

Institute for Mental Health and Substance Abuse Education and Training

Nicotine Dependence

Treatment Symposium

4.0 CEU Credit Hours

Clinton • Vinita • Altus • McAlester • Woodward • Enid • OKC

Collaborating Sponsors

Oklahoma State Department of Health

Oklahoma Tobacco Settlement Endowment Trust

Description

The focus for the symposium is to prepare our service providers to successfully facilitate the treatment of nicotine dependence for the populations they serve and to initiate the facilitation of the systems level change within the ODMHSAS system. This initiative is a collaborative between the Oklahoma Department of Mental Health and Substance Abuse Services, the Oklahoma State Department of Health and the Oklahoma Tobacco Settlement Endowment Trust.

Learning Objectives

At the end of the seminar participants will be able to:

1. Identify the historical aspect of tobacco control in Oklahoma.
2. Explain the USPHS-2008 Clinical Practice Guidelines and “5 As” and how it can be integrated into a standard clinical practice.
3. Explain the importance of follow-up for improvement in tobacco abstinence rates.
4. Identify pharmacologic agents used in the treatment of nicotine dependence, explain correct use and identify adverse reactions and complications associated with each.
5. Explain combination counseling and dosing of medications, use of higher dose medications and/or combining pharmacotherapy to enhance probability of abstinence.
6. Identify and apply strategies for specific Motivational Interviewing techniques for treating consumers who are nicotine dependent.
7. Translate the concept of nicotine use as an addiction into the provision of treatment.
8. Improve the skills to provide a comprehensive assessment for nicotine dependence.

Dates and Locations

September 20, 2012	Clinton, OK Frisco Conference Center	101 S. 4 th Street Clinton, OK 73602
October 30, 2012	Vinita, OK Oklahoma Forensic Center Oklahoma Room	24800 S. 4420 Road Vinita, OK 74301
November 8, 2012	Altus, OK Southwest Technology Center	711 West Tamarack Road Altus, OK 73521
March 25, 2013	McAlester, OK Pittsburg County Health Department	1400 East College Ave. McAlester, OK 74501
April 26, 2013	Woodward, OK High Plains Technology Center (Room A/B)	1921 34 th Street Woodward, OK 73801
May 10, 2013	Enid, OK Autry Technology Center Oklahoma Room	1201 W. Willow Enid, OK 73703
June 7, 2013	OKC, OK ODMHSAS Training Center	2401 NW 23 rd St. Suite 1F Oklahoma City, OK 73107

Training Agenda

11:45 – 12:00	Registration
12:00 – 12:15	Welcome and Introductions
12:15 – 1:00	Burden of Nicotine Dependence and the Behavioral Health Population
1:00 – 2:30	Motivational Interviewing and Brief Negotiation
2:30 – 2:45	Break
2:45 – 4:00	Pharmacological Therapies for Treating Nicotine Dependence
4:00 – 4:15	Break
4:15 – 5:00	Clinical Interventions for Treating Nicotine Dependence

Featured Speakers

Bryan Bell, MS

Bryan Bell is the Central Region Training Supervisor for the Oklahoma Department of Corrections and an Adjunct Professor in the Department of Sociology & Justice Studies at Oklahoma City University. Mr. Bell holds a M.S. degree in Criminal Justice Administration (1994) and a B.S. degree in Criminal Justice (1993) from Oklahoma City University. Mr. Bell is also a trainer and consultant in Motivational Interviewing and is a member of the Motivational Interviewing Network of Trainers (MINT).

Kimberly Crosby, Pharm.D., BCPS, CGP, CDE

Kimberly Crosby has served as a faculty member for the University of Oklahoma College of Pharmacy – Department of Clinical and Administrative Sciences since July 2002. Prior to coming to OU, she held the position of Assistant Professor for Southwestern Oklahoma State University College of Pharmacy from 2000-2002. Her current position is Associate Professor, Department of Pharmacy; Clinical and Administrative Sciences and Adjunct Associate Professor; Department of Family Medicine-Tulsa. Dr. Crosby received her Bachelor of Sciences in Pharmacy from Southwestern Oklahoma State University in 1990 and her Doctor of Pharmacy from The University of Oklahoma in 1999. She completed a Pharmacy Practice Residency at Saint Francis Hospital in Tulsa, OK in 2000. Dr. Crosby served as the Residency Director for the OU/May's Drug Stores Community Pharmacy Residency Program from 2005 -2009. Her current clinical practice is with the OU College of Medicine Family Medicine Department in Tulsa. Her practice and research interests are in the areas of cardiovascular disease, asthma, smoking cessation and diabetes.

Thad R. Leffingwell, PhD

Dr. Leffingwell is an Associate Professor in the Department of Psychology at Oklahoma State University and also serves as the Director of Clinical Training for the Clinical Psychology Ph.D. program. Dr. Leffingwell earned his Ph.D. in clinical psychology at the University of Washington (2000) and also has a M.S. degree from the University of Arizona (1995) and a B.A. degree in biology and chemistry from Southwestern College (KS; 1992). He established the Behavioral Change Laboratory in the Department of Psychology at Oklahoma State University in August, 2000. Dr. Leffingwell is also a widely sought after trainer and consultant in Motivational Interviewing and is a member of the Motivational Interviewing Network of Trainers (MINT).

