

Behavioral Health Rehabilitation

ODMHSAS and OHCA
Reimbursable Services

Considerations for Billing Behavioral Health Rehabilitation (BHR) Services

- The staff providing BHR must have the required credentials
- The staff providing BHR must be providing the service under an agency that has a contract with either ODMHSAS or OHCA to provide behavioral health rehabilitation services

- The individual to which the service is rendered must be eligible to receive behavioral health services under either ODMHSAS or OHCA (SoonerCare); and must meet eligibility requirements for BHR
- There must be an active Prior Authorization (PA) of services for the individual, that includes BHR, for the period of time during which the BHR service is provided

- The individual must have an active Service Plan with BHR treatment objectives, and the BHR service provided is related to the plan (unless providing BHR services under a CDC 21: Pre-Admission array)
- The service(s) provided must include only those service functions that are allowable under BHR, and should be documented in a progress note accordingly

Staff Providing BHR

The staff providing BHR must have the required credentials

Behavioral Health Rehabilitation (BHR) Services

- Basic BHR Services (individual and group)
- Specialty BHR Services:
 - ODMHSAS General PSR Model
 - ODMHSAS Illness Management and Recovery (IMR)

What Staff Can Provide Basic BHR Services?

- Licensed Behavioral Health Professionals (LBHP)
- Certified Alcohol and Drug Counselors (CADC)
- Behavioral Health Rehabilitation Specialist (BHRS)- until June 30, 2014
- Behavioral Health Case Manger II (Certification issued July 1, 2013 or after)

What Staff Can Provide Specialty BHR Services?

- ODMHSAS General Psychiatric Rehabilitation Model (PSR):
 - LBHP, or CADC, or BHRS, or CM II (Certification issues July 1, 2013 or after), with completion of orientation in the PSR model
- ODMHSAS Illness Management and Recovery (IMR):
 - LBHP, or CADC, or BHRS, or CM II (Certification issues July 1, 2013 or after), with completion of ODMHSAS facilitated training on IMR for PSR programs

Individual's Receiving BHR

The individual must be eligible to receive BHR services

Who Can Receive BHR Services?

BHR services are intended for adults with Serious Mental Illness (SMI), children with Serious Emotional Disturbance (SED), and children with other emotional or behavioral disorders.

Who is Excluded from Receiving BHR Services?

- An individual, who at the time of service, is not able to cognitively benefit
- Children under the age of 6, unless prior authorization for children ages 4 & 5 has been granted

Who is Excluded from Receiving BHR Services?

- Residents of ICF/MR facilities
- Individuals residing in nursing facilities
- Individuals residing in inpatient hospitals or IMDs
- Inmates of public institutions
- Children receiving RBMS in a group home or therapeutic foster home

Allowable BHR Services

The service(s) provided must include only those service functions that are allowable under BHR

Behavioral Health Rehabilitation (BHR)

- BHR services are face-to-face services necessary to improve the individual's ability to function in the community
- BHR services are performed to improve the skills and abilities of individuals to live interdependently in the community, improve self-care and social skills, and promote lifestyle change and recovery practices

- Substance abuse BHR services focus on beginning, maintaining, and/or enhancing recovery from alcoholism, problem drinking, drug abuse, drug dependency addiction or nicotine use and addiction

Service Functions NOT Allowed Under BHR

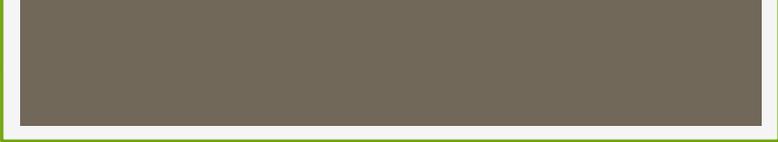
- Counseling/Psychotherapy
- Mentoring
- Discussion/Process based groups (including support groups)
- Discussion/Process based individual services

Service Functions NOT Allowed Under BHR

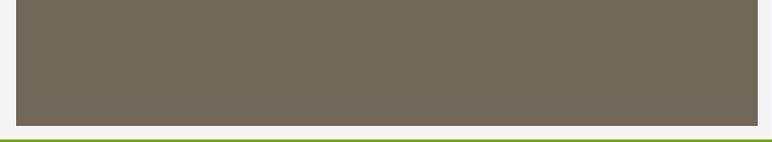
- Academic education/tutoring
- Social/Recreation
- Custodial Care/Day Care (just observing and only intervening if something happens)
- Family education (without the client present)

Service Functions NOT Allowed Under BHR

- Room and board
- Supported employment
- Respite
- Travel time



What's Allowed?



