recovery Support Specialists.

Please check in at the registration desk upon your arrival to verify your attendance. Continuing education credit is not provided without verification. At the completion of the conference, participants will receive a certificate of attendance from the ODMHSAS Institute for Mental Health and Substance Abuse Education and Training.

## CALL FOR EXHIBITORS

Is your organization one you want others to know about? An exhibit at the 2012 Suicide Prevention Conference will introduce your organization to prevention and treatment professionals from Oklahoma and surrounding states. To discuss becoming an exhibitor, call Chelsea Abbott ODMHSAS Human Resources Development Division at 405-522-8111 or e-mail her at [cabbott@odmhsas.org](mailto:cabbott@odmhsas.org).

# 2012 Suicide Prevention Conference

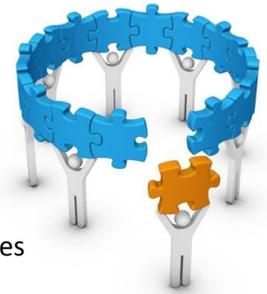
## Agenda

July 20, 2012

8:00 – 9:00 am **Registration** (registration desk will be open from 8:00am to 3:00pm)

8:30 – 9:00 am **Introductions**  
Dr. Bryan Stice

9:00 – 9:15 am **Welcome Address**  
Terri L. White, Commissioner  
Oklahoma Department of Mental Health and Substance Abuse Services



9:15 – 10:15 am **Opening Plenary**  
***The Three-Tiered Model: A Public Health Approach to Youth Suicide Prevention***  
David Miller, Ph.D.

Youth suicide is an enormous public health problem that may be most effectively addressed by taking a public health approach to its prevention. Public health approaches to youth suicide can and should be implemented in multiple settings, but because children and adolescents spend a significant amount of time in schools, educational facilities provide perhaps the best setting for focused youth suicide prevention efforts. The purpose of this presentation is to describe a three-tiered, public health model of youth suicide prevention, emphasizing its use in the schools. This model includes (1) universal prevention strategies for all students, (2) selected interventions for at-risk students, and (3) tertiary interventions for high-risk students. Applications of the public health model to community-based suicide prevention programs, as well the importance of linking schools and communities in suicide prevention efforts, will also be discussed.

10:15 – 10:30 am **Morning Break**

10:30 – 12:00 pm **Concurrent Sessions**

**A – *A Look at Protective Factors against Suicidal Behavior***  
LaRicka R. Wingate, Ph.D., Raymond Tucker, Sarah Rhoades-Kerswill & Victoria O’Keefe

In addition to the identification of risk factors for suicidal behavior, utilizing a complementary positive psychology approach of identifying factors that might serve to protect individuals from experiencing suicidal thoughts or behavior deserves further attention. We will share cutting edge research focused on, but not limited to, optimism, hope, and self-determination. We will discuss how these protective factors might play a role in alleviating suicidal ideation, and the clinical implications.

**B – *Reaching out to the public: The role of media and public information campaigns in preventing suicide***  
Bryan Stice Ph.D., Sydney Hathaway, Julie Geddes

Promotion of suicide prevention messages in the media can save lives. This workshop will discuss how to engage media outlets, discuss safe reporting standards of suicides,

the youth perspective of how and what types of media messages youth will respond to, and public outreach efforts currently utilized in Oklahoma.

**C – *Critical Issues in School-Based Suicide Prevention, Intervention, and Postvention***

David Miller, Ph.D.

School personnel, including school-based mental health professionals, frequently report being inadequately prepared to respond effectively to potentially suicidal youth. The purpose of this workshop is to discuss some of the critical issues in school-based suicide prevention, intervention, and postvention. Topics will include common myths about youth suicide and how these impede effective prevention efforts, the “gender paradox” of suicide and its implications for schools, barriers to student help-seeking and how to overcome them, and the procedures schools should have in place if one of their students dies by suicide.

**D – *The Role of Law Enforcement in Prevention, Intervention & Postvention***

Chaplain Greg Giltner, Capt. Robert Nash

Law enforcement are often at the front lines of responding to a suicidal crisis. Thus, it is of utmost importance that law enforcement are well-trained in knowing how to best intervene with suicidal individuals. This workshop will review several of the available mental health and suicide prevention training programs for law enforcement. Master Sgt. Greg Giltner and Capt. Robert Nash will also highlight the role of law enforcement in preventing suicides and other mental health crises, such as conducting welfare checks and taking at-risk individuals into protective custody. Additionally, local statistics of law enforcement intervention with mental health/suicide intervention calls will be reviewed.

**E- *Connecting Faith and Suicide* Scott Richards**

How do we begin to think about and act on how faith and the faith community should connect with suicide and the lives it impacts? In this session we will take a look at how the faith community is doing in helping people deal with the tragedy of suicide by having the hard conversations with those they influence, the importance of putting people before persuasion, talking about what we're doing right and wrong in this area, how to be a bridge to connect people to the help they need, and finally, having a time to hear from you on ways we can do it better and more effectively. You will hear from lives who have been touched and hopefully gain some insight on how we all, regardless of our faith system, play a huge role in helping our families and communities heal and move forward from this tragic life event.

