

**GOVERNOR'S TRANSFORMATION ADVISORY BOARD**  
**State Capitol, Room 104**  
**June 5, 2008**  
**Minutes**

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Members Present:

|                |                          |
|----------------|--------------------------|
| Sara Barry     | Justin Jones, Vice Chair |
| Susan Boehrer  | Kermit McMurray          |
| Gene Christian | Teresa Peden             |
| Don Carter     | Kaye Rote                |
| Mike Crutcher  | Dennis Shockley          |
| Mike Fogarty   | Jack Turner              |
| Karina Forrest | Terri White              |

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Others Present:

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| David Asetoyer- ODMHSAS       | Jami Bartgis-IHRC                   |
| Steve Davis- ODMHSAS          | Lori James-GLMHC                    |
| Nancy Donaldson- ODMHSAS      | Lanette Long-St. Anthony            |
| Steve Buck-ODMHSAS            | Phil Lowe-Youth Services of Tulsa   |
| Jeff Dismukes-ODMHSAS         | Janelle Griffis-Wonderfully Made    |
| Elizabeth Heard-ODMHSAS       | Ginger Smith-Red Rock BHS           |
| Brittany Couch-ODMHSAS        | Kathryn Merrill-Red Rock BHS        |
| Lorrie A. Byrum-ODMHSAS       | Leah Sprinkle-CSIG                  |
| David Wright-ODMHSAS          | Nancy Wagner-CSIG                   |
| Jin-Song Chen-ODMHSAS         | Carol McFarland-OHCA                |
| Carrie Slatton-Hodges-ODMHSAS | Alesha Lilly-OSDH                   |
| Marcus Butler-ODMHSAS         | Sandy Pruitt-DBSA/CISG              |
| Richard Bowden-ODMHSAS        | Gina Marston-DBSA                   |
| Jessica Hawkins-ODMHSAS       | Sean Couch-Innovation Center        |
| Keith Pirtle-ODMHSAS          | Cortney Yarholar- Innovation Center |
| Jackie Shipp-ODMHSAS          | Marva Williamson- Innovation Center |
| Stephanie Dean-ODMHSAS        | Amanda Reeves- Innovation Center    |
| Lauren Merrell-ODMHSAS        | Jean Wood-Innovation Center         |
| Kim Sardis-OJA                | David Harris-Innovation Center      |
| Bob Mann-DOC                  | Karen Frensley-Innovation Center    |
| Annette Fulton-DRS            | Georgia Berry- Innovation Center    |
| Glenda Barrett-OMHCC          | Bob Mann-DOC                        |
| Jolene Ring-OHCA              |                                     |

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**I. DETERMINATION OF QUORUM, CALL TO ORDER**

The Vice Chair, Justin Jones, called the meeting to order. Mr. Jones determined open meetings requirements had been met and a quorum was present.

**II. REVIEW OF MINUTES FROM PREVIOUS MEETING**

Mr. Justin Jones opened the floor to discussion and comments concerning the minutes for the previous Board meeting held on March 6, 2008.

*Ms. Kaye Rote noted that abstentions were not requested at the last board meeting and asked for this to be noted in the voting action.*

Mr. Mike Fogarty moved to approve the previous Board meeting minutes. Ms. Teresa Peden seconded the motion. The following voting action was recorded: *All in favor; none opposed. Board Minutes approved.*

**III. Budget Report**

Mr. Richard Bowden presented the budget report for YTD Expenditures through 03-06-08, the projected budget for Year 4, FFY 2009 and for Year 5, FFY 2010. Mr. Bowden reported that the carry-over request from FFY08 was approved, (See enclosed budget document.)

Mr. Justin Jones opened the floor to discussion and comments.

***Discussion included:***

There was a question regarding what expenditures composed the consumer support item under the direct costs column. Ms. Karen Frensley stated that this item included reimbursement for mileage, registration fees, childcare, stipends, and other expenses directly related to consumer participation in meetings and conference attendance. Ms. Frensley also noted that under the Contractual and Technology sections under direct costs, the items listed include current contractual obligations as well as projects that will be implemented as recommended by the GTAB in March.

Mr. Mike Fogarty moved to approve the budget report. Ms. Teresa Peden seconded the motion. The following voting action was recorded: *All in favor; none opposed. Board Minutes approved.*

**IV. Project Director Report**

Ms. Karen Frensley presented the TSIG project report. She welcomed Alan Kaufman, Deb Dennis and Susan Stromberg from the SAMHSA Center for Mental Health Services (CMHS) to the meeting. Ms. Frensley offered a special thank you to Susan Boehrer, Jeff Tallent, and Kaye Rote for hosting consumer, family and youth focus groups for the staff from CMHS this week.

