



2010 Children's Behavioral Health Conference

Reclaiming Lives...Claiming Futures

Oklahoma Department of Mental Health and Substance Abuse Services

Registration is open for the  
17<sup>th</sup> Annual Children's Behavioral Health Conference.  
The deadline for early conference registration is April 21.

Go to <http://ok.gov/odmhsas/> and click on  
*ODMHSAS Sponsored Trainings and Events*  
to view the conference brochure and registration packet.

***"Living our lives as Sacred, Meaningful & Purposeful"***

**Cortney Yarholar, MSW**

**Cortney Yarholar, MSW** is an enrolled member of the Sac & Fox Nation of Oklahoma as well as descendent of the Creek, Pawnee and Otoe Tribes. He is a mental health professional specializing in Children, Youth and Family services and multiple community health development projects. He has a particular interest in decreasing suicide among youth and eliminating behavioral health disparities among tribal communities. He recognizes the unique resiliency within each tribal community that has empowered American Indian people to endure generations of historical trauma. He further helps individuals to recognize and bring to surface their personal resiliency to initiate a strengths-based position to empower youth and family together.



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**Wednesday, April 28: Pre-Conference Institute from 9:00 am – 4:30 pm**

**Ceremonial Life Concept: Living our lives as Sacred, Meaningful & Purposeful**

The Ceremonial Life empowerment training will introduce a framework that explores the protocol of ceremonial practices and helps us reframe our lives in such a way that we can be cognizant of the *Meaning, Purpose & Sacredness* of our lives. Learning the ceremonial life's simple reframing techniques will help you process the meaning, purpose and sacredness of your life in everything you do and everyone you interact with. In turn, this will facilitate your finding meaning, purpose, sacredness, and ultimately accessing the innate wisdom of your human spirit.

For more information, contact

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