

GOVERNOR'S TRANSFORMATION ADVISORY BOARD
State Capitol, Room 104
March 18, 2010
Draft Minutes

Members Present:

Sara Barry
Don Carter
Jinneh Dyson
Howard Hendrick
Kermit McMurry
Teresa Peden
Ginger Smith
Terri White

Susan Boehrer
Gene Christian
Michael Fogarty
Justin Jones
Connie Motley
Dennis Shockley
Lisa Smith

Others Present:

Richard Bowden
Lorrie Byrum
Steven Gillaspay
Carol McFarland
Jolene Ring
Marva Crawford-Williamson

Donna Bond
Lindsey Crawford
Alesha Lilly
Robert Powitzky
Dana Shadid
Cortney Yarholer

I. **Determination of Quorum, Call to Order**Justin Jones, Chair
At 1:30 pm, the Chair determined that there was not a quorum. Items II and III were suspended and item IV was presented by Project Director, Karen Frensley.

IV. **Project Director Report**.....Karen Frensley, Project Director

MANILA Consulting Inc. will be here on June 9&10 for the TSIG cross site evaluation. This evaluation is part of the federal requirement and is meant to monitor progress of transformation states from the time of the last evaluation, June of 2008, to the present. MANILA consulting staff will interview select agency Directors, (OHCA, ODMHSAS, OJA, OKDHS, DOC, OHFA, DRS), and consumer and family members will be asked to complete an online survey during the next couple of months. Currently, a leadership survey is being circulated to evaluate Ms. Frensley's leadership style. The Innovation Center will be setting appointments with agency Directors for June 9th and 10th. The team will be located at the ODMHSAS Central Office, Executive Conference Room, Second Floor.

A new tribal liaison position was announced within the Oklahoma State Department of Health (OSDH) by Dr. Cline. Eight out of the ten state agencies represented on the GTAB now have tribal liaison positions.

A new Transformation Grant has been announced by SAMHSA. There is a change of focus for this grant from infrastructure to direct services. The funding is to expand treatment capacity in communities by implementing best practices into the service system for adults with serious mental illness or at risk for serious mental illness. The ODMHSAS Mental Health Recovery division is considering several options based on agency priorities. The grant applicants must be state or county governmental agencies or tribal organizations. Twenty-two grantees will be awarded.

Community of Champions Anti Stigma Campaign continues with 24 participating agencies. The Oklahoma State Department of Health (OSDH) has developed an online training program for employee awareness related to mental health; a full launch of this training program is pending. The Board of Regents held a department training event for staff that included mental health, alcohol and drug awareness. The Board of Regents is also holding brown bags lunches that promote wellness and recovery. Chesapeake developed a video series of persons in recovery. After the first four months of the campaign, there was an increase in EAP referrals. The Statewide Anti Stigma Campaign RFP is in the final review stage and will be going to Department of Central Services to solicit a vendor to develop a statewide anti stigma campaign.

The ODMHSAS Suicide Prevention Division will assist agencies by providing training to organizations by request. If your agency is interested in receiving suicide prevention training, go to the ODMHSAS website at www.odmhsas.org, click on Prevention Programs/Initiatives/Youth Suicide and complete the request for training document.

There are now 46 trainers certified to conduct Mental Health First Aid community trainings in Oklahoma. Trainings are taking place on college campuses and police officer trainings, to name a few. Several tribes sent participants to the last training for trainers and are working with Cortney Yarholar, ODMHSAS tribal liaison, to develop a plan to conduct training across Indian country. Trainers will be meeting in April for a strategy session to share successful training strategies and to help those trainers who are having trouble with kick off develop strategies to improve. There is no future training for trainers scheduled. ODMHSAS Prevention Division staff will continue to provide support to existing trainers.

Trainings continue for the Consumer, Family, and Youth Leadership Academy. In northeast Oklahoma leadership training is being offered to drug court participants. A mock board meeting event was held in northeast Oklahoma to

help consumers become acquainted with procedures and rules while participating in a mock board meeting. The funding will end in June of 2010.

Peer Recovery Support Specialist training is now occurring on the road. The first training outside of OKC was held in Tulsa in January.

