RECOVERY ORIENTED SYSTEMS OF CARE
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KING GUSTAV ADOLPH II of SWEDEN

One of the greatest military leaders of all time
SWEDEN & POLAND AT WAR
17\textsuperscript{TH} CENTURY NAVAL WARFARE
KING GUSTAV ADOLPH II of SWEDEN

Increase the size of the Royal Swedish Navy
17th Century Naval Gunship
Johan Isbrandson
SHIP YARD

- Build four ships in four years
  - Two smaller at 108 feet
  - Two larger at 135 feet
Work proceeds and timbers cut for three ships, the two small and one of the large ships
10 SWEDISH WARSHIPS LOST
Shorten the time of production
CHAIN OF COMMUNICATION

King Gustav

Henrik & Arend

Johan
BUILDING PLANS
THREE TIER GUN PORT Genoa
CANNON
TWO TIER
KING GUSTAV ADOLPH II of SWEDEN

Change the specifications of the Vasa to a two tier design
VASA 108 to 111 feet
SHIP RIGHTS
CHAIN OF COMMUNICATION

King Gustav

Henrik & Arend

Johan
CANNON
KING GUSTAV ADOLPH II of SWEDEN

Change the specifications of increase the number of cannon
VASA 111 to 135 feet
SHIPS HULL
King Gustav really liked cannons

- **FORTY-EIGHT**
  - **24**
  - **POUND GUNS**
    - **TWENTY-FOUR ON EACH DECK**

(Originally forty, 12 pound guns)
BUILDING PLANS
VASA
VASA
VASA
RIGGING
Henrik Hybersson becomes ill in 1626 and dies in 1627
Hein Jacobsson
CHAIN OF COMMUNICATION

King Gustav

Henrik & Arend

Hein

Johan
SHIP BUILDING
At the time of Henriks death
400 people were working on
the hull,
the carvings,
the rigging,
the armaments,
the ballast.
CHAIN OF COMMUNICATION

King Gustav

Henrik & Arend

Hein

Johan
STABILITY TEST
SAILORS
CUT AWAY VIEW
VASA
MAIDEN VOYAGE OF THE VASA
MAIDEN VOYAGE OF THE VASA

AUGUST 10, 1628

- 1300 meters
  - 4265 feet, 1&7/64 inches

- 8 knot wind
  - 9 miles per hour
SINKING OF THE VASA
MAIDEN VOYAGE OF THE VASA

AUGUST 10, 1628

• Fifty-three lives lost

• Newest and most expensive ship ever built
  lost
MISTAKES

It Could Be that the Purpose of Your Life Is Only to Serve as a Warning to Others.
RECOVERY ORIENTED SYSTEMS OF CARE
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ELEMENTS OF A
RECOVERY ORIENTED SYSTEM OF CARE

- Person-centered
RECOVERY ORIENTED SYSTEMS OF CARE

ELEMENTS OF A RECOVERY ORIENTED SYSTEM OF CARE

- Person-centered
- Individualized & comprehensive services across lifespan
RECOVERY ORIENTED SYSTEMS OF CARE

ELEMENTS OF A RECOVERY ORIENTED SYSTEM OF CARE

- Person-centered
- Individualized & comprehensive services across lifespan
- Responsiveness to personal belief systems
RECOVERY ORIENTED SYSTEMS OF CARE

ELEMENTS OF A RECOVERY ORIENTED SYSTEM OF CARE

- Person-centered
- Individualized & comprehensive services across lifespan
- Responsiveness to personal belief systems
- Partnership-consultant relationships
ELEMENTS OF A RECOVERY ORIENTED SYSTEM OF CARE

- Family and other ally involvement
RECOVERY ORIENTED SYSTEMS OF CARE

ELEMENTS OF A RECOVERY ORIENTED SYSTEM OF CARE

- Family and other ally involvement
- Commitment to peer recovery support services
ELEMENTS OF A
RECOVERY ORIENTED SYSTEM OF CARE

- Family and other ally involvement
- Commitment to peer recovery support services
- Inclusion of the voices and experiences of recovering individuals & their families
RECOVERY ORIENTED SYSTEMS OF CARE

