



2010 Children's Behavioral Health Conference

Reclaiming Lives...Claiming Futures

Oklahoma Department of Mental Health and Substance Abuse Services

April 28-30, 2010

Embassy Suites Norman
Hotel & Conference Center
Norman, Oklahoma



Conference Site

Embassy Suites Norman
Hotel & Conference Center
2501 Conference Drive
Norman, OK 73069
Tel: (405) 364-8040

www.embassysuitesnorman.com

The hotel room rate is \$124/night for a king room or double/double occupancy room (plus tax). Participants must make their own lodging reservations. For reservations, call the hotel directly at (405) 364-8040 or toll free at 1-800-EMBASSY. Ask for the special group rate for the 2010 Children's Behavioral Health Conference.

From the North: Take Interstate 35 South to Norman. Exit at Tecumseh Road and turn left. Turn right onto 24th Avenue NW and then turn left on Conference Drive.

From the South: Take Interstate 35 North. Exit at Robinson and turn left. Turn left onto 24th Avenue NW and then turn right on Conference Drive.

Who Should Attend

Those who wish to enhance their ability to work with and promote healthy children, youth, and families.

Registration and Fees

Please submit your registration by April 21, 2010. The cost for the 3-day conference is \$225 or \$75 per day if registration is postmarked on or before April 21st. Fees for registration after April 21st or on-site registrations are \$375 for the 3-day conference or \$125 per day. Please indicate on the registration form the days you will attend the conference. Checks and purchase orders should be made payable to: **ODMHSAS, FEI #76-6017987.**

By Mail: Mail the registration form to: ODMHSAS, 2401 NW 23rd St., Suite 1F, Oklahoma City, OK 73107.

By Fax: Faxed registrations are accepted at (405) 522-8320.

Cancellation Policy: The registration fee will be returned only if notice of cancellation is provided in writing and postmarked no later than April 23, 2010. For more information, contact ODMHSAS at (405) 522-8300.

Scholarships

Conference sponsors offer a limited number of scholarships to professionals, consumers, family members and students. Professionals must provide at least two hours of work assistance to conference staff before or during the conference to be eligible for the scholarship. For more details about scholarships, please call Darlene Brickly at (405) 522-4151 or by email at dbrickly@odmhsas.org.

Family Friendly

Family friendly workshops are indicated by the  symbol.

Exhibitors

Do you want others to know about your organization? An exhibit at the 2010 Children's Behavioral Health Conference will introduce your organization to professionals, family members, and consumers from Oklahoma and surrounding states. For more information about becoming an exhibitor, contact Candice Sparks, ODMHSAS/HRD at (405) 522-0095 or email csparks@odmhsas.org to request information.

Special Accommodations

Sign language interpreters or assistive listening devices are available, if needed. These or other requests for special accommodations should be indicated on the registration form. Conference organizers will contact you for specific details. Please register as early as possible if special accommodations are needed.

Continuing Education

The Institute for Mental Health and Substance Abuse Education and Training is accredited by the Oklahoma State Medical Association to provide continuing medical education for physicians.

The Institute for Mental Health and Substance Abuse Education and Training designates this educational activity for a maximum of 17.50 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Seventeen and one-half (17.50) continuing education credit hours have been approved through the Oklahoma State Board of Licensed Social Workers, the Oklahoma Board of Examiners of Psychologists, the Oklahoma Board of Licensed Alcohol and Drug Counselors, the Licensed Professional Counselors Committee, the Licensed Marital and Family Therapist Committee, and the Council on Law Enforcement Education and Training.

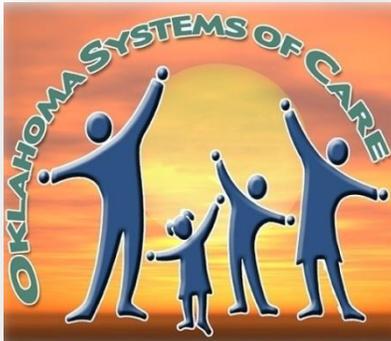
All sessions receive the CEUs listed above. Some workshops are also approved for special categories of credit. These workshops are referenced by the following symbols.

- | | |
|-----------------------|----------------------------------|
| ① Ethics | ③ LPC Supervision |
| ② ODMHSAS Supervisory | ④ Strength Based Case Management |

Please check in at the registration desk upon your arrival to verify your attendance. Continuing education credit is not provided without verification. At the completion of the conference, all participants will receive a certificate of attendance from the ODMHSAS Institute for Mental Health and Substance Abuse Education and Training. For more information, call Human Resources Development at (405) 522-8300.



Conference Sponsors



OKLAHOMA DEPARTMENT OF HUMAN SERVICES



Red Rock Behavioral Health Services

Featured Speakers

Steven Malcolm Berg-Smith, MS

For over 22 years, Steven Malcolm Berg-Smith has worked as a health educator, behavior change counselor, drug and alcohol prevention specialist, and researcher. He currently has a private practice in San Francisco as a trainer, consultant, mentor, and health counselor.

A member of the International Motivational Interviewing Network of Trainers since 1994, Steven has conducted over 300 workshops throughout the U.S. and internationally on strategies for motivating behavior change in brief clinical encounters, designed behavior change intervention protocols for several national clinical research trials, and, in 2006, was selected to co-facilitate the Motivational Interviewing "Training for Trainers" program in Miami, FL. He has authored several frequently cited articles on how to use motivation-enhancing tools and strategies to support adolescents and adults in making positive lifestyle changes.

Father Greg Boyle, SJ

Fr. Gregory Boyle was born in Los Angeles, one of eight children. His father, a third-generation Irish-American, worked in the family-owned dairy in Los Angeles County and his mother worked to keep track of her large family. As a youth, Fr. Greg and several of his siblings worked side by side with their father in the dairy. After graduating from Loyola High School in 1972, he decided to become a Jesuit and was ordained a priest in 1984. He received his BA in English from Gonzaga University; an MA in English from Loyola Marymount University; a Master of Divinity from the Weston School of Theology; and a Sacred Theology Masters degree from the Jesuit School of Theology.

Homeboy Industries is a program created in 1988 by Fr. Greg at Dolores Mission parish. In an effort to address the escalating problems and unmet needs of gang-involved youth, Fr. Greg and the community developed positive alternatives, including establishing an elementary school, a day care program, and finding legitimate employment for young people. In 1992, Fr. Greg launched the first business - Homeboy Bakery - with a mission to create an environment that provided training, work experience, and above all, the opportunity for rival gang members to work side by side. Today Homeboy Industries' nonprofit economic development enterprises include: *Homeboy Bakery, Homeboy Silkscreen, Homeboy Maintenance, Homeboy/Homegirl Merchandise, and Homegirl Café.*

As Executive Director of Homeboy Industries and an acknowledged expert on gangs and intervention approaches, Fr. Greg is a nationally renowned speaker. He has given commencement addresses at several prestigious universities as well as spoken at conferences for teachers, social workers, criminal justice workers, and others about the importance of adult attention, guidance, and unconditional love in preventing youth from joining gangs. Fr. Greg and several "homies" were featured speakers at the White House Conference on Youth in 2005 at the personal invitation of Mrs. George Bush. Fr. Greg is also a consultant to youth service and governmental agencies, policy-makers, and employers.

