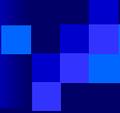


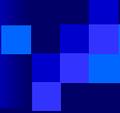
# The Need for Transformation

National and Oklahoma Perspectives



# National Perspectives

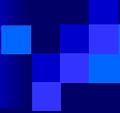
- Surgeon General's Report on Mental Health
- President's New Freedom Commission Report on Mental Health
- Institute of Medicine's Crossing the Quality Chasm



# Surgeon General's Report (1999)

## Key Themes and Changes Recommended

- Continue To Build the Science Base
- Overcome Stigma
- Improve Public Awareness of Effective Treatment
- Ensure the Supply of Mental Health Services and Providers



# Surgeon General's Report

## Services in Short Supply

- Wraparound services for children and their families
- Assertive community treatment (PACT)
- Integrated services for people with co-occurring mental illnesses and substance abuse disorders;
- Prevention and early case identification programs
- Disease management programs for conditions such as late-life depression in primary care settings

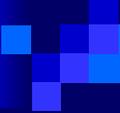
# New Freedom Report



**PRESIDENT'S NEW FREEDOM**

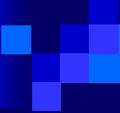
**COMMISSION ON MENTAL HEALTH**

[www.MentalHealthCommission.gov](http://www.MentalHealthCommission.gov)



# New Freedom Report Goals

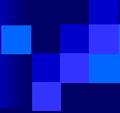
- Americans understand that mental health and addiction issues are essential to overall health.
- Mental health and substance abuse services are consumer and family driven.
- Disparities in services are eliminated.
- Early screening, assessment, and referral to services are common practice.
- Excellent care is delivered and research is accelerated.
- Technology is used to access health care and information.



# Institute of Medicine's Crossing the Quality Chasm Report

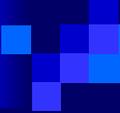
*Aims for all Transformed Health Care Systems*

- *Safe*
- *Effective*
- *Patient-centered*
- *Timely*
- *Efficient*
- *Equitable*



# Oklahoma Perspective

- Household Surveys
- Blue Ribbon Task Force Report
- NAMI State Score Card
- State of the State's Health Report



# Oklahoma Findings

- Household survey 2004 findings
  - Oklahoma has one of the highest prevalence rate (11%) of people with serious mental illness.
    - Estimated that over 80% of adults with serious mental illness in need of treatment do not receive it.
  - 7% of our youth are estimated to have a serious emotional disorder.
  - Prevalence for substance abuse disorders in Oklahoma is 9% for both youth and adults.

