



# Understanding the Needs of Girls and Young Women: A Collaborative Approach

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# OVERVIEW

- Impact of Trauma on Girls
- Principles and Practices that Work with Girls
- Pace's Approach and Outcomes
- Addressing Trauma Among Girls in Oklahoma





# IMPACT OF TRAUMA ON GIRLS AND YOUNG WOMEN



# IMPACT OF TRAUMA



PHYSICAL



BEHAVIORAL



COGNITIVE

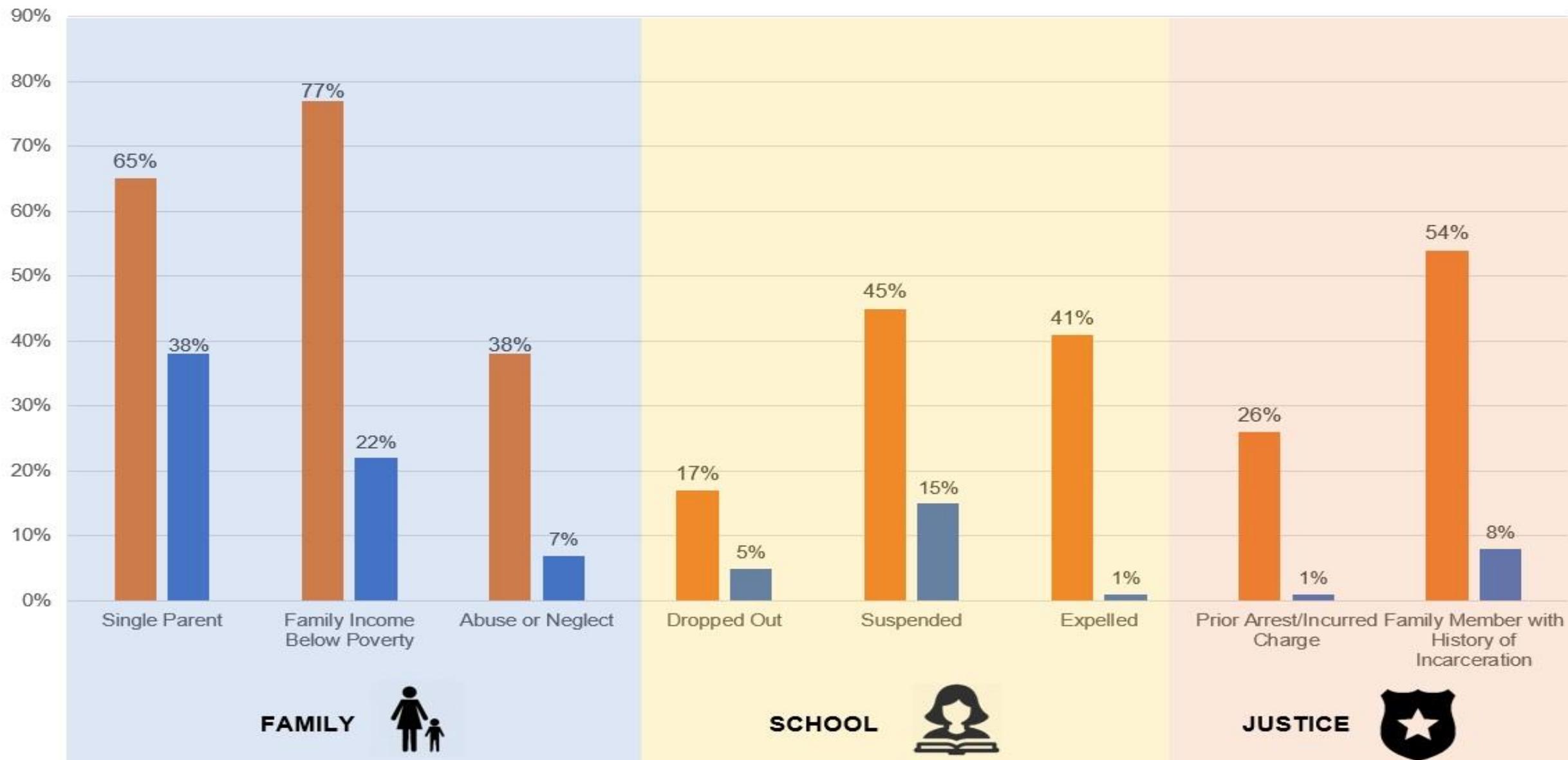


EMOTIONAL



# Risk Factors: Pace Girls vs General Population of Girls in FL

■ Pace Girls ■ General Population





# What Works with Girls



# GENDER-RESPONSIVE APPROACH

Safe environment

Holistic

Relationship-based

