

Oklahoma Systems of Care

Respite Care Policy

Emergency CMHC Respite

All Community Mental Health Centers (CMHC) have access to Emergency Respite Care. Any clinician working with a family that needs respite care should follow the process below. However, these must be approved individually by the State Systems of Care Project Director or Director of Children, Youth and Family Services.

Systems of Care Respite

Systems of Care has a set annual budget with DHS for respite care services. The Project Director or whoever they assign approves or disapproves the respite application. The money is then spent down until it is gone. Care Coordinators or Family Support Providers should talk to the families about respite care, help them find a provider and complete the *Respite Care Program Application*. The form need to be approved locally and then sent via e-mail or fax to:

Mary Nichols

Email: Mary.Nichols@okdhs.org

Phone: (405) 521-2207

Fax: (405) 522-2082

The caregiver will receive the vouchers with a packet of information within one working day. These serve as a checkbook for the caregiver to write checks to the provider who turns them in for payment.