

Oklahoma Healthy Transitions Initiative (OHTI)

Presented by
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What Is The OHTI?

- The OHTI is a State/Community Partnership to integrate services and supports for youth and young adults 16-25 with serious mental health conditions, and their families.
- The OHTI will create developmentally-appropriate and effective youth-guided local systems of care to improve outcomes in areas such as education, employment, housing, mental health and co-occurring services and to decrease contact with the juvenile and criminal justice systems.

So What's The Problem?

- Youth and young adults ages 16-25 with serious mental health conditions are our most vulnerable group facing transition to adulthood. They are:
 1. Least likely to graduate from high school
 2. Three times more likely to commit a crime
 3. More likely to engage in substance abuse
 4. Less likely to find, obtain and keep a job
 5. Least likely to achieve independent living



(Hagner, et al, 1999; Vander Stoep, et al, 2000, HHS, 2002, and Pandiani et al, 2004)

Untenable Outcome

- This is the group of youth who are most likely to move into adult corrections as they transition to adulthood.

“Imagine if 20 years ago we had invested in mental health and substance abuse services as opposed to routing resources to the Department of Corrections.”



Terri White, Secretary of Health
Commissioner, ODMHSAS

How Did the OHTI Develop?

- Workgroup was formed in the summer of 2008 to begin a transition to adulthood initiative
- A 14 member delegation attended SAMHSA's *National Policy Academy on Developing Systems of Care for Youth and Young Adults with Mental Health Needs Who Are Transitioning to Adulthood, and Their Families*, December 8-11, 2008
- Workgroup helped with an application for SAMHSA's Request for Applications for Healthy Transitions Initiative which was due May 15, 2009
- Grant was awarded for OHTI for 9/30/09, renewable until 9/29/14, \$480,000 per year with no state match required
- Transition Workgroup merged with OICA/OAYS Workgroup 9/09

Agencies Receiving OHTI Funding

- Mental Health Association of Tulsa



- Youth Services of Tulsa



- Central Oklahoma CMHC



- University of Oklahoma E-TEAM



State Level Commitment

- The Partnership for Children's Behavioral Health updated their Memorandum of Agreement to include the following goal:

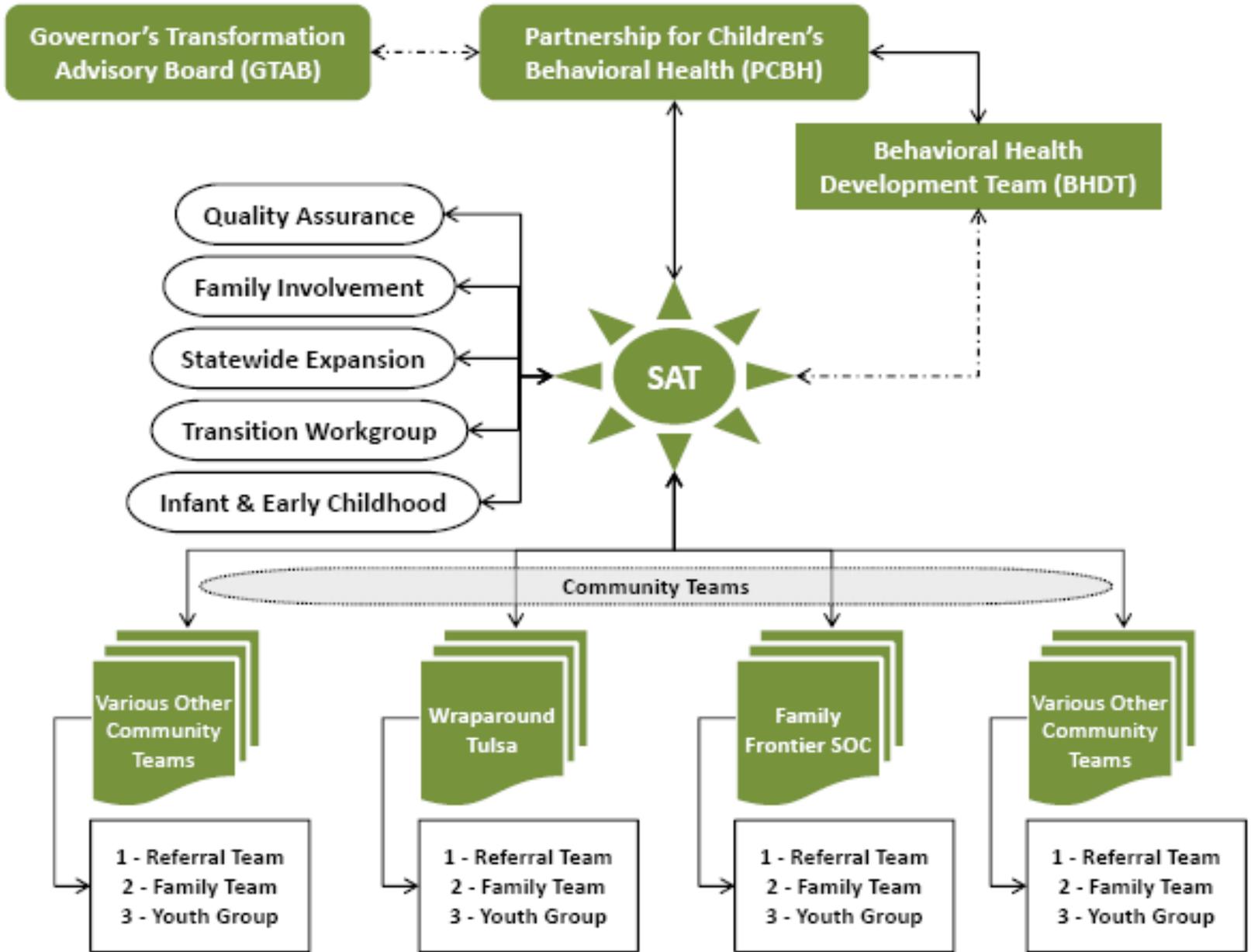
Oklahoma will establish a continuum of statewide community-based developmentally appropriate services and supports for youth and young adults ages 16-25 that will foster increasing levels of independence through flexible and stratified support services.



