Behavioral Health Rehabilitation

ODMHSAS and OHCA Reimbursable Services
Behavioral Health Rehabilitation (BHR) Services

- Individual Rehabilitation
- Group Rehabilitation
- PSR Model
Eligibility

- The individual must be eligible to receive behavioral health services under either ODMHSAS or OHCA (SoonerCare); and must meet eligibility requirements for rehab.

- If billing under a SoonerCare contract, the individual must have SoonerCare eligibility.
Eligibility- Adults

- Must have a history of psychiatric hospitalization or admissions to crisis centers
- Determined to be disabled by the SSA for mental health reasons
- Residing in a residential care facility or receiving services through a specialty court program.
Eligibility-Children

- History of psychiatric hospitalizations or admissions to crisis centers
- Have been determined disabled by the SSA for mental health reasons
- Has a current IEP or 504 Plan for Emotional Disturbance
- Been evaluated by a school psychologist, licensed psychologist/psychiatrist and deemed “At Risk” per the PA Manual
Eligibility

- If billing ODMHSAS, the individual must be receiving services at an ODMHSAS contracted agency and have Mental Health and Substance Abuse in the member eligibility file in the system.

- Being certified by ODMHSAS, and having a contract with ODMHSAS are two separate things. A contract means that your agency receives funding from ODMHSAS.
Prior Authorization

- There must be an active Prior Authorization (PA) for the period of time during which the BHR service is provided.

- Getting electronic permission for a person to receive services prior to performing a service.
Individual must have an active Service Plan with BHR treatment objectives

BHR service provided must be related to the plan unless the services is provided in pre admit status (CDC-21)

The service(s) provided must include only those service functions that are allowable under BHR, and should be documented in a progress note accordingly
Pre Admit

- CDC Service Type 21 submitted in PICIS
- A start date is issued
- Good for 90 days (Can request an extension online)

1. Initial Assessment
2. Service Plan Development
3. End when prior authorization is accepted
4. Limited to 1 per client per agency (unless no services for 6 months)
Staff Providing BHR

The staff providing BHR must have the required credentials
What Staff Can Provide Basic BHR Services?

- Licensed Behavioral Health Professionals (LBHP)
- Certified Alcohol and Drug Counselors (CADC)
- Behavioral Health Case Manager II (Certification issued July 1, 2013 or after)
- All license and certifications must be **CURRENT**
What Staff Can Provide Specialty BHR Services?

- ODMHSAS General Psychiatric Rehabilitation Model (PSR):
  - LBHP, or CADC, or BHRS, or CM II (Certification issues July 1, 2013 or after), with completion of orientation in the PSR model

- ODMHSAS Illness Management and Recovery (IMR):
  - LBHP, or CADC, or BHRS, or CM II (Certification issues July 1, 2013 or after), with completion of ODMHSAS facilitated training on IMR for PSR programs
Who Can Receive BHR Services?

- Adults with Serious Mental Illness (SMI)
- Children with Serious Emotional Disturbance (SED)
- Children with other emotional or behavioral disorders.
Who is Excluded from Receiving BHR Services?

- An individual, who at the time of service, is not able to cognitively benefit

- Children under the age of 6, unless prior authorization for children ages 4 & 5 has been granted
Who is Excluded from Receiving BHR Services?

- Residents of ICF/IID facilities
- Individuals residing in nursing facilities
- Individuals residing in inpatient hospitals or IMDs
- Inmates of public institutions
- Children receiving Residential Behavioral Management Services in a group home or therapeutic foster home
Service Functions **NOT** Allowed Under BHR

- Counseling/Psychotherapy
- Mentoring
- Discussion/Process based groups (including support groups, AA)
- Discussion/Process based individual services
Service Functions **NOT Allowed** Under BHR

- Academic education/tutoring
- Social/Recreation
- Custodial Care/Day Care (just observing and only intervening if something happens)
- Family education (without the client present)
Service Functions **NOT** Allowed Under BHR

- Room and board
- Supported employment
- Respite
- Travel time
Allowable Services

- Individual Rehabilitation
- Group Rehabilitation
- PSR Model
Monthly Service Limits

- There are **monthly rehabilitation limits** for outpatient service levels that apply for both ODMHSAS and OHCA. Group and/or individual rehabilitation services provided in combination may not exceed the following:
  - **Level 1** – 32 Units Per Month (8 hours)
  - **Level 2** – 48 Units Per Month (12 Hours)
  - **Level 3** – 64 Units Per Month (16 Hours)
  - **Level 4** – No Limit
In addition to monthly rehabilitation limits, OHCA also has daily rehabilitation limits:

- **Group Rehabilitation** - maximum of 24 units per day for adults, and 16 units per day for children (6 hours for adults, 4 Hours for children)

- **Individual Rehabilitation** - maximum of 6 units per day (1 hour 30 Min)
Service Plan

The individual must have an **active service plan with BHR treatment objectives**, and the **BHR service provided is related to the plan.** (unless providing CM services under a CDC 21: Pre-Admission array)

1. Dates
2. Signatures of all people involved
3. Correct dates on objectives.
Progress Note

BHR services shall be documented in a progress note
Progress Note Considerations for BHR

- BHR progress notes must relate to the Service Plan
- The BHR intervention should be clearly reflected in the progress note
- BHR progress notes must include the name of the curriculum used
- If working in PSR progress notes may take the form of a daily summary or weekly summary note
Progress Note

1) date;
(2) person to whom services are rendered;
(3) start and stop times for each service;
(4) original signature of the service provider
(5) credentials of the service provider;
(6) specific service plan needs, goals and/or objectives addressed;
Progress Note

(7) specific activities performed by the case manager on behalf of the member related to goals and/or objectives;

(8) progress or barriers made towards goals and/or objectives;

(9) member (family when applicable) response to the service;

(10) any new service plan needs, goals, and/or objectives identified during the service; and

(11) member satisfaction with staff intervention.
Other Documentation Requirements

- A list/log/sign-in sheet reflecting participants and facilitating rehab clinician, must be maintained for each group rehabilitation session
ARC/ PICIS

www.odmhsas.org/arc.htm
ARC

1. ok.gov/odmhsas
2. CDC Data Entry System (PICIS)
3. Documents
Questions