Homeboy Industries, located in downtown Los Angeles, is recognized as the largest gang intervention program in the county, and has become a national model.



Karl Dennis, BS

Karl Dennis is a youth worker, a teacher, and a cultivator of strengths. His profound reputation is based on a fundamental principle which he brought to life and seeded - that children can best be served in their families, in their communities; that the assets and strengths of their situation are best known to those closest to the child; that wrapping the youngster and family with individual human care, supervision, and concern is safer, better, and cheaper than tearing apart child, family, community, and systems.

Karl retired as the Executive Director of Kaleidoscope, Inc., a non-profit community-based childcare agency in Chicago, where he provided leadership and vision for 27 years. He is one of the country's leading experts and pioneers of community-based care for the "hardest to serve children and families," including Wraparound services, therapeutic foster care, pediatric AIDS care, independent living, and long-term intensive family preservation services. Under Karl's direction, Kaleidoscope became nationally recognized as one of the top five child serving agencies in the country. He has helped orchestrate many state and private initiatives to return children from out-of-state placements and has provided direct services to thousands of children and their families.

Karl has trained in all 50 states and many foreign countries. He has been the keynote speaker for such prestigious conferences such as the: National Conference of Juvenile Court Judges, Rosalyn Carter's Mental Health Conference, and Tipper Gore's National Mental Health Symposium. He aided in the development of Wraparound services in New Zealand.

Karl's first book, "Everything is Normal Until Proven Otherwise," was written in collaboration with Dr. Ira Lourie, noted child psychiatrist and former head of CASSP. The book is a series of stories about the children and families that Karl has worked with over the years coupled with commentary by Dr. Lourie. Written for parents and professionals, the book provides Wraparound guidance on the effectiveness of the process when people use creativity and compassion in the delivery of services. Part African American, Cherokee, Blackfoot, and Irish, Karl brings to his presentations an understanding of culture and the important role that it plays in the healing process. Karl has received many honors for his visionary work but he is truly revered for his passion, humor, and humanity in working with those who are most often forgotten.

Kathy Dennis, BS

Kathy has recently retired as Director of Development and Training for Kaleidoscope where she worked for the past 12 years. Along with her husband, Karl, they have provided training and technical assistance in all 50 states and many foreign countries. Ms. Dennis is a nationally recognized trainer of intensive, individualized mental health intervention services for youth and families, family advocacy, and funding of child caring services. She is known for her many fundraising and grant writing workshops and seminars.

In addition to her work at Kaleidoscope, Kathy was the lead technical assistant to the Annie E. Casey urban mental health initiative in Houston, Texas. She is a past national board of directors' member of the Federation of Families, a national family advocacy organization in Washington DC. Ms. Dennis' fundraising experience comes from her positions as the director of development for the Omaha Symphony Orchestra, Kaleidoscope, and as a regional executive director for Planned Parenthood of Wisconsin. Currently, she serves on the Board of Directors of the Shirley Heinze Land Trust, chairs the Settlement Committee for Tryon Farm, an environmental housing project in NW Indiana, and is a member of the Lubeznik Center for the Arts development committee. She and Karl have provided intensive training in New Zealand and Guam and have provided consultation to groups from Russia, Poland, England, and China. She has thirty-five years experience working in both the public and private sectors and has been recognized in Wisconsin and Nebraska for her outstanding professional and community services.

Bruce Kamradt, MSW

Bruce Kamradt is the Administrator of Children's Mental Health Services for Milwaukee County and Director of Wraparound Milwaukee, which is a unique system of care that annually serves over 1,300 children with serious emotional and mental health needs and their families. Created as one of the first publically operated managed care entities in the country, Wraparound Milwaukee combines over \$45 million per year from Medicaid, Mental Health, Child Welfare, Juvenile Justice, and the schools to provide a comprehensive array of services and supports for families.

Wraparound Milwaukee operates from an individualized, strength-based, and family-driven care philosophy utilizing components including care coordination, mobile crisis teams, and an extensive array of over 70 services and supports delivered by a provider network of over 200 agencies.

Wraparound Milwaukee was recognized in 2004 by the President's New Freedom Commission on Mental Health as an exemplary program in children's mental health and was Harvard University's Kennedy School of Government's 2009 winner of the Best Innovation in American Government. Mr. Kamradt has served as a consultant to many states and communities on Systems of Care design, development, and financing and has written numerous articles, papers, and monographs on the Wraparound Milwaukee model.

Ken Martinez, Psy.D.

Dr. Martinez, a native New Mexican, has been a licensed clinical psychologist for over 30 years and has worked in the behavioral health field in a variety of capacities including clinician, university faculty, state administrator, consultant, technical assistance provider, and volunteer. He is currently Principal Research Analyst and Mental Health Resource Specialist with the Technical Assistance Partnership for Child and Family Mental Health (Technical Assistance Partnership) at the American Institutes for Research in Washington, DC, based in Corrales, New Mexico. Dr. Martinez is lead for the TA Partnership's Cultural Competence Action Team which published the web-based document "The Cultural and Linguistic Competence Implementation Guide" and several other cultural and linguistic competence related products. Dr. Martinez was the State Children's Behavioral Health Director in New Mexico. He is the Clinical Assistant Professor of Psychiatry at the University of New Mexico Health Sciences Center and guest lecturer in the Department of Child and Family Studies at the University of South Florida. He has served on the Rosalynn Carter Mental Health Symposium Planning Committee at the Carter Center and is currently on numerous national boards including the National Alliance of Multi-Ethnic Behavioral Health Associations, the National Latino Behavioral Health Association, the National Network to Eliminate Disparities in Behavioral Health, the National Advisory Committee for the Research and Training Center for Pathways to Positive Futures at Portland State University, and is a member of the SAMHSA-sponsored Outcomes Roundtable for Children and Families.

Steven Mullen, BS, CTRS

Steven Mullen is a trainer/consultant with The University of Oklahoma OUTREACH National Resource Center for Youth Services. He has served as the director of expressive therapies for a psychiatric hospital treating children and adolescents. As a certified therapeutic recreational specialist and R.O.P.E.S. course facilitator, Steven has extensive experience working with youth at all levels of care in various types of treatment and social settings. Steven's areas of expertise include behavioral support, milieu management, experiential therapy, and positive youth development.

Cardwell C. Nuckols, MA, Ph.D.

Dr. Cardwell C. Nuckols is described as “one of the most influential clinical trainers in North America.” Dr. Nuckols’ passion and mission is to assist in the integration of emerging scientific research with traditional spiritual and self-help knowledge. From this integration comes knowledge and techniques helpful to those whose practice assists substance abuse and mental health patients find healing and their personal road to recovery. An internationally recognized expert in such areas as behavioral medicine and addictions treatment, Dr. Nuckols has been a clinical and developmental consultant for over thirty years.

