

Oklahoma Department of Mental Health
and Substance Abuse Services

Oklahoma Meth Prevention Initiative-OMPI

The Oklahoma Methamphetamine Prevention Initiative addresses the growing problem of methamphetamine abuse and addiction in Oklahoma. The goals of the project are to:

1. Reduce the incidence and prevalence of methamphetamine abuse and addiction through conducting community-based prevention using the SPF (Strategic Prevention Framework) planning model for programs, policies, practices, and strategies focused on those populations within the communities that are at highest risk in four targeted counties Atoka, Beckham, McCurtain, Washita, and
2. Increase training and education of State and local law enforcement and government officials, prevention and education officials, members of the community anti-drug coalitions, other key stakeholders, and parents on the signs of meth abuse and addiction and the options for prevention.

Target Population: Youths and Young Adults age 13-30 Target number: 900

Outcomes:

1. 13% decrease in meth treatment admissions FY2006 to FY2008.
2. % decreases in 30- day meth use among 6th, 8th, 10th and 12th graders in program counties for 2006 and 2008: Atoka from 4.5% down to 0.7%; Beckham 5.6% to 0.8%; McCurtain 3.6% to 0.0% and Washita 3.5% down to 1.8%
3. Reported lifetime use decreased from 5% in 2006 to 4% in 2008.

Lessons learned:

1. Cultural competency is a must in working with rural communities.
2. Community ownership of, and community driven, programs through community buy-in, is vital for sustainability and program outcome success.

3. In addition to the 2 goals above, OMPI is responsible for coordinating the Crystal Darkness Phase 2 project. As part of the comprehensive approach to Oklahoma's Crystal Darkness campaign <http://www.crystaldarknessoklahoma.org/> 28 counties will receive a one-day local community forum at no cost between March and July 2009. The goal of the community forum is to prevent and reduce substance abuse by:
- Assisting the communities in identifying their needs
 - Training community members and key community stakeholders in methamphetamine and substance abuse prevention
 - Identifying and selecting the best-fit evidence-based prevention program,
 - Developing a community action plan for prevention
 - Developing a proposal for community and state partners to fund their program implementation for sustainable outcomes.
 - Provide assistance to the target forum communities in procuring evidence-based prevention programs that addresses their identified risk factors.
 - Provide trainings for the implementers of the selected evidence-based programs.
 - Provide expert follow-up support and guidance in implementing the action plan.

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