There have been no awards for the Request for Proposal (RFP) through the Department of Central Services for Peer Run Drop in Centers. Another RFP is being developed to fund two drop in center sites beginning in the latter part of FFY10. The RFP is expected to be announced in June.

Core training is completed at the residential facilities participating in the transition project. The next step is to help consumers currently living in the residential facilities to transition to the community. Funding for these sites will continue through FY11.

A Decision Support Coordinator at Griffin and one at Central Oklahoma Community Mental Health Center (COCMHC) have been hired to begin the Common Ground program implementation at both sites. Common Ground is a program to help consumers become more self – directed in their care planning.

The Latino Project, Bienvenidoes, has been completed. Implementation of CultureVision, one of the recommended enhancements to the system from this project, is beginning within all ODMHSAS contracted provider agencies. Data will be collected during FY11 to determine staff usage and most frequently requested sites, and other information. ODMHSAS is reviewing other recommendations made during this project implementation to enhance service delivery for persons speaking Spanish as their primary language.

The Oklahoma City residential housing coordinator was successful in securing two additional housing units for persons with mental health and substance abuse issues in the OKC metro area. Feasibility of sustaining these positions in FY11 is being considered.

The final Level 1 training of trainers by NMCI is scheduled for April 5-8 at HRD Training Center in Shepherd Mall. There are slots available. Contact the Innovation Center Administrative Assistant, Cris Davis if you or your staff have an interest in attending.

The Oklahoma Aging Coalition worked with Aging Services Division to prioritize aging issues. Priorities selected are: affordable caregiver support, education for consumers on systems navigation, and mental health services. An Aging Services State Plan is being developed and mental health will be included as a priority area in the FY11 plan. The Aging Coalition will provide education to elderly individuals about the importance of good mental health during FY11.

The Mercy Project SBIRT will be presented at the Theta Tau International Nursing Research Congress, "Taking on Substance Abuse in the ER" by Dr. Gary Parker. SBIRT now has a toll free number, 1-877-SBIRTOK (1-877-724-7865). Oklahoma Motivational Interview National Trainers (MINT) are now trained in the SBIRT protocol and are available to train physicians and health educators interested in implementing the SBIRT protocol in their practice.

The Oklahoma State Department of Health Post Partum screening initiative is planned to be underway during calendar year 10. Staff training will begin at four health dept. location in the fall. The Post Partum Initiative at the OU Neonatal Intensive Care unit developed a screening protocol that is now approved as part of the routine protocol for nurses. The goal in FY11 is to educate other neonatal units on this protocol and to work with funders to develop policy to require post partum screening for mothers with children in the NICU.

The Science to Service research projects are coming to a close. Presentations are being scheduled for early summer. These will be the final presentations for this initiative.

The Infant & Early Child Initiative continues to provide outreach and consultation to physicians statewide and train practices on evidence based screening tools to screen for social emotional and developmental delays in young children. The tools will be available to primary care practices through calendar year 11.

The baseline data and initial follow up data from the evaluation of the Care Coordination project are being reviewed by the OU E-Team. Comparison and Treatment group composition are similar with regard to ethnicity, age, sex. Follow up interviews and data analysis will continue until December 2010, and a final report is expected in March 2011.

Clinical training of the behavioral workforce for Cognitive Behavioral therapy was completed in March, 2010. Supervision and consultation from Beck staff is now underway and will continue through December, 2010. A steering committee has been developed and is composed of the clinical staff being trained. The goal to sustain this initiative is for these trainers to be available to train non-licensed staff and provide supervision to licensed staff within their agencies and the service system.

Eight students are participating in internships within the Department of Corrections (DOC) as part of the DOC Workforce Initiative. The first training event was held in February, "Clinical Supervision Issues Within the Prison System". Fifty Five attended from DOC, ODMHSAS, and University students and faculty. A new website, Oklahoma Correctional Mental Health Workforce Development Project', www.okcmh.org, is now available. The purpose of OKCMH is to help prepare future behavioral healthcare workers who will provide services within Oklahoma's correctional settings, as well as to ex-offenders

released in the community. The project is a collaboration of various agencies, universities, and colleges in Oklahoma. The Correctional Crisis Response training continues with probation and parole and institutional staff. The CCRT trainers are scheduled to attend the National Crisis Intensive Team training conference in San Antonio next month. The DOC Peer Recovery Support Specialist training within the prison system is underway. NAMI staff provides training and help to identify potential Peer Recovery Specialist trainees within the prison system.