Joy Osofsky, Ph.D.

Joy D. Osofsky, Ph.D. is a psychologist, psychoanalyst, and Professor of Pediatrics and Psychiatry at Louisiana State University Health Sciences Center in New Orleans. She is Head of the Division of Pediatric Mental Health. She is an Adjunct Professor of Psychology at the University of New Orleans. Dr. Osofsky is Co-Director of the Louisiana Rural Trauma Services Center, a center in the National Child Traumatic Stress Network and Director of the Harris Center for Infant Mental Health at LSUHSC. After Hurricane Katrina, she was asked to be Director for Child and Adolescent Initiatives for Louisiana Spirit, the State Crisis Counseling Program. She is editor of *Children in a Violent Society* (Guilford, 1997; paper, 1998), two editions of the *Handbook of Infant Development* (Wiley, 1979; 1987), and co-editor of the four volume *WAIMH Handbook of Infant Mental Health* that received the American Publishers Association award as the best social science reference book in 2000. Dr. Osofsky’s 2004 (paperback 2007) edited book, *Young Children and Trauma: Intervention and Treatment*, includes contributions related to mental health, child welfare, the judiciary, and law enforcement. Dr. Osofsky is also editor of the *Infant Mental Health Journal*.

Michael Rauso, Psy.D, MFT

Michael J. Rauso, Psy.D., MFT is the Wraparound Director for the Los Angeles County Department of Children and Family Services (DCFS). Los Angeles County’s Wraparound currently serves over 1,200 children from DCFS, Probation and Mental Health. Dr. Rauso is director of the Family to Family Initiative, System of Care, Family Group Decision Making, Parents in Partnership, and other strength-based, community-focused programs for DCFS. Prior to his current position at DCFS, he worked for a community-based organization which was one of the first Wraparound agencies in the county.

Cortney Yarholar, MSW

Cortney Yarholar, MSW is an enrolled member of the Sac & Fox Nation of Oklahoma as well as descendent of the Creek, Pawnee and Otoe Tribes. He is a mental health professional specializing in Children, Youth and Family services and multiple community health development projects. He has a particular interest in decreasing suicide among youth and eliminating behavioral health disparities among tribal communities. He recognizes the unique resiliency within each tribal community that has empowered American Indian people to endure generations of historical trauma. He further helps individuals to recognize and bring to surface their personal resiliency to initiate a strengths-based position to empower youth and family together.

In 2003, he attained his BA from the University of Oklahoma, majoring in Native American Studies. In 2006, he attained his Master’s in Social Work from Washington University in St. Louis, MO. He currently works with the Oklahoma Department of Mental Health & Substance Abuse Services as the Tribal State Liaison for community-based services and state transformation efforts. He is a certified instructor of Mental Health First Aid and Question Persuade & Refer (QPR) Suicide Prevention trainings. In 2008, he became certified by the National Multi Cultural Institute as an instructor of cultural competency. Since then he strives to help organizations be more culturally responsive, responsible, and competent for the people they serve.



Wednesday, April 28

At a Glance

PRE-CONFERENCE INSTITUTE

8:00 – 9:00am.....**Registration and Continental Breakfast**

9:00 – 10:15am.....**Pre-Conference Institute Sessions (full day sessions)**

Child and Adolescent Disruptive Behaviors
Cardwell C. Nuckols, MA, Ph.D.

Trauma through the Eyes of a Young Child and Applying the Science of Early Childhood Development to Understanding Maltreated Young Children
Joy Osofsky, Ph.D.

Wraparound: Thirty Years Experience & Why It Is Worth It
Karl Dennis, BS, Kathy Dennis, BS and Bruce Kamradt, MSW

Using Games and Activities to Enhance Your Program
Steven Mullen, BS, CTRS

Ceremonial Life Concept: Living our lives as Sacred, Meaningful & Purposeful
Cortney Yarholar, MSW

10:15 – 10:30am.....**Break**

10:30 – 11:45am.....**Pre-Conference Institute Sessions (continued)**

11:45 – 1:15pm**Lunch (on your own)**

1:15 – 2:45pm**Pre-Conference Institute Sessions (continued)**

2:45 – 3:00pm**Break**

3:00 – 4:30pm**Pre-Conference Institute Sessions (conclusion)**

Session Descriptions

Pre-Conference Institute: Wednesday, April 28

Title

Child and Adolescent Disruptive Behaviors, *Cardwell C. Nuckols, MA, Ph.D.*

Child and adolescent development involves testing boundaries, delaying gratification, completing tasks, dealing with emotions, and learning interpersonal skills. For some, these tasks are much harder to perform and problems develop. In severe instances, the behavior creates severe interpersonal, school, family, and community problems. This skills training will focus on the interplay between addictive disorders and other disruptive disorders such as ADHD, Conduct Disorder, Adjustment Disorder with Conduct Features, and others.

④ Trauma through the Eyes of a Young Child and Applying the Science of Early Childhood Development to Understanding Maltreated Young Children, *Joy Osofsky, Ph.D.*

This workshop will provide information and raise awareness about the effects of trauma on young children and caregivers, how to recognize “red flags”, and the importance of a relationship perspective for understanding, helping, and treating young children. The presentation will show how the science of early childhood development is important to an understanding of the effects of trauma. Information will also be included on the risk for vicarious traumatization and compassion fatigue in working with high risk young children and the need for support for those who do this important work.

Wraparound – Thirty Years Experience & Why It Is Worth It

Karl Dennis, BS, Kathy Dennis, BS and Bruce Kamradt, MSW

Through the use of humor and storytelling, Karl Dennis, retired Executive Director of Kaleidoscope, Inc. and pioneer of Wraparound services, will provide insight into the development of individualized community-based services for “hard to serve children and families”. In the afternoon, Kathy Dennis and Bruce Kamradt will join in the discussion to talk about the ins-and-outs of Wraparound.



Using Games and Activities to Enhance Your Program

Steven Mullen, BS, CTRS

Using noncompetitive activities and games can be a great way to build skills and teach new behaviors with your youth or staff. This workshop will review the benefits and guidelines for using noncompetitive activities and games in youth programming. Learn how to provide fun and exciting activities regardless of the space or funds you have at your disposal. Participants have an opportunity to practice new methods of selecting, facilitating, and processing activities. This workshop is highly active and experiential; please wear comfortable, loose fitting clothes and tennis shoes.

②④ Ceremonial Life Concept: Living our lives as Sacred, Meaningful & Purposeful, *Cortney Yarholar, MSW*

The Ceremonial Life empowerment training will introduce a framework that explores the protocol of ceremonial practices and helps us reframe our lives in such a way that we can be cognizant of the *Meaning, Purpose & Sacredness* of our lives. Learning the ceremonial life’s simple reframing techniques will help you process the meaning, purpose and sacredness of your life in everything you do and everyone you interact with. In turn, this will facilitate your finding meaning, purpose, sacredness, and ultimately accessing the innate wisdom of your human spirit.

