

# Cross Cultural Learning Collaborative Training



**Thursday, February 21, 2013**

**OU - Tulsa Schusterman Center  
Learning Center/Founders Hall  
4502 E. 41<sup>st</sup> Street  
Tulsa, Oklahoma 74135**

*Presented by the Oklahoma Department of Mental Health and  
Substance Abuse Services, Tribal State Relations Workgroup.*

Oklahoma Department of Mental Health  
and Substance Abuse Services

## FEATURED SPEAKERS

### **Rockey Robbins, Ph.D.**



Rockey Robbins, Ph.D. (Cherokee/Choctaw) is an associate professor at the University of Oklahoma, where he teaches Multi-cultural counseling, Behavior disorders and Personality Assessment. He has published over 40 articles in Psychology and Education journals during his twelve year experience as a professor. His research areas include: re-norming psychological instruments for use with American Indians, means of coping for Indian students in boarding schools, needs of therapists who work with Indian clients and studies that focus on American Indian family resiliency. The area in which he is currently doing most of his research is in American Indian spirituality. He is currently working on articles related to traditional American Indian spirituality as it is related to psychological health, an American Indian spirituality development model and on Christian colonialization. He has also published five programs: Through the Diamond Threshold, Leadership Skills Building with Indian adolescents, an Indian Women's Identity group, Family Therapy with American Indians, and a Prevention Program for Cherokees. He has conducted hundreds of workshops and speaking engagements across the United States and Europe related to American Indian topics.

### **Mary Helen Deer, R.N.**



Mary Helen Deer, R.N. (Kiowa/Muscogee Creek) was educated as a registered nurse in Green Bay, Wisconsin. She was raised in a traditional home by her grandparents and learned early to walk in both worlds. Incorporating her traditional upbringing with the knowledge and skills she has gained as a health provider, health planner and administrator, and fund raiser, she has been an activist on the local and federal level to bring health care services up to the level enjoyed by the dominant society in which the American Indian people must live. Ms. Deer has testified before Congress on the behalf of urban Indian programs and Indian women to increase access to health care.

Her 55 year career has been varied with the past 35 years focused on provision of quality, comprehensive health care services to Indian people. Ms. Deer served as the Executive Director for two urban Indian out-patient clinics, including the Oklahoma City Indian Clinic from 1975 to 1990, and one residential treatment center. She has developed programs to increase types of services provided to the community and developed a billing system. During Ms. Deer's years at the Oklahoma City Indian clinic, she worked with Indian Health Service to change the status of the clinic from a non-profit urban clinic to a demonstration project as a Service Unit within the Oklahoma Area IHS. She also worked with the Oklahoma Congressional leaders to begin the process of funding and building a new clinic. Ms. Deer has worked for the Oklahoma State Department of Health as the Director of the Office of Primary Care (a DHHS, BPHC funded program) and assisted communities in recruiting primary care providers and developing health care facilities. She planned and implemented workshops for the Indian community and other communities to explain the newly developing managed care system in Oklahoma.

She is a health administrator, health planner, health educator and advocate for healthy Indian communities. As a health consultant to the tribes on health management and quality assurance issues, she has developed focus group protocols, conducted focus groups, written proposals and provided other resource development for tribes and urban programs. She has provided a variety of training sessions on HIV/AIDS, breast health, lupus, osteoporosis, outreach strategies, reduction of risk behavior for youth, community mobilization and development of coalitions, cultural sensitivity/competence and grant writing. Ms. Deer continues to advocate for healthy Indian communities.

## CONFERENCE OBJECTIVES

- Gain a better understanding of the Historical Trauma concepts and its impact on the mental wellness of American Indian populations.
- Gain a better understanding of how to work effectively with American Indian populations
- Meet points of contact and supportive partners for Tribal Nation resources.

## WHO SHOULD ATTEND

The Cross Cultural Learning Collaborative Training will appeal to anyone working in the areas of prevention, recovery, and overall wellness, including behavioral health service providers, healthcare workers, child welfare workers, and criminal justice representatives.

## DATE, LOCATION and TIME

The conference will be held Thursday, *February 21, 2013*, at the OU – Tulsa Schusterman Center, 4502 E. 41<sup>st</sup> Street, Tulsa, Oklahoma 74135 from 9 a.m. to 4:30 p.m.

## LODGING

The Hilton Garden Inn Tulsa Midtown will offer training attendees a nightly rate of \$99 plus tax (rate to include breakfast) and a state rate of \$77 nightly. Please contact the hotel directly and make your reservation. Be sure to mention you are participating in the “Cross Cultural Learning Collaborative” Training. Call 918-878-7777 to make reservations or book online at [www.tulsamidtown.hgi.com](http://www.tulsamidtown.hgi.com)

## REGISTRATION and FEES

Please submit your registration as soon as possible. The rate of the training is \$25. On-site registrations are not guaranteed as space is limited to the first two hundred and fifty (250) registrants. Checks and purchase orders should be made payable to: **ODMHSAS**.

