

Consumer Leadership Academy

Consumer, Family and Youth Leadership Academies

Consumer, Family and Youth Leadership Academies were available to Oklahomans from December 2008 - June 2010. The Innovation Center, hosted by the Oklahoma Department of Mental Health and Substance Abuse Services, announced a funding opportunity in the Fall of FY09 to solicit advocacy groups to provide the training. Three advocacy agencies were awarded funding to conduct leadership training within a 15 county area in Oklahoma. The National Alliance for Mental Illness, Evolution Foundation/Federation for Families, and People Incorporated responded to the request and provided training from January of 2009 - June 2010 in the following counties: Carter, Oklahoma, Payne, Tulsa, Washington, Adair, Cherokee, McIntosh, Muskogee, Sequoyah, Choctaw, Comanche, Custer, Okfuskee, and Texas. There were 405 individuals who participated in the training.

10.1% of all consumers participating in the Consumer Leadership Academy returned a survey.

Age:

- *7.3% of respondents were youth*
- *92.7% of respondents were adults*

More Confidence in Leadership Skills:

- *90.2% of respondents felt more confident in their leadership skills after participating in this course*

Member of a Board or Public Forum Prior to Training:

- *51.3% of all respondents were on a board or other public forum prior to this training*
 - *84.6% of these respondents indicated that skills learned through this training were able to be applied to their roles on these boards/forums*

Joined a Board or Public Forum Since Taking This Training:

- *17.5% of all respondents indicated they had joined a board or public forum after attending this training*
 - *58.3% of these respondents indicated that skills learned through this training were able to be applied to their new role as a board/forum member*

Ability to Apply Skills Learned to Life Experiences:

- *92.5% of all respondents indicated that they were able to integrate the skills learned through this training in everyday life experiences*

Address all Information Needed to Advocate in Your Community:

- *92.5% of all respondents indicated receiving all of the information needed to advocate in their community.*

Recommend This Training to Others:

- *95.1% of all respondents indicated they would recommend this training to other people*

Trainer Rating:

- *97.8% of all respondents indicated the trainer's knowledge of the subject was Good or Excellent*
- *94.8% of all respondents indicated the presentation style was Good or Excellent*
- *97.4% of all respondents indicated the trainers were well prepared*

Session Ranking from Most to Least Valuable

- 1. Orientation to Leadership*
- 2. Meeting Basics*
- 3. Consumer and Family Involvement in Advocacy*
- 4. Consumer and Family Voice*
- 5. Understanding Financial Data*
- 6. Telling Your Story*

Additional Comments About The Training

- *I really enjoyed the training because it helps to hear others and their views on life. We learn from others and their beliefs. We need more training in different areas and from people that have compassion for people, like the trainer that presented this training section. Thank you.*
- *This was useful and helped me to view the process of trying to reach an audience. I now know that when trying to reach people you have to be able to find a way to connect with them. Through a connection one can better their own goal of being heard and understood by those who are supposed to be listening.*
- *It was kind of hard to understand. I got confused a lot, but other than that it was really good.*
- *The information and education I received at this workshop has played a major role in my decision making skills and goal setting and attaining abilities.*
- *Honestly, it has been a while since the training, and it was very fast. I don't remember a lot. I did get the idea from the class to major in criminal justice and be on the helping end. I would like to help people somehow with preventative mental health treatment to keep them out of jail. Maybe lobby some day for state funding.*
- *I don't think telling my story thing was helpful to me, I still can't tell my story. But I am thinking about what other people are going through before thinking their bad parents or something else.*