CEU Legend:

- ① Ethics
- ② ODMHSAS Supervisory
- ③ LPC Supervision
- ④ Strength Based Case Management

9:00AM – 4:30PM



Thursday, April 29

At a Glance

GENERAL CONFERENCE SESSIONS

7:30 – 8:30am..... **Registration and Continental Breakfast**

8:30 – 10:00am..... **Welcome**

Terri White, MSW

Oklahoma Secretary of Health, Commissioner for the Oklahoma Department of Mental Health and Substance Abuse Services

Morning Plenary

Reclaiming Lives, Claiming Futures

Karl Dennis, BS, Anne Israel, and Deborah Hunter

The time is right for us to rebuild child, family, and community systems so that Oklahoma children and youth may claim the future they were meant to have. This inspirational plenary session features a remarkable visionary, an astounding futurist, and an imaginative performer who all have exceptional tales of resilience and hope.

10:00 – 10:15am..... **Break**

10:15 – 11:45am..... **Concurrent Workshops – Session 1**

11:45 – 1:15pm **Lunch (on your own)**

1:15 – 2:45pm **Concurrent Workshops – Session 2**

2:45 – 3:00pm..... **Break**

3:00 – 4:30pm **Concurrent Workshops – Session 3**

6:00 – 8:00pm **Networking After Hours**

Come and enjoy hors d'oeuvres, music, relaxing chair massages, and networking with colleagues, friends, and families. There is no additional cost to this event.

Workshop Descriptions – Session 1

Thursday, April 29



Session Title

- 1A.....④ **Life Development Trauma (Part 1)**, *Cardwell C. Nuckols, MA, Ph.D.*
This skills training event will focus on the treatment of early life developmental trauma. Emphasis will be placed on the understanding of current research from such disciplines as neuroscience, neuropsychology, and attachment theory. Participants can expect to hear what the research tells us about this population and how this evidence can be used to help. Practical treatment techniques translated from the research will give participants hands-on skills that can be used for better client understanding and clinical outcomes.
- 1B.....④ **Resiliency Despite Risk**, *Belinda Biscoe, Ph.D.*
Moving the construct of resilience from esoteric to the concrete critical as professionals seek ways to promote internal strengths in children, youth, and families most at-risk. Professionals will become better equipped as they learn about strategies and interventions that promote and nurture competence, efficacy, and other positive aspects of a young person's development.
- 1C.....  **Going from Good to Great**, *Bruce Kamradt, MSW*
Wraparound Milwaukee was recognized in 2004 by the President's New Freedom Commission on Mental Health as an exemplary program in children's mental health and was Harvard University's Kennedy School of Government's 2009 winner of the Best Innovation in American Government. Mr. Kamradt will share how to successfully integrate services and funding across child serving systems to achieve the best possible outcomes for children, youth, and families.
- 1D.....④ **Attachment Issues in Children and Youth**, *Rhonda Noonan, MS, LPC*
This workshop will focus on the etiology of attachment disorders and three maladaptive behaviors developed in response to the early trauma. Discussion of an effective parenting approach that addresses the specific needs of these children will follow. The goal of this presentation is an overall, basic understanding of attachment disorder and how to maintain safe, reparative relationships.
- 1E **Early Childhood Mental Health Consultation: Benefits of Providing Services to Child Care**, *Amy Huffer, LCSW*
Research indicates that more very young children are being expelled from child care at high rates and that mental health consultation can be beneficial in supporting child care professionals and effective in reducing expulsion rates. Though the service is specifically designed to address child care providers, mental health professionals and others will benefit from learning more about this valuable resource and how to bring this service to your community.

CEU Legend:

- ① Ethics
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- ④ Strength Based Case Management

10:15 – 11:45AM



Workshop Descriptions – Session 1

Thursday, April 29



Session Title

1F **Elements of Wraparound and Reclaiming Lives**

Karl Dennis, BS and Kathy Dennis, BS

The Wraparound process involves surrounding children and families with people and services instead of walls and providing family-driven, strength-based services which are culturally competent and unconditional. Karl and Kathy Dennis, who have trained in all 50 states and many foreign countries, will share their insight into the role that creativity and compassion play in the Wraparound process.

1G..... ④ **We Know What is Best for You!?!? Western Benevolence in Systems of Care, Ken Martinez, Psy.D. and Tyrus Curtis**



Based upon our western school-based education and experience, we frequently see ourselves as experts in our profession as providers, advocates, and researchers without questioning fundamental assumptions about the perspectives, beliefs, and practices we are promoting that may or may not be shared by others. A youth will share his perspective by describing his journey in a world that is not always receptive to difference.

1H..... **The Impact of Wraparound: Los Angeles County's Residential and Community Transformation**

Michael Rauso, Psy.D, MFT and Dawn Knight

This presentation will review the efforts of Los Angeles County's Department of Child and Family Services (DCFS) and their Wraparound community partners to meet the Katie A. lawsuit agreement and implement Residentially Based Services (AB 1453). Specifically, the presentation will focus on DCFS's use of Wraparound to reduce the reliance on group home care (61% reduction since 2003) and create a child and family process as the primary decision making process for all children with an identified intensive mental health need. Wraparound outcomes will be discussed.

1I ④ **Transition to Independence, Carl Powell and Meredith Reeve**



From the expertise of front-line Oklahoma Systems of Care providers, this training will focus on the preparation and skills needed to engage youth through successful transition to independent living. In addition, a panel of youth will address their concerns.

1J ④ **Motivational Interviewing (Part 1), Steven Malcolm Berg-Smith, MS**

Motivational Interviewing (MI) is a state-of-the-art, evidence-based communication and counseling approach for building and strengthening intrinsic motivation for positive health behavior change in brief clinical encounters. MI is generally recognized as a practical, common sense approach. However, becoming proficient in MI is an on-going learning process requiring significant training, practice, and feedback/supervision. In **Part 1** of this workshop, participants will be introduced to the theory, principles, and skills of MI and related motivation-enhancing behavior change approaches.