Ms. Frensley reported on the SAMHSA CMHS Project Directors meeting held in April for a mid-point review of transformation projects nationwide. Topics discussed included, progress on implementation; effective ways to capture project

outcomes and state's activities, and planning to sustain initiatives after the Federal funding cycle. Ms. Frensley reviewed the recommended transformation priorities presented at the CMHS meeting. They are;

- Develop stigma reduction campaigns
- Integrate physical and behavioral health care
- Promote mental health of young children
- Screen for co-occurring disorders
- Screen for behavioral health in primary health settings
- Advance evidence based practice
- Improve/expand workforces
- Use technology to improve access, particularly in remote areas.

Ms. Frensley reviewed the Implementation Summary and the matrix of the Comprehensive State Plan. (See attachments).

Ms. Frensley discussed the brain scan technology recommendation. She reported that Laureate Hospital in Tulsa is moving forward with purchasing the equipment and will hire a leading researcher from the National Institute of Health to lead the team in Tulsa. Ms. Frensley reported that SAMHSA is not in favor of Oklahoma purchasing the equipment and it is not likely that the equipment will be purchased with TSIG funding. ODMHSAS and CMHS discussions to finalize this issue are underway. Recommendations related to funding that may be available will be presented to the board when funding is finalized for projects underway.

Ms. Frensley reported that updates have been made to the Innovation Center Website. These changes include new features, including a search engine that directs you to publications related to mental health, substance abuse and transformative initiatives.

***Discussion Included:***

Mr. Justin Jones asked for an explanation of the strategies column in the matrix. Ms. Frensley noted that they are Oklahoma's strategies to achieve the Comprehensive Plan goals. Commissioner White added that the Comprehensive Plan strategies were like a to-do list for the Innovation Center and other GTAB agency staff.

**V. Policy Change Interview Initiative**

Mr. David Wright, Ph.D. presented the policy change report based on the policy change interviews conducted with GTAB agencies in the spring of 2008. He commended Directors and their staff for their participation. The purpose of conducting this study is to identify policy changes, organizational changes and funding appropriated affecting persons with mental illnesses and substance abuse occurring since Oklahoma received the TSIG grant in 2005. Ultimately, the objective of the study is to provide a foundation for identifying where new policy initiatives to better integrate the system can occur and to highlight changes that

have already been made within the system. Dr. Wright reported that the interviews identified policy changes, changes in regulations, contracts, billing procedures and staffing related to the improvement of and accountability for the delivery and access of behavioral health services. Overall, there were 207 changes enacted by the interviewed agencies during the almost two year period. Dr. Wright requested that the GTAB agency directors review the policy change report for their individual agency and to send any revisions or comments to him by the end of June. He concluded by stating that the agencies are doing a great job collaborating with one another as evidenced by the cross-cutting themes and priorities noted in the report. *(See attached report.)*

***Discussion Included:***

Mr. Jack Turner asked if there were changes and projects identified that focused on early intervention and prevention of substance abuse in the school systems. Mr. Wright noted that there are some collaborative efforts between the state agencies interviewed to move forward with prevention projects in middle and high schools.

Ms. Kaye Rote asked if there was a way to identify how these changes were affecting clients of the mental health and substance abuse systems and to identify if there was consumer involvement in the policy change process. Dr. Wright noted that the Evaluation team will attempt to capture this information in future interviews and discuss how to involve consumer's in the process.

*Vice Chair Justin Jones deferred voting action to approve the policy change report to the next meeting to give the agency directors the opportunity to review the materials.*

**VI. Consumer Involvement Standards**

Dr. David Wright, Ph.D. and Ms. Jean Wood discussed the work of the Consumer Involvement Study Group (CISG), primarily the development of the Consumer Involvement Standards. Ms. Wood noted that each group member of the study group brought lived experience to the process, and represented men and women from urban and rural areas of the state. She briefly discussed the process for developing the standards and the statewide survey initiative. The CISG divided the state into regions and assigned a lead responsible for disseminating surveys to consumers and other stakeholders to review the quality and perceived impact of these draft standards. Ms. Wood said the team collected 800 surveys in 65 days by travelling across the state and hosting forums in various communities. She noted that all of the survey results were encouraging and that the next step for the CISG is to review the comments and to re-write the standards. The group will also develop with the assistance of ODMHSAS decision support services staff, a tool to measure consumer involvement and finalize the standards to submit to SAMSHA for national consideration. *(See attached document.)*

***Discussion Included:***

Commissioner Terri White stated that the Consumer Involvement Study Group deserved applause for their hard work on the standards and surveys, noting the impressive work they've completed in such a short period of time. The board members and public applauded the Consumer Involvement Study Group at that time.