# Oklahoma Perspective

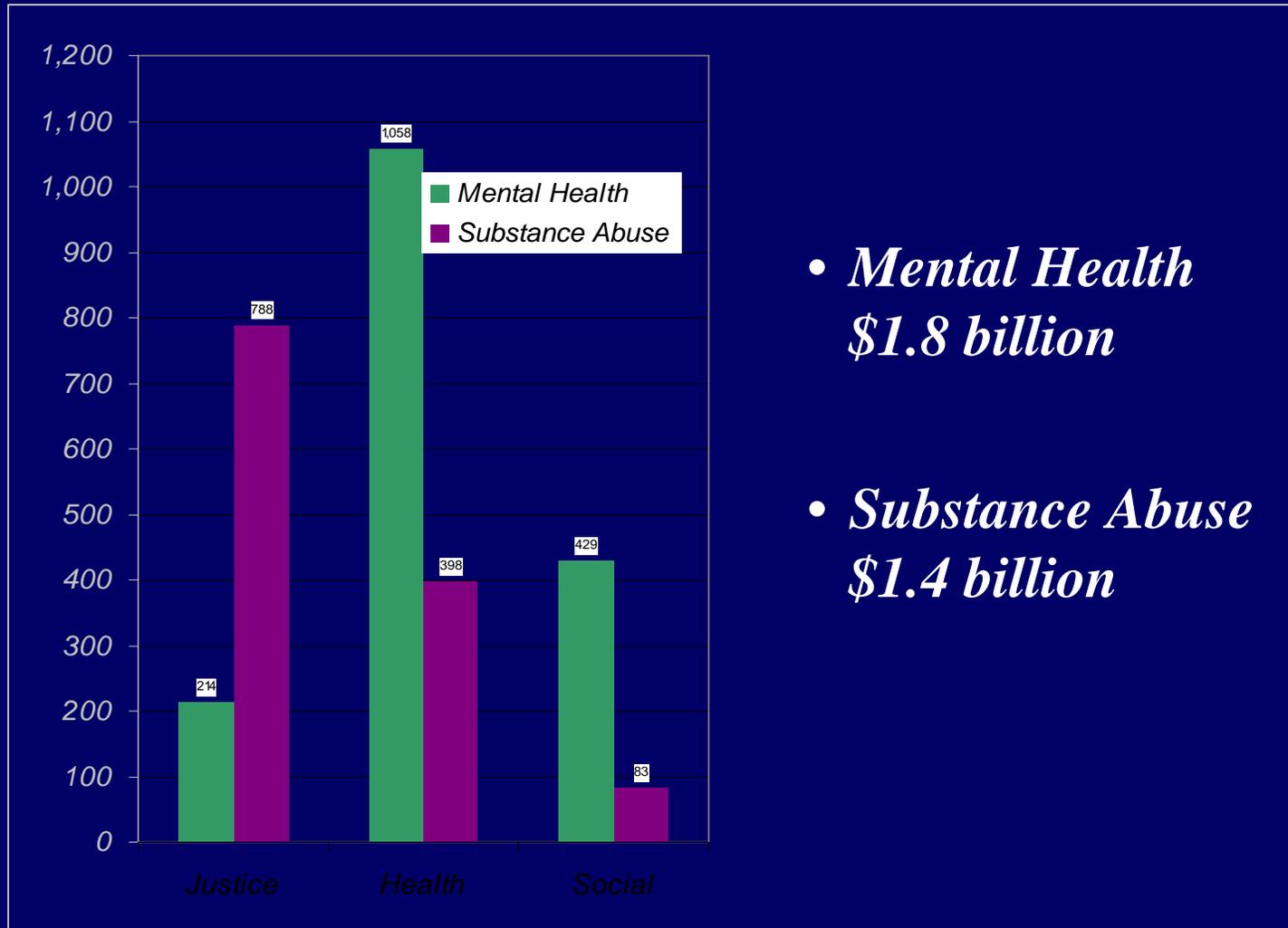


***Oklahoma  
Governor's and  
Attorney General's  
Blue Ribbon Task  
Force***

--

***Mental Health,  
Substance Abuse,  
and Domestic  
Violence***

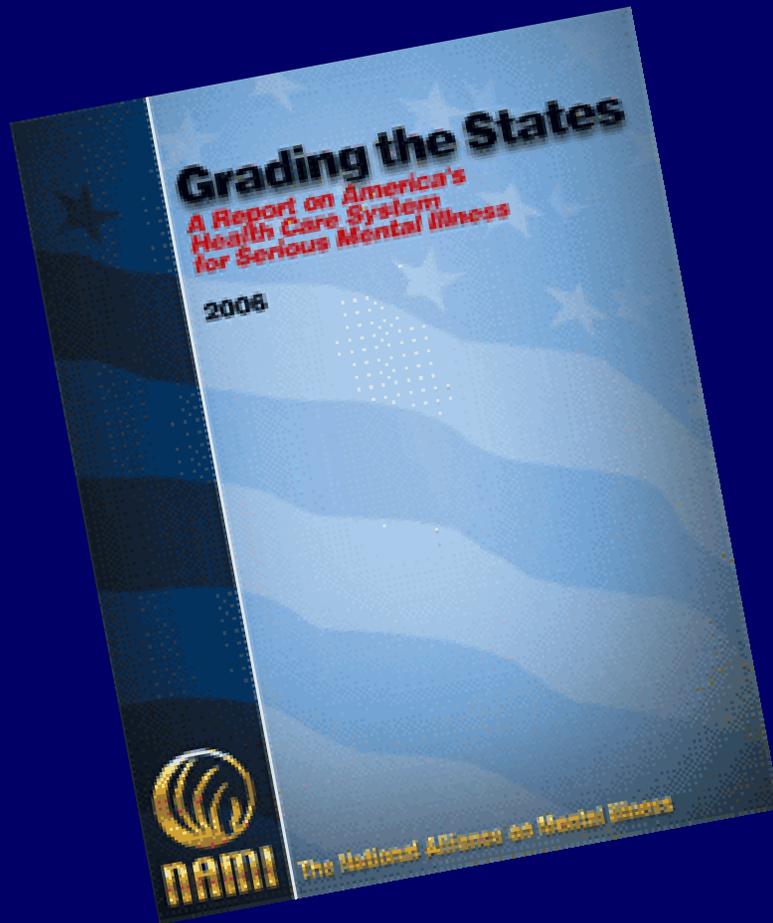
# Direct Costs to Oklahoma



- *Mental Health*  
*\$1.8 billion*

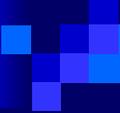
- *Substance Abuse*  
*\$1.4 billion*

# Oklahoma Perspective



States' Score Cards

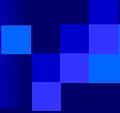
The National Alliance  
on Mental Illness



# Oklahoma Perspective

NAMI Score Card – Overall Grade of “D”

Infrastructure	D-
Information Access	F
Services	C
Recovery Supports	C



# Oklahoma Perspective

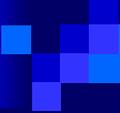
## NAMI Score Card – Urgent Needs

- Continued Funding Increases
- Comprehensive Rural Strategy
- Balanced Capacity between Hospitals & Community Services
- Housing

# Oklahoma Perspective

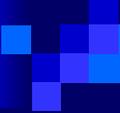
## State of the State's Health





# Oklahoma Perspective

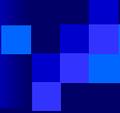
- Higher number of suicide deaths compared to the rest of the nation --14<sup>th</sup> per capita.
- Number one in the nation for the prevalence of mental disorders.
- Changing demographics and high poverty rates affect access to health care.
- Higher teen birth rate increases number of children born at risk for a variety of health conditions and poverty.



# Oklahoma Perspective

## Strong & Healthy Recommendations

- Incorporate mental health promotion as a regular part of prevention efforts
- Increase support for mental health courts and substance abuse courts
- Eliminate disparities in third party (insurance coverage) for mental health and substance abuse treatment



# Oklahoma Challenges & Opportunities

- Notable local community level and statewide partnerships focused on mental health and substance abuse services
- Infrastructure emerging
- What do we do with this? How do we use these opportunities to build and maintain a healthy Oklahoma?

*-State of the State's Health (2006)*