Strength-based Education and Skills

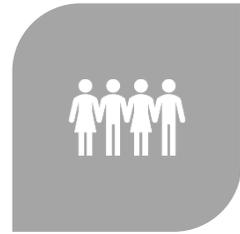
Health –based



# STRENGTH-BASED APPROACH



TRUSTING  
RELATIONSHIPS



EMPOWERMENT



COLLABORATION  
W/MUTUAL GOAL-  
SETTING



MOTIVATION AND  
HOPE



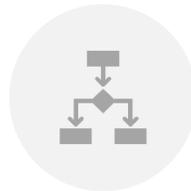
LEARNING AND  
EXPERIENTIAL  
GROWTH



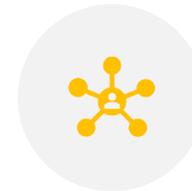
# TRAUMA-INFORMED APPROACH



SAFETY- ensuring physical and emotional safety



CHOICE- individual has choice and control



Collaboration- making decisions with the individual and sharing power



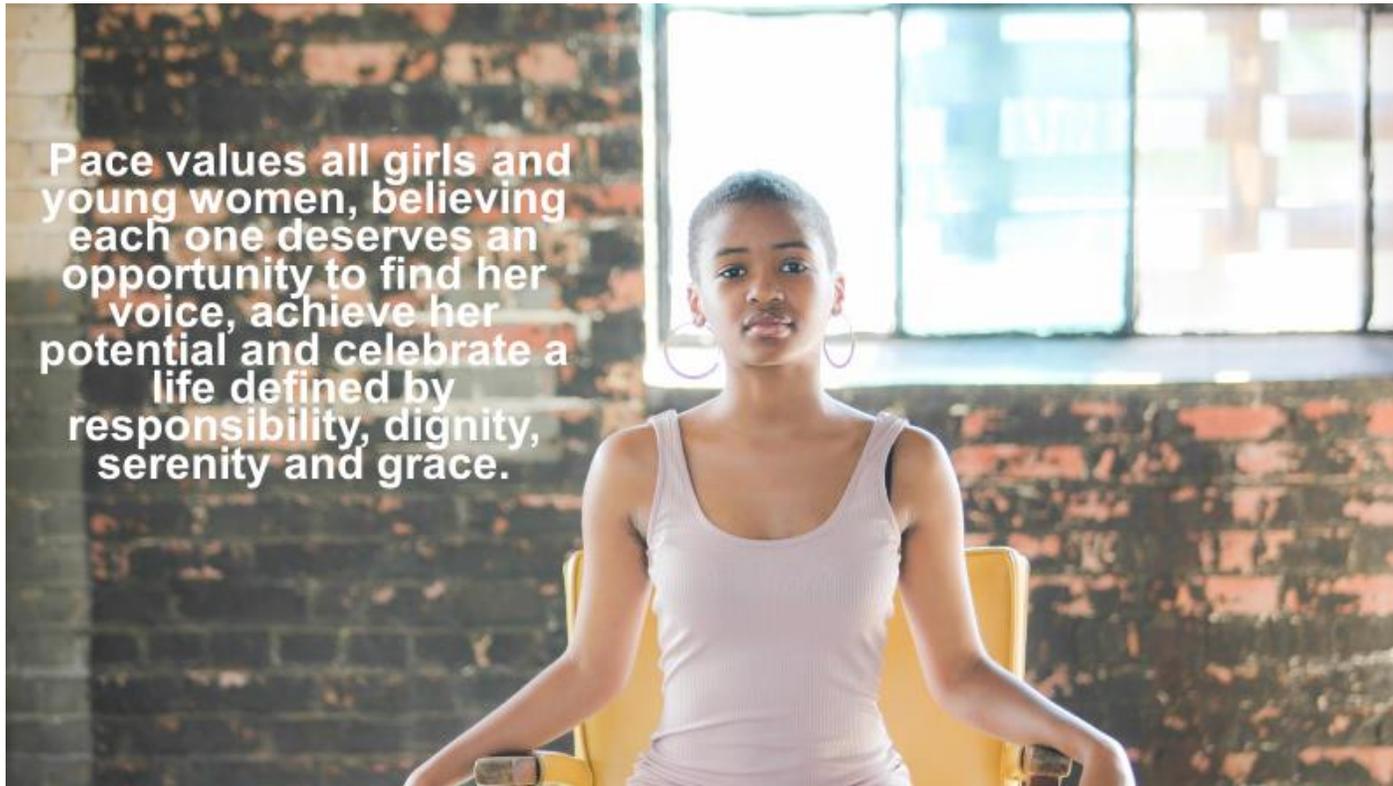
Trustworthiness- task clarity, consistency, and interpersonal boundaries