Mr. Kermit McMurray asked if the forums were public. Ms. Wood stated that at least one meeting in each region was held at a public location. Ms. Kaye Rote, a CISG and GTAB member commented that the group identified consumer leaders in the state across each region and that those leaders determined the best location to hold a public forum and located an appropriate meeting space. Ms. Wood added that some meetings were held in town halls while other surveys were distributed at various consumer events. Ms. Karina Forrest commended the group for collecting this number of surveys in such a short time period.

**VII. Suicide Prevention Initiative**

Ms. Jessica Hawkins presented the Oklahoma Suicide Prevention Initiative. Ms. Hawkins highlighted statistics stating that suicide is the 2nd leading cause of death for Oklahoma young people age 10-24. She noted that from 2002-2004, there were 2,285 young Oklahomans (age 10-24) hospitalized and fatally wounded with self-inflicted injuries. Ms. Hawkins cited many risk factors for suicide including alcohol or other drug abuse, mental illness, history of abuse or trauma, sexual orientation, and barriers to access for health and mental health care services. Some of the protective factors include improved access to services, coping and problem solving skills, social integration and community readiness to recognize and respond to suicide risk. Ms. Hawkins discussed effective prevention techniques such as, gatekeeper training for persons who interact with young people, and screening and crisis management services in schools. There are currently over 3,000 gatekeepers that have been trained in Oklahoma. The Oklahoma State Plan on Suicide Prevention includes three major components: assessment, policy development and assurance of services. Ms. Hawkins announced Senate Bill 2000 (Suicide Prevention Act) was passed and signed by the Governor in May 2008. The bill goes into effect November 1, 2008.

*Highlights of SB 2000 include:*

- *Expands the scope of the legislatively mandated Council from youth specific to across the lifespan*
- *Extends duration of Council to 2015*
- *Modifies membership to include lifespan representation*
- *Modifies Council duties across the lifespan*

*(See attached document.)*

*Discussion included:*

Dr. Kermit McMurray asked if the younger age group was more susceptible to suicide than other age groups and if the risk was higher depending on the demographics. Ms. Hawkins responded that males 65+ are at the highest risk for suicide and those rural communities have higher suicide rates. She noted that the high risk is due to a lack of access to health and mental health services and cited a correlation between the increased access to firearms in rural areas and the number of suicides and suicide attempts in those areas.

Ms. Sara Barry asked if suicide prevention initiatives existed for the older populations since this demographic was considered high risk. Ms. Hawkins noted that due to the passage of SB2000, the Suicide Prevention Council would expand its scope which will include across the lifespan initiatives. During the next legislative session, the State Plan for Suicide Prevention will be revised to include the aging population.

Mr. Don Carter suggested that the Suicide Prevention Initiative partner with Indian Health Services for the Suicide Prevention Conference.

Ms. Susan Stromberg asked if the Native American and GLBTS youth groups will be another focus of the suicide prevention initiative since both are considered high risk groups. Ms. Hawkins said that revising and updating the current plan to include all populations will be the goal. Ms. Stromberg also discussed the Garrett Lee Smith Memorial Act and suggested that the department look into suicide prevention grants offered by SAMHSA.

**VIII. Evaluation Update**

Dr. David Wright presented the Evaluation Workgroup Update.

*Work is underway in the following areas:*

- Policy change study
- Consumer Involvement study
- Workforce Study
- Anti-Stigma Campaign study

*No Comments or Discussion.*

Mr. Gene Christian moved to approve the Evaluation Update. Ms. Karina Forrest seconded the motion. The following voting action was recorded: *All in favor; none opposed. The Evaluation Update is approved.*

**IX. TSIG National Perspective**

Ms. Susan Stromberg, Project Officer for TSIG for the SAMHSA Center for Mental Health Services, commended the Innovation Center, the GTAB and ODMHSAS for their commitment to the transformation initiative. The work underway is wonderful and the most difficult task will be to sustain these projects and bring them to scale. She stressed the importance of a recovery-focused process, stating that consumers should be involved in all parts of the process, from planning, testing and implementation. Ms. Stromberg also emphasized the importance of not building new silos in the transformational process. She said from a national perspective, Oklahoma is experiencing the same challenges as other TSIG states, however overall, is doing an impressive job overcoming those challenges and moving forward.

**X. Adjournment**

Vice Chair Justin Jones moved to adjourn the meeting. Ms. Susan Boehrer seconded the motion. The following voting action is recorded: *All in favor; none opposed. Meeting adjourned.*

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Mr. Justin Jones (Co-Chair)