**By Mail:** Mail the registration form to: ODMHSAS, 2401 NW 23rd St., Suite 1F, Oklahoma City, OK 73107.

**By Fax:** Faxed registrations are accepted at (405) 522-8320.

**Cancellation Policy:** The registration fee will be returned only if notice of cancellation is provided in writing and postmarked no later than February 8, 2013. For more information, contact ODMHSAS at (405) 522-8300.

## CONTINUING EDUCATION:

The Oklahoma Department of Mental Health and Substance Abuse Services, Institute for Mental Health and Substance Abuse Education and Training has approved a maximum of 5.50 credit hours through the Oklahoma State Board of Licensed Social Workers, the Oklahoma Board of Examiners of Psychologists, the Oklahoma Board of Licensed Alcohol and Drug Counselors, the Licensed Professional Counselors Committee, the Licensed Marital and Family Therapist Committee, Certified Prevention Specialists and the Council on Law Enforcement Education and Training. Continuing education hours are also approved for Certified Behavioral Health Case Managers and credentialed Peer Recovery Support Specialists.

Please check in at the registration desk upon your arrival to verify your attendance. Continuing education credit is not provided without verification. At the completion of the conference, participants will receive a certificate of attendance from the ODMHSAS Institute for Mental Health and Substance Abuse Education and Training.

## SPECIAL ACCOMMODATIONS

Sign language interpreters or assistive listening devices are available by request. These or other requests for special accommodations should be indicated on the registration form. Training organizers will contact you for specifics. Please register as early as possible if special accommodations are needed.

Oklahoma Department of Mental Health  
and Substance Abuse Services

## Cross Cultural Learning Collaborative Agenda

- 8:30 – 9:00 am **Check-in & Final Registration**
- 9:00 – 9:45 am **Introductions and Opening Ceremony**  
Lucinda Myers, Tribal Liaison  
ODMHSAS  
*Opening Ceremony presented by the Tulsa Indian Health Care Resource Center,  
Native Nations Youth Council Drum Group*
- Welcome Address**  
ODMHSAS Leadership (TBD)
- 10:00 – 12:00 pm **Session A1**  
**Historical Trauma and the Impact on Mental Wellness of American Indian Populations.**  
Rockey Robbins, Ph.D.  
*University of Oklahoma, Educational Psychology Department*
- Session Objectives:  
1. Understand intergenerational trauma;  
2. American Indian spirituality as it is related to psychological health;  
3. Build awareness of the needs of Indian Clients based on case studies focus on American Indian family resiliency;
- 10:00 – 12:00 pm **Session A2**  
**Cultural Awareness**  
Mary Helen Deer, R.N.  
*Health Advocate for Healthy Indian Communities*
- Session Objectives:  
1. Understand intergenerational trauma;  
2. Overview of the history of Oklahoma tribal nations  
3. Improve communication and working effectively with tribal populations.
- 12:00 – 1:00 pm **Networking Luncheon**
- 1:00 – 2:30 pm **Service Area Tribal Panel**  
A panel of tribal members representing tribes from the northeast region of Oklahoma will provide a brief overview of their tribal history (past and present) and will discuss barriers in serving tribal communities that exist today and provide ways service providers can help address barriers.
- 2:30 – 2:45 pm **Afternoon Break**
- 2:45 – 4:15 pm **Service Area Tribal Panel (Continued)**
- 4:15 – 4:30 pm **Wrap-up**

# REGISTRATION

## PLEASE MAIL OR FAX TO:

Human Resources Development Division  
Institute for Mental Health and Substance Abuse Education & Training  
2401 NW 23rd Street, Suite 1F, Oklahoma City, OK 73107  
Fax (405) 522-8320

Name: \_\_\_\_\_

Home Phone Number: \_\_\_\_\_

Occupation or Job Title: \_\_\_\_\_

Place of Employment: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, ZIP: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

\*\*Note: If an e-mail address is included, a confirmation that your registration has been received will be e-mailed to you.

I require special accommodations as follows: \_\_\_\_\_

## PAYMENT

Please enclose registration payment. If paying by purchase order (PO), please mail or fax a copy of the purchase order with the name of the attendee(s) included on the PO. If paying by check or money order please make payable to ODMHSAS. Please check all boxes that apply. **No Cash Please.**

### FORM OF PAYMENT

### REGULAR RATE

Check or Money Order  \$25

Purchase Order # \_\_\_\_\_  \$25

Credit Card (circle one):  \$25

Visa            MasterCard

Card Number: \_\_\_\_\_ Exp. Date: \_\_\_\_/\_\_\_\_

Authorization Signature: \_\_\_\_\_

### CONCURRENT SEMINAR PREFERENCE

Please check the box next to the morning workshop you would like to attend. Only one workshop should be entered.

Session A1           **Historical Trauma and the Impact on Mental Wellness of American Indian**

**Populations:**

Session A2           **Cultural Awareness**

### CONTINUING EDUCATION CREDIT REQUESTED

CME                    LPC                    MSW                    Case Management

Psychologist        LMFT                LCSW                P-RSS

CLEET                CADC                CPS                  Under Supervision

LBP                    LADC                Other \_\_\_\_\_

For questions or information, please contact Lucinda Myers at [lm Myers@odmhsas.org](mailto:lm Myers@odmhsas.org) (405) 522-6810.