ELEMENTS OF A RECOVERY ORIENTED SYSTEM OF CARE

- Family and other ally involvement
- Commitment to peer recovery support services
- Inclusion of the voices and experiences of recovering individuals & their families
- Integrated services
ELEMENTS OF A RECOVERY ORIENTED SYSTEM OF CARE

- Systems anchored in the community
ELEMENTS OF A RECOVERY ORIENTED SYSTEM OF CARE

- Systems anchored in the community
- Continuity of care
RECOVERY ORIENTED SYSTEMS OF CARE

ELEMENTS OF A RECOVERY ORIENTED SYSTEM OF CARE

- Systems anchored in the community
- Continuity of care
- System wide education and training
ELEMENTS OF A RECOVERY ORIENTED SYSTEM OF CARE

- Systems anchored in the community
- Continuity of care
- System wide education and training
- Strength-based
ELEMENTS OF A RECOVERY ORIENTED SYSTEM OF CARE

- Systems anchored in the community
- Continuity of care
- System wide education and training
- Strength-based
- Culturally responsive
ELEMENTS OF A RECOVERY ORIENTED SYSTEM OF CARE

- Ongoing monitoring and outreach
ELEMENTS OF A RECOVERY ORIENTED SYSTEM OF CARE

- Ongoing monitoring and outreach
- Outcomes driven
RECOVERY ORIENTED SYSTEMS OF CARE

ELEMENTS OF A RECOVERY ORIENTED SYSTEM OF CARE

- Ongoing monitoring and outreach
- Outcomes driven
- Research based
RECOVERY ORIENTED SYSTEMS OF CARE

ELEMENTS OF A
RECOVERY ORIENTED SYSTEM OF CARE

- Ongoing monitoring and outreach
- Outcomes driven
- Research based
- Adequately and flexibly financed
There are many pathways to recovery
There are many pathways to recovery
Recovery is self-directed and empowering
There are many pathways to recovery
Recovery is self-directed and empowering
Recovery involves a personal recognition of the need for change & transformation
There are many pathways to recovery. Recovery is self-directed and empowering. Recovery involves a personal recognition of the need for change & transformation. Recovery exists on a continuum of improved health & wellness.
Recovery emerges from hope & gratitude
PATHWAYS TO RECOVERY

- Recovery emerges from hope & gratitude
- Recovery involves a process of healing and self-redefinition
Recovery emerges from hope & gratitude
Recovery involves a process of healing and self-redefinition
Recovery has cultural dimensions
Recovery emerges from hope & gratitude
Recovery involves a process of healing and self-redefinition
Recovery has cultural dimensions
Recovery is supported by peers and allies
Recovery involves (re)joining and (re)building a life in the community.
Recovery involves (re)joining and (re)building a life in the community

Recovery involves addressing discrimination and transcending shame and stigma
PATHWAYS TO RECOVERY

- Recovery involves (re)joining and (re)building a life in the community
- Recovery involves addressing discrimination and transcending shame and stigma
- Recovery is holistic
Recovery involves (re)joining and (re)building a life in the community
Recovery involves addressing discrimination and transcending shame and stigma
Recovery is holistic
Recovery is reality
A model maximizing the efficiency of limited resources is required.
We must develop a model that addresses the entire continuum of care in the treatment of substance use disorders.
We must create a true System of Care
PROCESS FOR ASSESSING SYSTEM READINESS
**RECOVERY ORIENTED SYSTEMS OF CARE**

**Recovery Management (RM)**
Recovery Management engages individuals with chronic substance use conditions and assists the person in managing efforts to achieve long-term recovery.

**Activities:** Establish assertive engagement processes; conduct strength-based assessments; provide recovery-focused and person-centered treatment/recovery support services; train clients on self-care; provide post-treatment check-ups; use community resources to support sustained recovery

**Recovery-Oriented Systems of Care (ROSC)**
ROSC encompass the general population, at-risk populations, harmful users of alcohol and drugs, those with dependence, and those with chronic dependence.