CEU Legend:

- ① Ethics
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- ③ LPC Supervision
- ④ Strength Based Case Management

10:15 – 11:45AM

Workshop Descriptions – Session 2

Thursday, April 29



Session Title

- 2A..... ④ **Life Development Trauma (Part 2)**, *Cardwell C. Nuckols, MA, Ph.D.*
This is a continuation from Part 1. The full workshop requires three hours. This skills training event will focus on the treatment of early life developmental trauma. Emphasis will be placed on the understanding of current research from such disciplines as neuroscience, neuropsychology and attachment theory. Participants can expect to hear what the research tells us about this population and how this evidence can be used to help. Practical treatment techniques translated from the research will give participants hands-on skills that can be used to better client understanding and clinical outcomes.
- 2B..... ④ **Recovery Every Day**, *Anne Israel*
 Ms. Israel will tell her personal story of battling mental illness and what it took for her to become resilient. She will share what helped and what did not help as she faced mental illness as a teenager.
- 2C..... ④ **Resilience from Poverty: Panel Discussion**
Karl Dennis, BS, Belinda Biscoe, Ph.D., and Shannon Lee, CM
 Poverty touches children and youth living in many areas. Its effects, however, are magnified in communities where poverty is the dominant cultural influence. This interactive workshop will provide information and discussion about strategies for improving resiliency for those who live in poverty.
- 2D..... ④ **Reduction in Power Struggles**, *Lanette Long M.Ed., LPC*
 Learn about the differences in having an internal versus external locus of control, reasons power struggles increase when children become teenagers, and reasons parents or caregivers engage in them. Participants will gain knowledge about the 25 techniques to reduce power struggles and experiential exercises to practice using them.
- 2E **Early Identification and Screening of Autism Spectrum Disorders**
Jennifer Moyano, OTR/L
Participants will learn the early warning signs for Autism Spectrum Disorders (ASD) and about screening tools available including strategies for incorporating ASD screening into current practice.

1:15 – 2:45PM

CEU Legend:

- ① Ethics
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- ③ LPC Supervision
- ④ Strength Based Case Management

Workshop Descriptions – Session 2

Thursday, April 29



Session Title

- 2F **Becoming One**, *Bruce Kamradt, MSW*
Created as one of the first publically operated managed care entities in the country, Wraparound Milwaukee combines over \$45 million per year from Medicaid, Mental Health, Child Welfare, Juvenile Justice and the schools providing individualized, strength-based, family-focused and comprehensive services and supports for families. Find out how Wraparound Milwaukee's care model 'broke through' rigid program silos to integrate care planning, service provision, and funding across child serving systems to deliver cost effective and high quality care one child at a time.
- 2G..... ④ **We Know What is Best for You!?!? Western Benevolence in Systems of Care** (Repeat), *Ken Martinez, Psy.D. and Tyrus Curtis*

- 2H..... **The Impact of Wraparound: Los Angeles County's Residential and Community Transformation** (Repeat)
Michael Rauso, Psy.D, MFT and Dawn Knight
- 2I **Creating a Bully-Free Zone**, *Scott Hamilton and Kathy Fahl Moxley, LCSW*
All children are vulnerable, but those who are LGBT (Lesbian, Gay, Bisexual, Transgender), or perceived to be LGBT, often face unique challenges in school and community. This interactive workshop will provide an understanding of these challenges and offer the tools necessary to create and maintain a safe environment for these young people.

- 2J..... ④ **Motivational Interviewing** (Part 2), *Steven Malcolm Berg-Smith, MS*
Motivational Interviewing (MI) is a state-of-the-art, evidence-based communication and counseling approach for building and strengthening intrinsic motivation for positive health behavior change in brief clinical encounters. During **Part 2** of this workshop, participants will be guided through a sequence of learning activities to explore and shape counseling practice behavior and to initiate a process for developing proficiency in MI.

1:15 – 2:45PM

CEU Legend:

- ① Ethics
- ② ODMHSAS Supervisory
- ③ LPC Supervision
- ④ Strength Based Case Management



Workshop Descriptions – Session 3

Thursday, April 29



Session Title

3A..... **Crossing the Line: Making a Difference with Girls Who Sexually Act Out**, *Cathy Olberding, M.Ed., LPC*
Crossing the Line will provide a review of the current research regarding girls in the juvenile justice system with specific reference to girls who act out sexually. The counselor's role with this population will be described as well as current treatment modalities.

3B..... ②④ ... **The Starfish and the Spider**, *John Hudgens, M.Ed.*
 This presentation will utilize both a discussion and interactive format to excite participants about the ideas in the book, *The Starfish and the Spider – Unstoppable Power of Leaderless Organizations*. The authors have said this about their book . . . “Starfish organizations are based on completely different principles. They tend to organize around a shared ideology or a simple platform for communication, like ideas that can be easily duplicated. Once these types of organizations come into your community, they can initiate massive change and are typically here to stay, for good or bad.” This presentation will take concepts from the book, apply them to changes we have seen in behavioral health and other service organizations, and then discover ways participants can use that information to use their own strengths as networkers and change agents.

3C..... **It's a New Wrap! OK County Wraparound Adoption Preservation**
Karen Poteet, LaCinda Daugherty, Jeremy Lindenau, and Gerri Mullendore
 Learn about a supportive process for couples who are adopting children from the Oklahoma Department of Human Services. Using Wraparound along with other services to support families who adopt children with whom they have no prior relationship. These adoptions are at a higher risk of having severe challenges that may result in a failed adoption. In collaboration, the Oklahoma Department of Human Services, NorthCare, Oklahoma State Department of Health, Oklahoma Kids' CareNet, Oklahoma Department of Mental Health and Substance Abuse Services, and Camp Fire USA share the road to create a successful adoption process for families.

3D..... ②④ ... **Fun and Games - Up Close & Personal**, *Hiawatha Bouldin, Jr.*
Getting up close and personal will challenge the participant's comfort zones, allowing them to become more confident in working with diverse and unfamiliar groups. Discover human interactions that create barriers to building real relationships.

CEU Legend:

- ① Ethics
- ② ODMHSAS Supervisory
- ③ LPC Supervision
- ④ Strength Based Case Management

3:00 – 4:30PM

Workshop Descriptions – Session 3

Thursday, April 29



Session

Title

3E **Infant and Early Childhood Mental Health - What's It All About and Why Is It Important?** *Sherre Davidson, MS, LPC, CCPS*

Identification and acknowledgment that mental health issues exist among infants, toddlers, and very young children can feel overwhelming. When concerns arise, locating the appropriate resources for families is often challenging. This session will address the dynamics of infant and early childhood mental health, including its significance in overall child development. Positive and negative early interactions between a child and his/her significant caregiver(s) and the lifelong impact these relationships have on future behavior will be explored. A brief overview of typical and atypical behavior and development will be provided to aid in identification of some "red flags" when serving this population.

3F ④ **Children, Parental Substance Abuse and Foster Care: The Impact of Addiction on Families**, *Jimmy Widdlefield, LPC and Christina Cantrell, Ph.D.*

Presenters will discuss the impact of parental substance abuse on children across the age span. Recommendations for helping children cope with the consequences of parental substance abuse, including traumatic stressors and entry into foster care, will be shared.

3G ④ **Building Relationships**, *Cynethia Rayford, M.Ed.*



Building relationships is the cornerstone of youth care work. Learn about an interaction model and the importance of developing and maintaining interactions on the therapeutic side of that model to maximize our relationships with young people. Explore the importance of modeling appropriate relationships and the importance of teaching ways to nurture healthy relationships with youth.