Winter Smith, Pharm.D., BCPS

Dr. Smith is an Assistant Professor at the University of Oklahoma Health Sciences Center (OUHSC) College of Pharmacy and a clinical pharmacist at OU Medical Center (OUMC)—Presbyterian Tower. She is a graduate of the OUHSC College of Pharmacy. She completed a PGY-1 pharmacy residency at Parkland Hospital in Dallas, Texas and a PGY-2 pharmacy residency in internal medicine, infectious diseases, and academics at Duke Hospital in Durham, North Carolina. In her clinical practice, Dr. Smith works with internal medicine physicians at OUMC to ensure safe and effective medication therapy is provided to hospitalized patients. She also teaches and mentors pharmacy students and residents. Her research interests include infectious diseases, management of chronic diseases in hospitalized patients, and innovative approaches to educating pharmacy students.

James Allen, MPH

James Allen received a Master's Degree in Public Health from the University of Oklahoma in 1998. He worked for the Oklahoma State Department of Health for 8 years in the Maternal and Child Health Service with an emphasis on Adolescent Health. Mr. Allen also served at the University of Central Oklahoma Wellness Center for five years as the Assistant Director of Health Promotion during which time he also served as President of the Southwest College Health Association. At the Oklahoma Department of Mental Health and Substance Abuse Services, Mr. Allen provides training and technical assistance for behavioral health programs, staff and communities to create system and program level tobacco cessation initiatives in order to promote the health and wellness of Oklahomans, particularly those receiving ODMHSAS behavioral health supports. Mr. Allen also chairs the Evidence Based Practices Workgroup of the ODMHSAS Strategic Prevention Framework State Incentive Grant program and was recently elected Chair of the newly formed Behavioral Health Caucus of the Oklahoma Public Health Association. Areas of expertise include the topical areas of tobacco use prevention and cessation, physical activity and nutrition, stress management and suicide prevention in addition to the functional areas of program evaluation, needs assessment, training, and policy development.

Yvon Fils-Aimé, MD, MBA

Yvon Fils-Aimé became the Oklahoma Department of Mental Health and Substance Abuse Services Tobacco Cessation Manager in February 2012. He worked at the Oklahoma State University (OSU) as the tobacco health educator. Fils-Aimé has extensive management, technical assistance, global clinical and public health and preventive medicine experience. For over 15 years, he has designed, implemented, and assessed programs related to maternal and child health, public health policies, and tobacco control. Fils-Aimé earned a Master of Business Administration/Health Administration from Oklahoma City University. He has postgraduate certification in Leadership Strategies for Evolving Health Care Executives from Harvard School of Public Health, and earned his MD from Autonomous University of Guerrero, Guerrero, Mexico.

Continuing Education Credits The Institute for Mental Health and Substance Abuse Education and Training has approved a maximum of 4.00 credit hours through the Oklahoma State Board of Licensed Social Workers, the Oklahoma Board of Examiners of Psychologists, the Licensed Marital and Family Therapist Committee, the Oklahoma Board of Licensed Alcohol and Drug Counselors, the Licensed Professional Counselors Committee, and the Council for Law Enforcement Education and Training. Continuing education is also approved for Certified Case Managers and Peer Recovery Support Specialists. A request has been submitted for continuing education credit for Certified Prevention Specialists and Licensed Behavioral Practitioners.

How to Receive Your Certificate of Attendance

Certificates of attendance will be distributed at the end of the training. Participant evaluation forms must be submitted in order to receive continuing education credit and a certificate of attendance. There is a \$5.00 charge to reissue a certificate.

Registration and Fees

This training is offered at no cost to participants. The funding for this symposium is provided by a grant from the Oklahoma Tobacco Settlement Endowment Trust.

Special Accommodations

Sign interpreters and/or other special accommodations required by disabled participants will be available upon advance request (please allow one week notice). Please indicate on the registration form the type of special accommodations you require. To discuss requests, call 405-522-8300

Registration Form
Nicotine Dependence Treatment Symposium

HOW TO REGISTER:

Complete the form below and mail it (with payment, if applicable) to:

By Mail: ODMHSAS, Human Resources Development, 2401 NW 23rd Street, Suite 1F, Oklahoma City, OK 73107

By Fax: Faxed registrations are accepted at **405-522-8320**

Name: _____

Occupation or Job Title: _____

Place of Employment: _____

Address: _____

City, State, ZIP: _____

Daytime Phone: _____

E-Mail Address: _____

**Note: If an e-mail address is included, a confirmation that your registration has been received will be e-mailed to you.

I require special accommodations as follows:

PLEASE CHECK DATE/LOCATION

- | | |
|---|---|
| <input type="checkbox"/> September 20, 2012-Clinton | <input type="checkbox"/> April 26, 2013-Woodward |
| <input type="checkbox"/> October 30, 2012-Vinita | <input type="checkbox"/> May 10, 2013-Enid |
| <input type="checkbox"/> November 8, 2012-Altus | <input type="checkbox"/> June 7, 2013-Oklahoma City |
| <input type="checkbox"/> March 25, 2013-McAlester | |

PAYMENT

This training is offered at no cost to participants.

CONTINUING EDUCATION CREDIT REQUESTED

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| <input type="checkbox"/> LPC | <input type="checkbox"/> LMFT | <input type="checkbox"/> Psychologist | <input type="checkbox"/> LADC | <input type="checkbox"/> ODMHSAS Supervisory |
| <input type="checkbox"/> PRSS | <input type="checkbox"/> CADC | <input type="checkbox"/> MSW | <input type="checkbox"/> LCSW | <input type="checkbox"/> Case Mgmt <input type="checkbox"/> Under Supervision |
| <input type="checkbox"/> CPS | <input type="checkbox"/> Other _____ | | | |

For information, call Human Resources Development at 405-522-8300.