**Functions:** Inform, educate and empower individuals and communities; provide prevention, early intervention, treatment and recovery services; recommend/implement policy and practice changes; mobilize community partnerships; evaluate services for ongoing systems improvement
Examples of Recovery Oriented Systems of Care Services

Prevention
Intervention
Treatment
Post Treatment
Examples of Recovery Oriented Systems of Care Prevention
~ Early screening
~ Stigma reduction
~ Including intervention services in the continuum of care
Examples of Recovery Oriented Systems of Care Intervention

~ Screening
~ Early intervention
~ Recovery support services
~ Pre-treatment
~ Outreach
Examples of Recovery Oriented Systems of Care Treatment

~ Recovery support services
~ Interventions to the family system
~ Offering a full treatment continuum
~ Supportive therapies and services
Examples of Recovery Oriented Systems of Care
Post Treatment

~ Continuing care
~ Recovery support services
~ Ongoing check-ups
~ Promotion of self care
Examples of Recovery Oriented Systems of Care

Prevention
Intervention
Treatment
Post Treatment
DEVELOPING THE SYSTEM
RECOVERY ORIENTED SYSTEMS OF CARE

I
IDENTIFY A CONCEPTUAL FRAMEWORK
II

CONDUCT A NEEDS ASSESSMENT
III
PLAN STRATEGICALLY
IV
BUILD CAPACITY
RECOVERY ORIENTED SYSTEMS OF CARE

V

IMPLEMENT
RECOVERY ORIENTED SYSTEMS OF CARE

VI
EVALUATE
RECOVERY ORIENTED SYSTEMS OF CARE

VII

REPEAT
The existing service array needs to be identified.
Areas where referral and linkage exist must be strengthened and built upon.
Areas where gaps exist need to be identified and corrected.
Everyone must participate.
RECOVERY ORIENTED SYSTEMS OF CARE

AREAS OF FOCUS
RECOVERY ORIENTED SYSTEMS OF CARE

Residential

Intensive Outpatient Tx

Outpatient

Education

Withdrawal Maintenance

Transitional Living

Opioid Treatment Programs

Wrap Around Services
RECOVERY ORIENTED SYSTEMS OF CARE

ASAM CRITERIA
RECOVERY ORIENTED SYSTEMS OF CARE

DSM

5
RECOVERY ORIENTED SYSTEMS OF CARE

COMPRESIVE
COMMUNITY
ADDITION
RECOVERY
CENTERS
A BASE OF NINETY TO ONE-HUNDRED TWENTY DAYS TREATMENT INVOLVEMENT FOR SUBSTANCE USE DISORDERS IS CRITICAL.
ESTABLISHING MORE HOUSING IS CRITICAL
WE NEED TO WORK TO DOUBLE THE NUMBERS OF CONSUMERS RECEIVING EFFECTIVE TREATMENT IN OUR SYSTEM
“A Recovery Oriented System of Care is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resiliencies of individuals, families, and communities to achieve abstinence and improved health, wellness, and quality of life for those with or at risk of alcohol and drug problems.”

SAMHSA 2010
A Recovery Oriented System of Care is a relatively new concept for the substance use disorder treatment field.
The Recovery Oriented System of Care model is evolving, adapting to the changes in the current health care delivery system.
The central focus of a Recovery Oriented System of Care is to create an infrastructure or “system of care” with the resources to effectively address the full range of substance use problems within communities.
The specialty substance use disorder field provides the full continuum of care (prevention, early intervention, treatment, continuing care and recovery) in partnership with other disciplines, such as mental health and primary care, in a Recovery Oriented System of Care.
A ROSC encompasses a complete menu of individualized, person-centered, and strength-based services within a self-defined network.
By design, a Recovery Oriented System of Care provides individuals and families with more options with which to make informed decisions regarding their care.
Services are designed to be accessible, welcoming, and easy to navigate.
A fundamental value of a Recovery Oriented System of Care is the involvement of people in recovery, their families, and the community to continually improve access to and quality of services.
A Recovery Oriented System of Care is a public health model that provides support through offering prevention, screening, early intervention, treatment, and recovery, integrated within the primary health care system.
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