12:00 – 1:30 pm

**Lunch (on your own)**

1:30 – 3:00 pm

**Concurrent Sessions**

**A – *Suicide Prevention Programming in Native American /Tribal Communities***

Glenn Beaver, Melissa Pitts-Johnson, Suzanne Johnson, LPC, Thomasine Fife

This workshop will discuss the different suicide prevention programs across Oklahoma. These programs provide diverse activities to prevent suicide as well as programming for interventions and community response after an event.

**B – Promoting Emotional Health and Preventing Suicide in Senior Living Communities**  
Mich Magness

Older adults have a high rate of dying by suicide and are unlikely to ask for help from mental health professionals or from medical staff. This workshop will present a new SAMHSA toolkit designed to equip senior living staff with resources to promote mental health and prevent suicide and encourage active participation among residents. It includes guidelines for integrating suicide prevention into ongoing programs, hands-on tools, and training manuals.

**C – A District-Wide Coordinated School Health Program**

James Rose, Ph.D, Andrea Larabee, Ph.D

This workshop will discuss the implementation of a district-wide coordinated school health approach to promote mental health. The program goal is to provide prevention, intervention and post-intervention strategies to students, staff and the school community to address a variety of health needs. This is accomplished through an innovative and unique approach of program implementation.

**D – Mental Wellness and Suicide Prevention for Military Service Members, Veterans, and their Families**

Bryan Stice, Ph.D., Cynde Collins-Clark, LPC, & CPT David Jordan

In this workshop participants will receive information on suicide prevention and mental wellness initiatives for military service members and veterans. In addition, the role of the family as an instrumental part of recovery will be highlighted. Participants will also obtain training in clinical tools utilized at VA, including Safety Planning and the recently released Self-Directed Violence Classification System.

**E- The Deadly Silence: What is suicide stigma, why does it matter, and what can we do about it?**

DeQuincy Lezine Ph.D.

This presentation will (a) describe the stigma related to suicide and how it might develop, (b) discuss the effects of stigma on individual persons and our community, and (c) discuss action steps that can be taken to break the stigma and promote help-seeking.

3:00 – 3:15 pm

**Afternoon Break**

3:15 – 3:30 pm

**Closing Remarks**

Steven Buck

Deputy Commissioner for Communications and Prevention Services, Oklahoma  
Department of Mental Health and Substance Abuse Services

3:30 – 4:30 pm

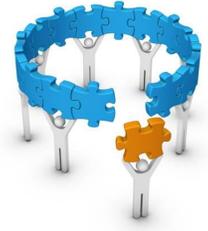
**Closing Plenary**

***DON'T SKIP RECESS***

Charlotte Lankard, LMFT

Fun, useful tools for better self-care!

# REGISTRATION



**PLEASE MAIL OR FAX TO:**

Human Resources Development Division  
Institute for Mental Health and Substance Abuse Education & Training  
2401 NW 23rd Street, Suite 1F, Oklahoma City, OK 73107  
Fax (405) 522-8320

Name: \_\_\_\_\_  
Home Phone Number: \_\_\_\_\_  
Occupation or Job Title: \_\_\_\_\_  
Place of Employment: \_\_\_\_\_  
Address: \_\_\_\_\_  
City, State, ZIP: \_\_\_\_\_  
Daytime Phone: \_\_\_\_\_  
E-Mail Address: \_\_\_\_\_

\*\*Note: If an e-mail address is included, a confirmation that your registration has been received will be e-mailed to you.

I require special accommodations as follows: \_\_\_\_\_

**PAYMENT**

Please enclose registration payment. If paying by purchase order (PO), please mail or fax a copy of the purchase order with the name of the attendee(s) included on the PO. If paying by check or money order please make payable to ODMHSAS. Please check all boxes that apply. **No Cash Please.**

**FORM OF PAYMENT**

**EARLY BIRD RATE**  
(by July 13)

**REGULAR RATE**  
(after July 13)

Check or Money Order  
 Purchase Order # \_\_\_\_\_  
 Credit Card (circle one):  
     Visa            MasterCard

\$75  
 \$75  
 \$75

\$125  
 \$125  
 \$125

Card Number: \_\_\_\_\_ Exp. Date: \_\_\_\_/\_\_\_\_

Authorization Signature: \_\_\_\_\_

**CONCURRENT SEMINAR PREFERENCES**

Please check the box next to the workshop you would like to attend during each of the concurrent sessions listed below. Only one workshop should be entered per session.

<input type="checkbox"/> Session 1A	<input type="checkbox"/> Session 1B	<input type="checkbox"/> Session 1C	<input type="checkbox"/> Session 1D	<input type="checkbox"/> Session 1E
<input type="checkbox"/> Session 2A	<input type="checkbox"/> Session 2B	<input type="checkbox"/> Session 2C	<input type="checkbox"/> Session 2D	<input type="checkbox"/> Session 2E

**CONTINUING EDUCATION CREDIT REQUESTED**

<input type="checkbox"/> CME	<input type="checkbox"/> LPC	<input type="checkbox"/> MSW	<input type="checkbox"/> Case Management
<input type="checkbox"/> Psychologist	<input type="checkbox"/> LMFT	<input type="checkbox"/> LCSW	<input type="checkbox"/> P-RSS
<input type="checkbox"/> CLEET	<input type="checkbox"/> CADC	<input type="checkbox"/> CPS	<input type="checkbox"/> Under Supervision
<input type="checkbox"/> LBP	<input type="checkbox"/> LADC	<input type="checkbox"/> Other _____	

For questions or information, please contact Human Resources Development at (405) 522-8300.