

A Cross Cultural Learning Collaborative with the Oklahoma Tribal State Relations Workgroup and the Oklahoma Department of Mental Health and Substance Abuse Services and the **Chickasaw Nation** presents...

## **Integrating Chickasaw Cultural Aspects into Mental Health & Addiction Services**

Date: May 6, 2011 Time: 8:30-4:30

Location: Chickasaw Cultural Center,  
867 Charles F Cooper Memorial Rd., Sulphur, OK 73086

### **REGISTRATION REQUIRED AT**

[http://www.ok.gov/triton/modules/calendar/calendar.php?calendar\\_seq=50](http://www.ok.gov/triton/modules/calendar/calendar.php?calendar_seq=50)

No registration fee

#### **Description**

Facilitating a culturally appropriate dialogue about Chickasaw traditional healing in a modern setting, this one-day training will introduce concepts of historical trauma and its impact on the mental wellness of American Indian populations. Participants will also explore and learn Chickasaw processes and outcomes of traditional approaches in combination with western mental health practices to the provision of care for American Indian populations.

#### **Target Audience**

Mental Health and Substance Abuse providers who want to learn more about how to integrate American Indian cultural aspects into their practice.

#### **Outcomes**

- Gain a better understanding of the Historical Trauma concept and its impact on the mental wellness of American Indian populations
- Gain a better understanding of Chickasaw cultural strengths & opportunities to integrate cultural aspects into mental health practice.
- Meet local supports to make points of contact for specific Tribal resources.
- There will be a required pre-requisite webinar prior to attending the training. This information about the webinar will be emailed to the people who register as soon as it is available.

#### **Continuing Education Credits**

The Oklahoma Department of Mental Health and Substance Abuse Services, Institute for Mental Health and Substance Abuse Education and Training has approved a maximum of five and three-quarter (5.75) credit hours through the Oklahoma State Board of Licensed Social Workers, the Oklahoma Board of Examiners of Psychologists, the Licensed Marital and Family Therapist Committee, the Oklahoma Board of Licensed Alcohol and Drug Counselors, and the Licensed Professional Counselors Committee

## Agenda

### **Morning session**

8:30-9:00 Registration

9:00-10:00 Weaving Connections: Understanding Historical Trauma

10:00-11:30 Soul Wound: Historical Trauma and generational healing.

11:30 -12:30 Lunch

### **Afternoon Session**

Chickasaw: *Culture and Resources*

1:00-2:30

- Chickasaw Tribal History
- Language
- Family Structure & Kinship

2:30 Break

2:40 -4:30

- Traditional Healing/Holistic Health Approach
  - Fasting, Sacrifice Prayer
  - Dynamics of Spirituality & Prayer
- Stomp Dance/Social Dance
- Renewal Activities/Events
- Community Resources
  - Names & numbers of people who are willing to provide technical assistance to participants' future exploration of integrating Chickasaw cultural strengths.

### ***Presenter Information***

#### **Randi L. Sunray**

Randi L. Sunray serves as the Associate Director of Chokka' Kilimpi'. Her career has been based on promoting health and wellness amongst Indian people and this continues to be what motivates her as a health professional. She has a bachelor's degree in health and sport sciences and a master's degree in public health both from the University of Oklahoma. She was honorably discharged with a rank of sergeant after serving eight years in the Army Reserve, which included active duty during Operation Enduring Freedom. She played for the Oklahoma City Wildcats, Women's Professional Football in 2001-2002 as a wide receiver and backup quarterback. Her cultural involvement includes gourd dancing, serving as head staff at various powwows, and attending other cultural events. She and her husband Cedric have three children plus one on the way; their daughter Niigan (Leader) and their sons, Tdohasan (Little Mountain) and Kowi (Panther).

#### **Glenda A. Galvan**

Mrs. Glenda A. Galvan is Chickasaw by blood and has worked the past twenty-five years for her tribe. And is presently the manager for the Chickasaw White House. Glenda has served on numerous museum boards including Oklahoma Museums Association, Mountain-Plains

Museums Association, Smithsonian Institution, Sam Noble Museum of Natural History and others. She was born into the Fox Clan of the Chickasaw and is the clan storyteller for her clan. Her family name, Ayakatubby means "to go down and kill" in the Chickasaw language---they were hunters. Glenda has been published by such organizations as The Smithsonian Institution, National Park Service and Chelsea House Publishers. She often travels the country sharing her culture and traditional southeastern stories. She received most of her education in Kansas and at the University of Oklahoma earning a B.A. in education. She was the first curator for the tribal museums caring for the tribal collections and was the first repatriation representative for the tribe. Glenda has been married for 26 years, has two sons and two grandchildren.

**Cortney Yarholar, LMSW**

Cortney is a Mental Health Professional specializing in Children Youth and Family services and multiple community health development projects. He has a particular interest in decreasing suicide among youth and eliminating behavioral health disparities among tribal communities. In 2003 he attained his B.A from the University of Oklahoma, majoring in Native American Studies. In 2006 he attained his Masters in Social Work from Washington University in St. Louis, MO. He currently works with the State of Oklahoma's Department of Mental Health & Substance Abuse Services as the tribal state liaison and Coordinator for the Advancement of Cultural Competency. In 2008 he completed the National Multi Cultural Institute, cultural competency instructor training. Since then he strives to help organizations be more culturally responsive, responsible and competent for the people they serve.