II. Review Minutes from Previous Meeting.Justin Jones, Chair

The chair recognized a quorum at 2:00 pm. The December, 2009 minutes were reviewed. There was an error noted on the date of the minutes and on the time recorded for Mr. Fogarty's arrival. Mr. Jones commented that it appeared that the minutes were from the last meeting, however, the date and other revisions needed to be made prior to approval. Minutes will be revised and reviewed at the next meeting for approval.

III. Budget Report.....Richard Bowden, ODMHSAS Finance Director
Mr. Bowden presented the budget report for period ending February 28, 2010. Mr. Shockley asked if the total in the last column was unobligated. Mr. Bowden explained that the amount in the available budget column was funding that would be carried over into fiscal year 11, with approval from SAMHSA.

Commissioner White commented that with SAMHSA's approval TSIG would fund projects for FY11 as long as possible. She also commented on the new transformation grant that is to improve service delivery rather than provide funding to create infrastructure change. ODMHSAS will be applying for this grant in one of the five areas prioritized by SAMHSA.

Motion was made by Ms. Lisa Smith to accept the budget as presented; second by Ms. Motley. The following voting action was recorded: *All in favor; none opposed. Motion carries. Budget Report is approved.*

V. Correctional Mental Health Re-entry Services, Utilizing Innovative Technology..... Donna Bond, ODMHSAS Coordinator of Correctional/Criminal Justice Program, Sean Couch, ODMHSAS Tele-health Director.

A real time demonstration of the Re-entry telehealth program was presented using a volunteer from Mabel Bassett Correctional Facility and ODMHSAS Discharge Planners Greg Palmer and April Summers.

VI. Post Partum Screening Project within the OU Neonatal Intensive Care Unit

(30 minute)Stephen Gillaspay, Ph.D., O.U., Department of Pediatrics

Presentation on NICU Postpartum Screening Project. Postpartum is a transitory phenomenon occurring in 50%-80% of new mothers. Symptoms include tearfulness, mood swings and fatigue, and present themselves within the first few days after giving birth.

In Oklahoma, one in four new mothers report symptoms of postpartum depression (PPD). Mothers of preterm infants experience PPD at higher rates than mothers who deliver full term.

Parents of NICU patients commonly experience high levels of stress, feelings of hopelessness, and lack of knowledge on how to parent, interact and care for their child during the NICU stay. Risk factors for mothers to develop post partum are; lack of social support, life stressors, strained marital relationships, unplanned or unwanted pregnancy, and lower socioeconomic status.

To date, the OU study has found that the mean score for trait anxiety was significantly higher than the published norms. The significant correlation of trait anxiety and stressors associated with the physical appearance of the infant and length of stay in the NICU support the tenet that postpartum psychological distress is related to the length of stay for infants in the NICU. This factor gives credence to helping mothers to treat post partum depression since this could result in less treatment days for the infant in the intensive care unit, saving dollars.

VII. **Evaluation Update**Carol McFarland, CPA, CGFM, Co-Chair, TSIG Evaluation Workgroup

Ms. McFarland explained that Dr. Wright was out of town, and asked the members of the GTAB to review the Evaluation Workgroup handouts and to direct their questions to either Ms. Frensley or Dr. Wright upon his return.

VIII. **Adjournment**.....Justin Jones, Chair

Motion was made by Ms. Lisa Smith to adjourn; second by Mr. Shockley. The following voting action was recorded: *All in favor; none opposed. Motion carries. Meeting adjourned at 3:17 p.m.*

**Next Meeting Scheduled for June 17, 2010 – 1:30 p.m.
Room 104 - State Capitol*

GTAB meetings for 2010 are held on the 3rd Thursday of each quarter: