

Creating a Bully-Free Zone

Kathy Fahl Moxley, ACSW, LCSW, PFLAG Norman
Scott J. Hamilton, Cimarron Alliance Foundation

NO



BULLY

ZONE

What is Bullying?

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“Any gesture, written or verbal expression, or physical act that a reasonable person should know will harm another student, damage another student’s property, place another student in reasonable fear of harm to the student’s person or damage to the student’s property, or insult or demean any student or group of students in such a way as to disrupt or interfere with the school’s educational mission or the education of any student.”

Oklahoma School Bullying Prevention Act

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- ◉ Sexist comments

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- ◉ Threats

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- ◉ Sexual harassment
- ◉ Damage to property
- ◉ Physical violence
- ◉ Threats
- ◉ Use of weapons

Who is a Bully?

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- ◉ They find satisfaction in causing suffering or injury to others
- ◉ And they are often rewarded for their role in hurting others; the reward may be physical or psychological

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- 22% of students in the US report being bullied within the first few weeks of a new school year.
- 8% of students report being bullied every single week of the year.

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- 282,000 secondary school students are physically assaulted every month.
- 45% of LGBT students report being physically harassed because of their sexual orientation; 33% missed at least one day of school this month because they feared for their safety.

How Does This Translate?

- Every seven minutes, a child in the United States is bullied. Taken as a whole, when bullying occurs:

How Does This Translate?

● 4%

How Does This Translate?

- 4% = Adult intervention

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- ⦿ 4% = Adult intervention
- ⦿ 11%

How Does This Translate?

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- ◉ 4% = Adult intervention
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- ◉ 85%

How Does This Translate?

- 4% = Adult intervention
- 11% = Peer intervention
- 85% = No intervention by anyone

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- Bullying has emotional consequences.
- Students who are bullied are likely to have lower levels of self-esteem.
- Increased absenteeism resulting in poor grades and higher drop-out rate among bullied adolescents.

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- 4 X more likely than their peers to engage in criminal behavior by age 24
- 3 X as likely to be convicted of a crime
- 4 X more likely to be multiple offenders
- Come to view bullying as “normal”
- Establish and maintain a pattern of anti-social behavior

Real World Experiences

Creating a Bully-Free Zone

Creating a Bully-Free Zone

- ◉ Where should you establish a bully-free zone?

Creating a Bully-Free Zone

- ◉ Where should you establish a bully-free zone?
 - > School

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 - > Community
 - > Home

Creating a Bully-Free Zone

- ◉ Where should you establish a bully-free zone?
 - > ***Any place where more than one child will be at any given time!***

Creating a Bully-Free Zone

- Where do we start?

Creating a Bully-Free Zone

- ◉ Where do we start?
 - > Make it clear that bullying will not be tolerated in any form.

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Creating a Bully-Free Zone

- ◉ Where do we start?
 - > Make it clear that bullying will not be tolerated in any form.
 - > Get buy-in.
 - > Explain the “why” of the zone.
 - > Articulate benefits.

Creating a Bully-Free Zone

- Now what?

Creating a Bully-Free Zone

- Now what?
 - > Railroad crossing.

Creating a Bully-Free Zone

- ◉ Now what?
 - > Railroad crossing.
 - Stop

Creating a Bully-Free Zone

- ◉ Now what?
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 - Stop
 - Look

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 - > Grades drop
 - > Loss of appetite; difficulty sleeping
 - > Torn clothing, book bag; unexplained bruises

Creating a Bully-Free Zone

- Look for these signs:
 - > “Loses” money, asks for increase in allowance, borrows money from other children
 - > Increase in absences; reluctance to go to school, practice, etc.
 - > Carries, or asks to carry, a weapon for protection

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Creating a Bully-Free Zone

◉ Listen:

- > When a child speaks, we must listen
- > What is the child saying about other children and what are other children saying about the child?
- > Listen to what is *not* being said

Creating a Bully-Free Zone

- Stop:

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- Stop:
 - > Halt the behavior immediately

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- Stop:
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 - > Educate

Creating a Bully-Free Zone

- Stop:
 - > Halt the behavior immediately
 - > Educate
 - > Take appropriate action

Creating ^{OUR} Bully-Free Zone

- Practical Application
- Q&A

Local Resources

Cimarron Alliance Foundation

cimarronalliance.org

PFLAG Norman

pflagnorman.org

PFLAG Oklahoma City/Edmond

pflagokc.org

National Resources

The Trevor Project

[trevorproject.org](https://www.trevorproject.org)

National Youth Violence Prevention Center

[safeyouth.org](https://www.safeyouth.org)

US Government

[stopbullyingnow.hrsa.gov](https://www.stopbullyingnow.hrsa.gov)

Thank You!