3H **Proposed Policies for Reducing the Use of Seclusion and the Use of Physical Restraint for Students with Disabilities in Oklahoma**



Melinda Mitchener, MS and Tina Crow, M.Ed.

The focus of this session will be Oklahoma's proposed policies for minimizing the use of seclusion and the use of physical restraint for students with disabilities in the state of Oklahoma.

3I **Attachment Disorder Recovery**, *Thomas Belusko, LMFT, LADC*

This session will explore one clinician's experience dealing with attachment disorder, including three case studies that offer hope for recovery.

3J **Restoring Harmony by Strengthening a Community**



Tamera Newcomb, Ph.D. and Electa L. Hare-Red Corn, MSW

This workshop will briefly review the current status of behavioral health issues for Native American children. Following this review will be a discussion of how communities can integrate a comprehensive system of care for their youth and families that not only provides appropriate services and supports but also strengthens the community.

CEU Legend:

① Ethics

② ODMHSAS Supervisory

③ LPC Supervision

④ Strength Based Case Management

3:00 – 4:30PM

Networking After Hours

**Thursday,
April 29th**

*Children's
Behavioral
Health
Conference*

Eastside Foyer

**6:00pm –
8:00pm**

Come and enjoy
hors d'oeuvres, music,
**relaxing chair
massages**
and networking with
colleagues, friends, and
families.



Friday, April 30

At a Glance

GENERAL CONFERENCE SESSIONS

8:00 – 8:30am..... **Registration and Continental Breakfast**

8:30 – 10:00am..... **Welcome**

Carrie Slatton-Hodges

ODMHSAS Deputy Commissioner, Mental Health Services

Caletta McPherson

ODMHSAS Deputy Commissioner, Substance Abuse Services

Morning Plenary

Tattoos on the Heart: Strategies for Working with At-Risk Youth
Father Greg Boyle, SJ and Youth from Homeboy Industries

Father Boyle and youth representatives will share some of the strategies utilized to develop Jobs For a Future, an employment referral center for at-risk youth and Homeboy Industries, an economic development program. While much of Father Boyle’s career has been dedicated to working with gang-involved youth, the strategies used to create these self-sufficiency programs can be adapted to serve multiple audiences, particularly fathers.

10:00 – 10:15am..... **Break**

10:15 – 11:45am..... **Concurrent Workshops – Session 4**

11:45 – 1:00pm **Luncheon, Ramana Award Ceremony**
OFF Silent Auction winners will be announced

1:00 – 1:15pm **Break**

1:15 – 2:45pm **Concurrent Workshops – Session 5**

2:45 – 3:00pm **Break**

3:00 – 4:30pm **Continuation of Session 5 workshops**

Friday, April 30

At a Glance

KALEIDOSCOPE: YOUTH AND FAMILY SESSIONS



8:00 – 8:30am..... **Registration and Continental Breakfast**

8:30 – 10:00am..... **Welcome**

Carrie Slatton-Hodges

ODMHSAS Deputy Commissioner, Mental Health Services

Caletta McPherson

ODMHSAS Deputy Commissioner, Substance Abuse Services

Morning Plenary

Tattoos on the Heart: Strategies for Working with At-Risk Youth
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Father Boyle and youth representatives will share some of the strategies utilized to develop Jobs For a Future, an employment referral center for at-risk youth and Homeboy Industries, an economic development program. While much of Father Boyle's career has been dedicated to working with gang-involved youth, the strategies used to create these self-sufficiency programs can be adapted to serve multiple audiences, particularly fathers.

8:30 – 10:00am..... **Play Therapy** (for children and youth ages 6 – 14)

Connie O'Brien, M.Ed., LPC-S, LADC, RPT-S

This hands-on play therapy workshop will be available to the youngest conference attendees during the Morning Plenary.

10:00 – 10:15am..... **Break**

10:15 – 11:45am..... **Concurrent Workshops – Session 4**

11:45 – 1:00pm **Luncheon, Ramana Award Ceremony**
OFF Silent Auction winners will be announced

1:00 – 1:15pm **Break**

1:15 – 2:30pm **Youth and Family Workshops – Session 5**

2:30 – 2:50pm **Break**

2:50 – 4:15pm **Youth and Family Workshops – Session 6**

Workshop Descriptions – Session 4

Friday, April 30



Session Title

4A..... ④ **Getting Started: Homeboy Industries**



Father Greg Boyle, SJ and Homeboy Industries Staff

Homeboy's services enable young people to redirect their lives and provide them with hope for their futures. It serves as a beacon of hope and opportunity for those seeking to leave gang life, for whom the barriers and challenges are great, and for whom there is virtually no other avenue to enter the mainstream. Father Greg Boyle and the Homeboy Industries staff members will share how they got started and how they have kept it going strong for more than 20 years.

4B..... **Child Victims of Trauma**, *Gwen Downing, LPC and Susan Schmidt, Ph.D.*

This workshop is specifically for clinical supervisors of the "Child Victims of Trauma" contracts. Supervision of TFCBT can be challenging. Along with gaining helpful tips on supervision techniques, there will be opportunity to network with other supervisors and share lessons learned.

4C..... ④ **Defusing the Bomb**, *Carl Haws*



The thing that makes a family work is how its members care for and treat each other. If the family relationship is negative then more often than not other issues arise from one or more of its members. This workshop will teach participants about effective communication, engagement, and parenting tools that help to "defuse the bomb" in their family.

4D..... ④ **How to ADAPT: Achieve, Defend, Advocate, Participate, Tough-It-Out**, *Nancy Mason, MHR and Nicole Coleman*



Adapting to a new home or placement can be difficult for youth and their placement providers. Some youth have moved so many times, they begin to just go through the motions...until the next move. This workshop will provide strategies and tools to help supportive adults turn a "placement" into a "home". Participants will also engage in activities that motivate them to create opportunities to help youth to be involved in and prepare for their futures.

4E..... **Your Point Is? Effective Storytelling: Developing Your Personal Story**, *Dianna Booze, Krista Havener, Pat Avery, and MeLinda Anthony*



"Your Point Is?" introduces the audience to the Single Overriding Communications Objective (SOCO) method of presentation. Everyone has had a bad experience with "over your head" presentations. This workshop will give tools and ideas on how to keep your story on target to get the most information across to your audience.



10:15 – 11:45AM

CEU Legend:

- ① Ethics
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Workshop Descriptions – Session 4

Friday, April 30



Session Title

4F **Staying Connected in a World that is Tearing Us Apart**



Scott Roby and Kendy Cox

Marriages and relationships face many challenges today from careers and kid's activities to relatives, financial stress, and workplace instability. All potentially create conflict, emotional distance, and disconnection. This workshop will provide practical, easy to apply tools to increase emotional safety, build stronger connections, and strengthen any relationship.