Curriculum based education and skills practice

Considerations for Curriculum Based Education

- The curriculum used should address the unique needs of the individual identified at the time of assessment/service plan development.
- The curriculum used should be appropriate for developmental age and stage
- The curriculum used may be something that is already developed that you acquire/purchase, it can take the form of a book that is taught from, or you can create your own curriculum to teach from.

- The curriculum used should be well developed
- All curriculum should be titled and kept on site
- All curriculum based education should be provided in a confidential environment that is conducive to learning

- When facilitating curriculum based education, there should be multiple points within the session in which the clinician checks in to assess if the individuals are understanding the information taught
- An individual may repeat the curriculum if the need is identified, and the ability to benefit from a repeat of the same information is determined

Considerations for Skills Practice

- Practice should be related to the skills/techniques taught through curriculum based education and represented on the individual's service plan
- Reimbursable skills practice requires active intervention by the clinician
- Skills practice should take place in a setting that protects and assures confidentiality

Monthly Service Limits

- There are monthly rehabilitation limits for outpatient service levels that apply for both ODMHSAS and OHCA. Group and/or individual rehabilitation services provided in combination may not exceed the following:
 - Level 1 – 32 Units Per Month
 - Level 2 – 48 Units Per Month
 - Level 3 – 64 Units Per Month
 - Level 4 – No Limit

OHCA Daily Limits

- In addition to monthly rehabilitation limits, OHCA also has daily rehabilitation limits:
 - Group Rehabilitation- maximum of 24 units per day for adults, and 16 units per day for children
 - Individual Rehabilitation- maximum of 6 units per day

Service Plan

The individual must have an active Service Plan with BHR treatment objectives, and the BHR service provided is related to the plan (unless providing CM services under a CDC 21: Pre-Admission array)

Service Plan Considerations for BHR

- The Service Plan should be developed with active participation of the individual
- The Service Plan should reflect the individual's overarching goal(s) for recovery/resilience (life success)
- Behavioral Health Rehabilitation should be used as a service/intervention to assist the individual with achieving their life success goals
- Service Plan objectives for BHR should be related to the curriculum used

- Service Plan objectives for BHR should include the information/skills to be learned and/or practiced. Examples:
 - Pebbles will learn and practice 3 listening skills.
 - Pebbles will learn 3 benefits of being a good listener, and restate to reflect learning.

Progress Note

BHR services shall be documented in a progress note

Progress Note Considerations for BHR

- BHR progress notes must relate to the Service Plan
- The BHR intervention should be clearly reflected in the progress note
- BHR progress notes must include the name of the curriculum used

- If BHR is being provided through an intensive day program (ex: ODMHSAS General PSR Model), progress notes may take the form of a daily summary or weekly summary note

Other Documentation Requirements

- A list/log/sign-in sheet reflecting participants and facilitating rehab clinician, must be maintained for each group rehabilitation session

Helpful Links

ODMHSAS and OHCA

OHCA

- OHCA requirements for reimbursable behavioral health rehabilitation (BHR) services, including documentation requirements, can be located in OHCA Policy/Rules:
 - Part 21 Outpatient Behavioral Health Services

<http://okhca.org/providers.aspx?id=406>

ODMHSAS

- ODMHSAS requirements for reimbursable behavioral health rehabilitation services, including documentation requirements, can be located in the ODMHSAS Services Manual:

www.odmhsas.org/arc.htm

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- This website contains helpful information for both ODMHSAS and OHCA contractors, including but not limited to:
 - Prior Authorization (PA) Manual (which includes the CDC Manual)
 - PA Groups
 - Rates and Codes