

Evidence-Based Practices: Results of the Licensed Professionals Survey (based on 573 Licensed Professionals surveyed in December of 2009)

Demographics of Oklahoma's Current Active Behavioral Healthcare Workforce

- 32.7% are between the age of 55 and 64
- 68.9% are over the age of 45
- 91.4% are Caucasian
- 72.3% are Female
- 38.4% began working in the field in some capacity over 20 years ago
- 70.7% began working in the field in some capacity over 11 years ago
- The average years of service was 18.3

Top Five Evidence-Based Practices Rated Most Familiar

- Cognitive Behavioral Therapy: 93.8%
- Trauma-Focused Cognitive Behavioral Therapy: 65.3%
- Reality Therapy: 61.7%
- Rational Emotive Therapy: 56.7%
- Medication Management: 52.6%

Top Five Evidence-Based Practices Rated Least Familiar

- Incredible Years: 66.3%
- NIATx: 66.3%
- Children First: 61.5%
- Sanctuary: 57.2%
- Multidimensional Treatment Foster Care: 57.2%

Top Five Evidence-Based Practice Rated Most Used

- Cognitive Behavioral Therapy: 81.4%
- Trauma-Focused Cognitive Behavioral Therapy: 35.8%
- Medication Management: 31.6%
- Integrated Treatment for Mental Health and Substance Use: 29.2%
- Motivational Interviewing: 27.2%

Top Five Evidenced-Based Practices Rated Least Used

- Program of Assertive Community Treatment: 48.5%
- Supportive Employment: 44.9%
- Children First: 43.9%
- Multidimensional Treatment Foster Care: 42.9%
- Dialectical Behavioral Therapy: 41.2%

Top Five Training Requests

- Trauma-Focused CBT: 44.8%
- Brief Strategic Family Therapy: 40.6%
- Dialectic Behavioral Therapy: 39.9%
- Motivational Interviewing: 39.6%
- Functional Family Therapy: 39.6%

Top Five Training Style Preferences

- Out-Of-Office Training/Seminar/Workshops: 78.4%
- On-Site Training/Seminar/Workshops/In-Services: 58.9%
- Web-Based Information & Training (Webinar): 42.0%
- Case Studies: 40.8%
- Training Videos: 37.6%