Empowerment- Prioritizing empowerment and skill building



# THE PACE APPROACH

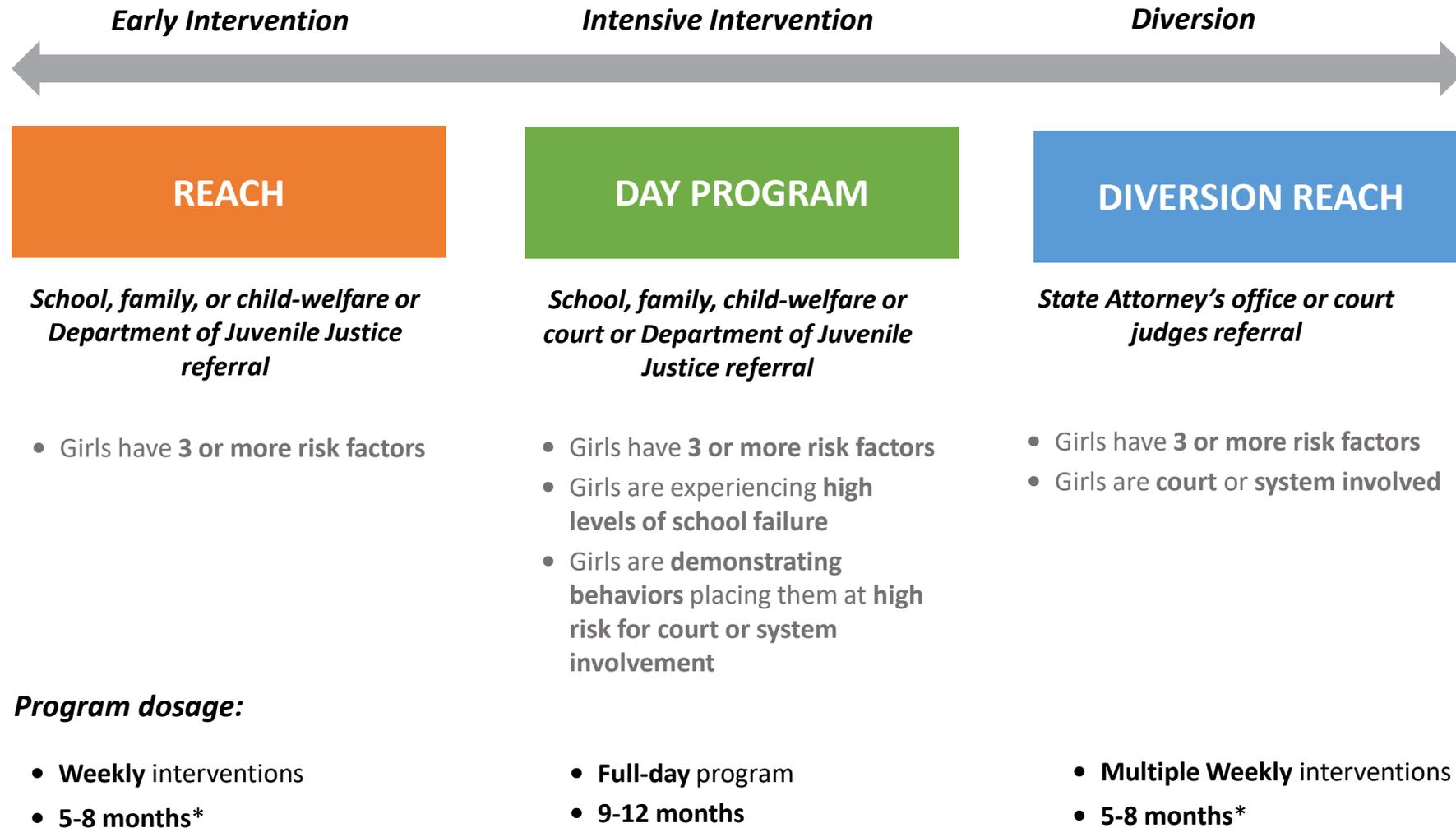


## Values & Guiding Principles

- Honor the Female Spirit
- Invest in the Future
- Value the Wisdom of Time
- Act with Integrity and Positive Intent
- Embrace Growth & Change
- Focus on Strengths
- Exhibit Courage
- Seek Excellence
- Create Partnerships



# PACE PROGRAM MODELS



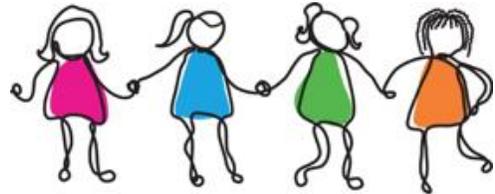
# PROGRAM COMPONENTS

- ✓ All girls receive
- ✓ Available as appropriate
- ✓+ All girls receive at greater intensity

	REACH	DAY PROGRAM	DIVERSION REACH
Academic school day		✓	
Individual assessment and care planning	✓	✓	✓
Individual gender-responsive, trauma informed, strength-based counseling / therapy	✓	✓	✓
Case management	✓	✓	✓+
Group counseling / therapy	✓	✓	✓+
Spirited Girls! Curriculum	✓	✓	✓
Family engagement activities	✓	✓	✓
Family counseling / therapy	✓	✓	✓+
Planning for continuity of care	✓	✓	✓
Incorporating values and guiding principles	✓	✓	✓
Service learning		✓	✓
Restorative justice			✓
Transition planning		✓	
Follow-up	✓	✓	✓



# STRENGTHENING THE SYSTEM OF CARE FOR GIRLS



## Collaborative group

Girls Coordinating Council is comprised of community stakeholders engaged in supporting reform activities geared towards helping girls avoid juvenile justice system involvement



