

COGNITIVE COACHINGSM

What is Cognitive CoachingSM?

* Cognitive CoachingSM was developed in 1984 by Art Costa and Bob Garmston. It is a model that enables teachers to think deeply about their teaching and reflect on their practice, thus continually improving it.

What does a Cognitive CoachSM do?

* Rather than serving as an expert, the coach helps the educator to become self-managing, self-monitoring, and self-modifying by shining a spotlight on their thinking as they plan, reflect, and resolve educational issues.

What does the research say about Cognitive CoachingSM?

* Teachers who are trained in Cognitive CoachingSM become more resourceful, think in more complex ways, are more satisfied with their choice of teaching as a profession, collaborate more, and increase in efficacy. In addition, student test scores increase and school cultures become more professional.

Source: Edwards, J. (2001). *Cognitive CoachingSM: A synthesis of the research*, Highlands Ranch, CO.

For a synthesis of the research contact Dr. Teena Nations or Jennifer Gambrell at 405-525-2612.

Cognitive CoachingSM is a research-based model which provides a collection of strategies and tools that:

- enhances teacher effectiveness;
- cultivates good questioning skills;
- improves communication;
- enables informed decision-making.

Cognitive CoachingSM 8-Day PDI

Southern Nazarene University
6729 NW 39th Expressway
Bethany, OK 73008-2605

Day 1	Tuesday, July 8
Day 2	Wednesday, July 9
Day 3	Thursday, July 10
Day 4	Tuesday, July 22
Day 5	Wednesday, July 23
Day 6	Thursday, July 24
Day 7	Tuesday, August 26
Day 8	Wednesday, August 27

To attend RSVP Lynette House at lhouse@octp.org by June 24, 2008

OKLAHOMA COMMISSION FOR TEACHER PREPARATION