State Level Commitment - ODMHSAS

- DMHSAS submitted an internal MOA with the OHTI grant application pledging to provide mental health services that are easily accessible, culturally and linguistically competent, consumer driven, and recovery-oriented. We believe that integration of clinical interventions with recovery interventions such as supported housing and supported employment can produce superior outcomes. Our goal is to help youth and young adults ages 16-25 make recovery a reality in their lives.





Local Community Partnership

- ODMHSAS will partner with two stellar systems of care in order to develop a community program model: Tulsa and Norman.
- SAMHSA required selection of a community program model to follow. Oklahoma selected the Allegheny County, Pennsylvania model (PYT-SOCI).
- ODMHSAS chose to incorporate Wraparound and the Transition to Independence Process (TIP) service delivery models for the OHTI.



Local Commitment

Tulsa

- The Mental Health Association of Tulsa (MHAT) and Youth Services of Tulsa (YST) will take the lead to incorporate OHTI into Tulsa's System of Care, adding all partners necessary for a complete continuum of care which includes services and supports.
- Youth Transition Coordinator services will be available through Youth Services of Tulsa. It is anticipated that 40 youth will receive these services throughout the course of a year.
- A Community Transition Coordinator employed by MHAT will be responsible for overall development and implementation of the OHTI in Tulsa under the general guidance of the OHTI Project Director.

Local Commitment - Norman

- The Project Director employed by the Central Oklahoma Community Mental Health Center in Norman will lead in the development and implementation of the OHTI.
- The Project Director will also serve as the Community Transition Coordinator for Norman, under the general guidance of Family Frontier Systems of Care.
- Youth Transition Coordinator services will be available through the COCMHC and it is anticipated that approximately 40 youth and young adults will receive this service over the course of a year.

Community and State goals of the OHTI

- Measurably strengthen coordination of services and supports at the community level
- Use lessons learned at the community level to measurably strengthen coordination of supports and services statewide
- Monitor and evaluate the PYT-SOCI Community Program Model as developed in Norman and Tulsa
- Monitor and evaluate the Wraparound and TIP-oriented, value-based practice models.



Goals for Youth and Young Adults in Transition (the reason for the OHTI)

- Receive mental health and substance abuse service that are needed and desired
- Reside in safe, affordable and stable housing
- Receive education consultation and assistance
- Earn sufficient income on which to live
- Decrease contact with law enforcement
- Improve relationships with family and others



It's About Changing Lives



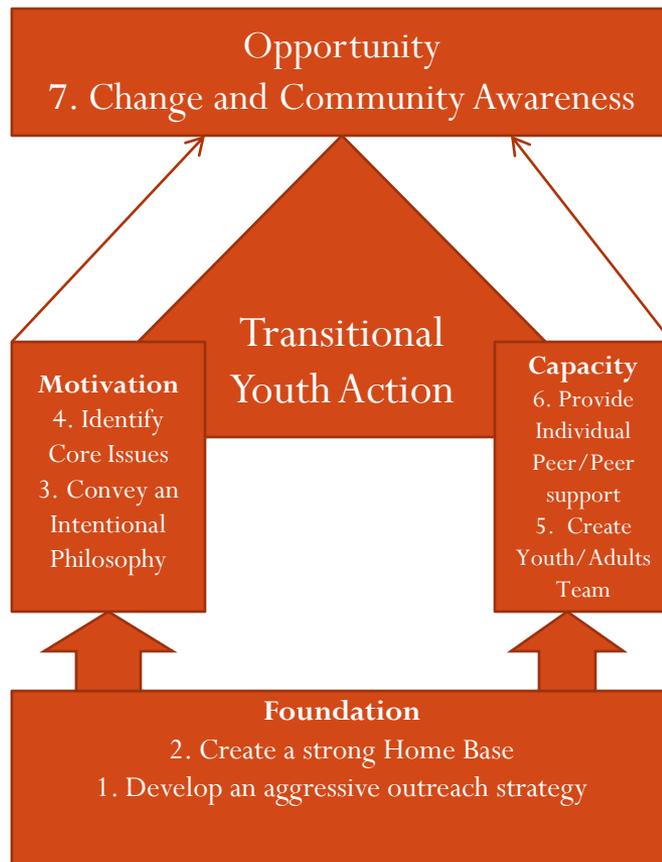
Transitional Youth Council Goals and Objectives for Healthy Transitions

Transitional Youth Council will actively work in teams of adults/youth to strengthen social change efforts related to healthy transitions. Research suggests that having transitional youth who are actively engaged in social change efforts results in three core strengths:

- **Capacity:** build knowledge, leadership, and action skills within transitional youth receiving services
- **Motivation:** understanding and awareness of issues and root causes, systems, and strategies for change, commitment and a sense of responsibility
- **Opportunity:** use skills to generate change through relevant sustained action

Transitional Youth Council Goals and Objectives for Healthy Transitions

- Transitional Youth Council Goals for Healthy Transitions



- Transitional Youth Council Objectives for Healthy Transitions
- Conduct semi-annual surveys to address concerns and problems transitional youth have with the program
- Develop an aggressive outreach and training program to inform the community of transitional youth concerns
- Advocate for improvement in services and supports through focus groups
- Continue to have youth involvement in the healthy transitions planning process
- Conduct a yearly transitional youth summit

Contact Information

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