4G **Appropriate Educational Placements for Children Who Have Behavioral Disorders, Sandie Foote**



Children with behavioral health issues may be placed in a home bound educational setting. This workshop will define home bound services for children with and without an IEP, how to ensure a child's educational placement is appropriate, and how using Positive Behavioral Interventions and Supports (PBIS) can help students succeed in school.

4H ④ **Drumming: Being a Better Self through Fun and Games**



ChihChen Sophia Lee, Ph.D., MT-BC

Active music making process via drumming is an evidence-based practice to promote physical and psychological health benefits, such as improvement of immune functioning, impulse controls, anger management, teamwork, and self-empowerment. Participants will learn how to implement some practical drumming facilitation techniques to help the social and emotional needs of at-risk children using hands-on experiences in leading active music making on drums.

4I ④ **Youth in the Driver's Seat**



James Martin and Kathy Rogers, Columbia, TN SOC Youth Group

Youth are experts and considered equal partners in creating systems change at the individual, state, and national level. Teaching and supporting youth to be "change agents" is the key to a youth-guided community. Hear from youth who have 'been there, done that' and want to share their expertise with the next generation.

4J **Youth are People, Dondi Rowe, BA and Kelley Hawley**



The Youth are People workshop will give a snap shot of ideas to start a youth group in your community. From the need for self-confidence and brainstorming power of a good group, you will leave the workshop having participated in three group activities and brainstorming ideas to take back to your community as well as have a to-do list for yourself and your adult youth group leader.

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10:15 – 11:45AM

Workshop Descriptions – Session 5

Friday, April 30



Session Title

5A ①② ... **Ethics: A Musical Comedy, Dancing Moose Productions**

This is a 3-hour workshop. Ethics: A Musical Comedy is quickly being heralded as the most popular Ethics seminar in Texas. The tuneful and nostalgic ethics seminar presents complex ethical scenarios as expertly performed parodies of some of the greatest music of our time. Songs from Elvis, James Taylor, Eminem, The Beatles, Disney, The Eagles, Randy Newman, Marry Poppins, My Fair Lady, Guys and Dolls, Fiddler on the Roof, and many others are transformed to tell the stories of counselors facing ethical dilemmas.

5B ②③ ... **Supervision – Not for the Faint of Heart**

Margaret M. Murray, MA, LPC, LMFT

This is a 3-hour workshop. The workshop will include the following: a review of the LPC Law concerning supervision with a focus on recent changes; discussion of supervision record keeping and review of forms that may be helpful; identification of common concerns supervisors experience with supervisees and ways to manage those concerns; and, ethical issues specific to supervision. This workshop will be interactive with group participation emphasized. Case studies will be included. **(LPC Supervisors only)**

5C **Asperger Syndrome: Understanding It and Providing Effective Interventions**

Rene Daman, OTR/L and Jennifer Moyano, OTR/L

This is a 3-hour workshop. Individuals with Asperger Syndrome (AS) are often misunderstood and in some cases misdiagnosed. This course will provide participants with a greater understanding of the core deficits of AS, including a framework for assessment. Participants will learn how to develop and implement effective interventions for youth with AS.

2:45 – 3:00pm..... BREAK

3:00 – 4:30pm..... Continuation of Session 5 Workshops



CEU Legend:

- ① Ethics
- ② ODMHSAS Supervisory
- ③ LPC Supervision
- ④ Strength Based Case Management

1:15 – 4:30PM

Kaleidoscope: Youth & Family

Friday, April 30



Session Title

5D..... **Improving Communication: Speaker-Listener Technique**



Scott Roby and Kendy Cox

The Speaker-Listener Technique offers an alternative way of communicating when issues are hot or sensitive, or likely to get that way. Any conversation in which you want to increase clarity and safety can benefit from this technique. Most families can decide whether to go out for Chinese food without this technique, but many can use more help when dealing with sensitive issues.

5E ④ **Improving Family Communication – Fun, Games, and Celebrations**



Oklahoma Federation of Families staff

Families get busy and can forget to take time to have fun together. This hands-on, interactive session will give families the tools they need to create family fun while improving interaction and communication skills.

5F ④ **High Risk Me: When Addiction Sticks**



Doris Wolfe-Klingler, LPC, LADC and Teresa Shuck, M.Ed.

This is an interactive workshop for all ages that will help explore various risks and factors related to alcoholism and drug addiction.

2:30 – 2:50pm..... BREAK

6A ④ **There’s No “I” in TEAM: Teambuilding Activity, Lauren Merrell**



Working together is easier said than done, especially when a family has had significant stress or trauma in their lives. We talk about building a team, working as a team, and “my” team. However, few understand how to create the experience of teamwork or how to develop an effective team. Effective family team building results in better problem solving, planning, and participation by everyone on the family team.

6B ④ **DRUMS Project, Star Yellowfish, Ph.D.**



Developing Responsible, United, and Motivated Students (DRUMS) is an innovative project that will teach how to make a drum while learning valuable life lessons during the drum making process. The DRUMS Project presentation will highlight the development of the program, steps taken in the drum making process, lessons learned from that process and if we have enough time, a small demonstration on actually making a drum.

6C ④ **Navigating the Transition Years**



Sarah Johnson, Nicole Coleman, Natalie Houtz, and Melissa Chapman

This workshop will provide information and guidance to help prepare youth for transitioning into adulthood. The workshop addresses five areas of difficulty most youth face when transitioning: housing, education, transportation, life skills and employment. We will examine specific items of difficulty in each area and address how to effectively overcome these difficulties.

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- ④ Strength Based Case Management

1:15 – 2:30PM

2:50 – 4:15PM

17TH ANNUAL CHILDREN'S BEHAVIORAL HEALTH CONFERENCE
Reclaiming Lives...Claiming Futures

Oklahoma Department of Mental Health and Substance Abuse Services

APRIL 28-30, 2010

EMBASSY SUITES HOTEL & CONFERENCE CENTER

NORMAN, OK

REGISTRATION

Please mail or fax to:

Human Resources Development Division
Institute for Mental Health and Substance Abuse Education & Training
2401 NW 23rd Street, Suite 1F
Oklahoma City, OK 73107
Fax (405) 522-8320

Name: _____

Occupation or Job Title: _____

Place of Employment: _____

Address: _____

City, State, Zip: _____

E-mail: _____

Daytime Phone: _____

Require special accommodations as follows: _____

CHECK ALL THAT APPLY:	Received by April 21 st	Late or On-Site
<input type="checkbox"/> Full Conference (3 days)	\$225	\$375
<input type="checkbox"/> April 28 th Pre-Conference Institute	\$ 75	\$125
<input type="checkbox"/> April 29 th Conference	\$ 75	\$125
<input type="checkbox"/> April 30 th Conference	\$ 75	\$125

Registration Total Due: \$_____ \$_____

NO on-site registration accepted for Kaleidoscope - Family/Youth Workshops on Friday, April 30.

