

Attachment Disorders: Three Case Studies Message of Hope

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Some of my basic beliefs as a clinician

- Sitting on the other side of the couch.
- Therapist Responsibility

What makes a good clinician versus a poor or mediocre clinician

- Empathy
- Affective versus Cognitive

Case # 1

- White Adult Male
- Education
- Career Status
- Relationship/Marital History
- Mental Health Diagnosis
- Recovery Process
- Treatment History
- Childhood Abuse and Neglect Experience
- Core Belief System

Case # 2

- White Adult Male
- Education
- Career Status
- Relationship/Marital History
- Family History
- Behavioral Health Treatment

Case # 3

- White female
- Age
- Family History
- Early Childhood Experience

What do these three have in common.

- All are very talented, creative and sensitive.
- All had early neglect and or abandonment.
- All are successful
- All have had to struggle with life and life has been difficult.
- All have persevered and have overcome and been helpful to others.

Still Face Experiment



What we know.

- Dr. Bruce Perry's work.
- Brain development in infancy and the stress response.
- How experiences shape the brain.
- PTSD and brain change.
- Nurturing vs Critical Parenting.
- Safety and Security are primary.
- Dr. Perry's Neurosequential Treatment Model
- Treatment aimed at age in which deprivation was suffered.

Dr. Patrick Carnes Work.

- Addiction Interaction Disorders.
- Trauma and Compulsive Behaviors
- Betrayal Bond
- Core Beliefs of Sex Addict.
- Shame as a bases for compulsive behaviors.