**We are here to help!**

**CAP** is an independent advocate for clients and client applicants.

**CAP** was established to improve communication and help resolve issues between clients and vocational rehabilitation/DRS staff and other Rehabilitation Act funded program staff.

**CAP** also helps clients understand the rehabilitation process and the benefits available under the Rehabilitation Act of 1973.

**CAP’s** role is to provide information about benefits available under the Rehabilitation Act and to assist clients with understanding their rights and responsibilities in relation to receipt of these benefits.

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**Office of Disability Concerns**

provides services under the **Client Assistance Program (CAP)**, serving as a vital link between the Oklahoma Department of Oklahoma Rehabilitation Services (OKDRS) and the disability community. CAP provides advocacy to persons with disabilities who are seeking or receiving vocational rehabilitation (VR) services from DRS, as well as individuals who are receiving services from independent living centers or other Rehabilitation Act funded programs such as Tribal VR and Higher Education.

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**Client Assistance Program**

1111 N Lee Ave
Suite 500
Oklahoma City, OK 73103
(800) 522-8224
ok.gov/odc/C.A.P./Transition.html
CAP@odc.state.ok.us
Friend Us on Facebook!
The next step for you child’s success
Planning for post high school

You can help your child with disabilities prepare for their post-secondary education. Here are a few helpful things you can do to make transition from high school to post-secondary school smoother with better outcomes and results!

Teach Your Child to be Independent

Your adult child may or may not live away from you during their post-secondary education experience. Whether or not they live at home, they will begin to separate from you in their decisions and experience seeking their own path. Your child’s transition has the best results when they have maturity to make decisions. Direct experience, observation, and practice are all good ways to instill confidence, maturity and sound decision making. With your guidance your child will become independent with sound decisions.

Help Your Child Understand Their Disability

You have the benefit of adult insights of how the world works which your child may not have had opportunities to experience. Help your child understand themselves and how they will fit into the larger world outside your home. Help them to understand how their disability will impact day to day activities and major life experiences.

Help Your Child Understand Their Abilities

Your child has unique abilities and learned skills which will contribute to their independence, happiness and their community. Understanding their abilities will make a big difference in your child’s future.

Be Aware of Testing and Documentation Your Child Will Need

Your child will take tests while still in high school which will be used for post-secondary work. If they need accommodations, let the high school counselor know. Make sure your child gets documentation of their disability and other school records before graduation from high school.

Decisions, Decisions, Decisions

Encourage your child to learn about careers, and visit post-secondary schools which offer appropriate training with their interests. Consider accessibility of the school and accommodations which the school is willing to make. Gather information from disability support staff. Consider costs. Consider living arrangements. It is time to make an informed decision.

You cannot make all the decisions that your child will need to be successful. You can provide suggestions which will help. You can ask questions which will prompt serious thinking. You can demonstrate a real interest in your child’s future. You can make a difference.