CHECK ALL THAT APPLY:

- Check or money order enclosed payable to ODMHSAS
- Paying with purchase order
- Will pay on-site or am registering after April 21.
- Requesting a Scholarship - Contact Darlene Bricky at (405) 522-4151 or dbricky@odmhsas.org
- Family Member (Only one family member per registration form.)
- Youth (Only one youth per registration form.)

Age of Youth: _____

Name of Youth Sponsor/Parent attending Conference: _____

Credit Card: Type of Card (check one) MasterCard Visa

Card Number: _____ Exp. Date: ____/____

Authorization Signature: _____

GENERAL WORKSHOP PREFERENCES

Please Check Your Pre-Conference Institute Preference for April 28th:

- Child and Adolescent Disruptive Behaviors** – *Cardwell C. Nuckols, Ph.D.*
- Child-Parent Psychotherapy** – *Joy Osofsky, Ph.D.*
- Wraparound: Thirty Years Experience & Why It Is Worth It** – *Karl Dennis, BS, Kathy Dennis, BS and Bruce Kamradt, MSW*
- Using Games and Activities to Enhance Your Program** – *Steven Mullen, BS, CTRS*

CONCURRENT WORKSHOP PREFERENCES

Concurrent Workshop Preferences for April 29th and April 30th:

Please enter the letter (e.g. 1A, 2C, 4J, etc.) of the workshop you would like to attend during each of the concurrent sessions listed below. Only one letter should be entered per session.

	Date	Session #	Time	Session letter
General Conference	Thursday, April 29th	Concurrent Session 1	10:15am – 11:45am	1-
		Concurrent Session 2	1:15pm – 2:45pm	2-
		Concurrent Session 3	3:00pm – 4:30pm	3-
	Friday, April 30th	Concurrent Session 4	10:15 – 11:45am	4-
		Concurrent Session 5	1:15 – 4:30pm	5-
Kaleidoscope (Family/Youth only)	Friday, April 30th	Concurrent Session 5	1:15 – 2:30pm	5-
		Concurrent Session 6	2:50 – 4:15pm	6-

Continuing Education Credit Requested:

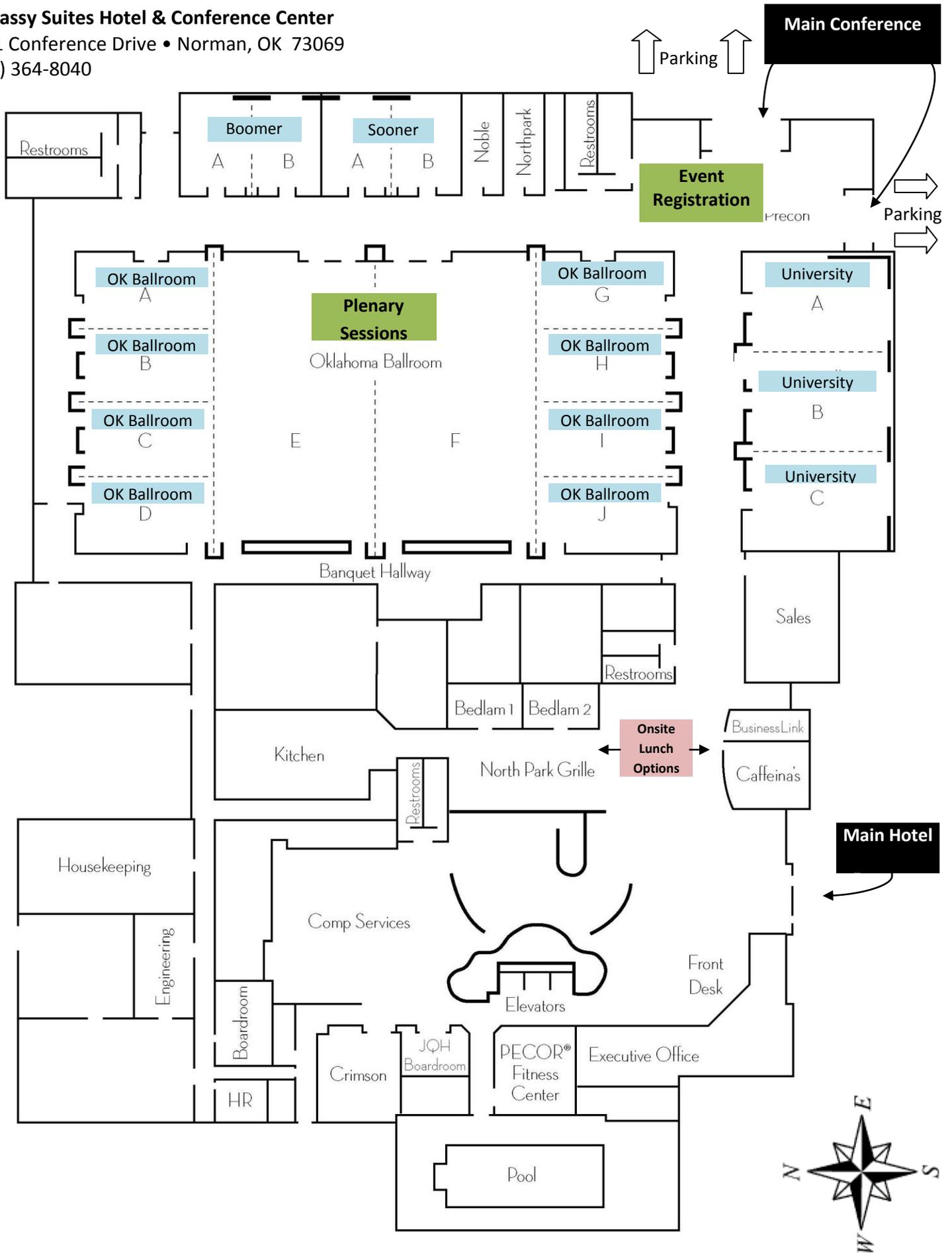
- | | | | |
|---------------------------------------|-------------------------------|--|--|
| <input type="checkbox"/> CME | <input type="checkbox"/> LPC | <input type="checkbox"/> LSW | <input type="checkbox"/> ODMHSAS Supervisory |
| <input type="checkbox"/> Psychologist | <input type="checkbox"/> LMFT | <input type="checkbox"/> LCSW | <input type="checkbox"/> P-RSS |
| <input type="checkbox"/> CLEET | <input type="checkbox"/> CADC | <input type="checkbox"/> C PS | <input type="checkbox"/> Under Supervision |
| <input type="checkbox"/> LBP | <input type="checkbox"/> LADC | <input type="checkbox"/> Case Management | <input type="checkbox"/> Other _____ |



Embassy Suites Hotel & Conference Center

2501 Conference Drive • Norman, OK 73069

(405) 364-8040



MAY 6, 2010

National Children's Mental Health Awareness Day



National Children's Mental Health Awareness Day is a day for everyone to promote positive youth development, resilience, recovery, and the transformation of mental health services delivery for children and youth with serious mental health needs and their families.

Oklahoma Department of Mental Health and Substance Abuse Services

Oklahoma Systems of Care