What is Cognitive Coaching℠?
* Cognitive Coaching℠ was developed in 1984 by Art Costa and Bob Garmston. It is a model that enables teachers to think deeply about their teaching and reflect on their practice, thus continually improving it.

What does a Cognitive Coach℠ do?
* Rather than serving as an expert, the coach helps the educator to become self-managing, self-monitoring, and self-modifying by shining a spotlight on their thinking as they plan, reflect, and resolve educational issues.

What does the research say about Cognitive Coaching℠?
* Teachers who are trained in Cognitive Coaching℠ become more resourceful, think in more complex ways, are more satisfied with their choice of teaching as a profession, collaborate more, and increase in efficacy. In addition, student test scores increase and school cultures become more professional.
For a synthesis of the research contact Dr. Teena Nations or Jennifer Gambrell at 405-525-2612.

Cognitive Coaching℠ is a research-based model which provides a collection of strategies and tools that:
•enhances teacher effectiveness;
•cultivates good questioning skills;
•improves communication;
•enables informed decision-making.

Cognitive Coaching℠
8-Day PDI
Location To Be Announced

Day 1.............................................................................................................Tuesday, November 18
Day 2.....................................................................................................Wednesday, November 19
Day 3.....................................................................................................Tuesday, January 27
Day 4.....................................................................................................Wednesday, January 28
Day 5.....................................................................................................Tuesday, February 24
Day 6.....................................................................................................Wednesday, February 25
Day 7.....................................................................................................Tuesday, March 31
Day 8.....................................................................................................Wednesday, April 1

To attend RSVP Lynette House at lhouse@octp.org by November 4, 2008

OKLAHOMA COMMISSION FOR TEACHER PREPARATION