## Data-driven approach

Identify issues affecting girls who are at risk of delinquency or system involved in the community using administrative data



## Strategies to address local issues

Turn the Curve Report: Develop strategies to address issues identified in local community, inclusive of relevant Pace models



# PACE OUTCOMES

## Day Program

**2353**  
GIRLS SERVED  
IN THE FISCAL YEAR  
2018-2019

**15.2**  
AVERAGE AGE  
OF GIRLS ENROLLED

**74%**  
WERE FAILING  
ONE OR MORE CLASSES  
PRIOR TO ATTENDING PACE

**84%**  
IMPROVED ACADEMICALLY  
AT PACE

**21%**  
PRIOR JUVENILE JUSTICE  
SYSTEM  
INVOLVEMENT

**95%**  
NO INVOLVEMENT  
JUVENILE JUSTICE SYSTEM  
AFTER PACE

**89%**

WERE IN SCHOOL, HIGHER  
EDUCATION OR EMPLOYED  
AFTER COMPLETING PACE

“The encouragement and empowering messages I received at Pace helped me overcome my past trauma and provided me with the confidence I needed to make my dreams a reality.”

Daniela Deas- Broward



## Reach Program

**919**  
GIRLS SERVED  
IN THE FISCAL YEAR  
2018-2019

**14.6**  
AVERAGE AGE  
OF GIRLS ENROLLED

**74%**  
BEHAVIORAL CHALLENGES  
BEFORE PACE

**94%**  
IMPROVED BEHAVIORAL  
CHALLENGES AT PACE

**27%**  
PRIOR JUVENILE JUSTICE  
SYSTEM  
INVOLVEMENT

**95%**  
NO INVOLVEMENT  
JUVENILE JUSTICE SYSTEM  
AFTER PACE



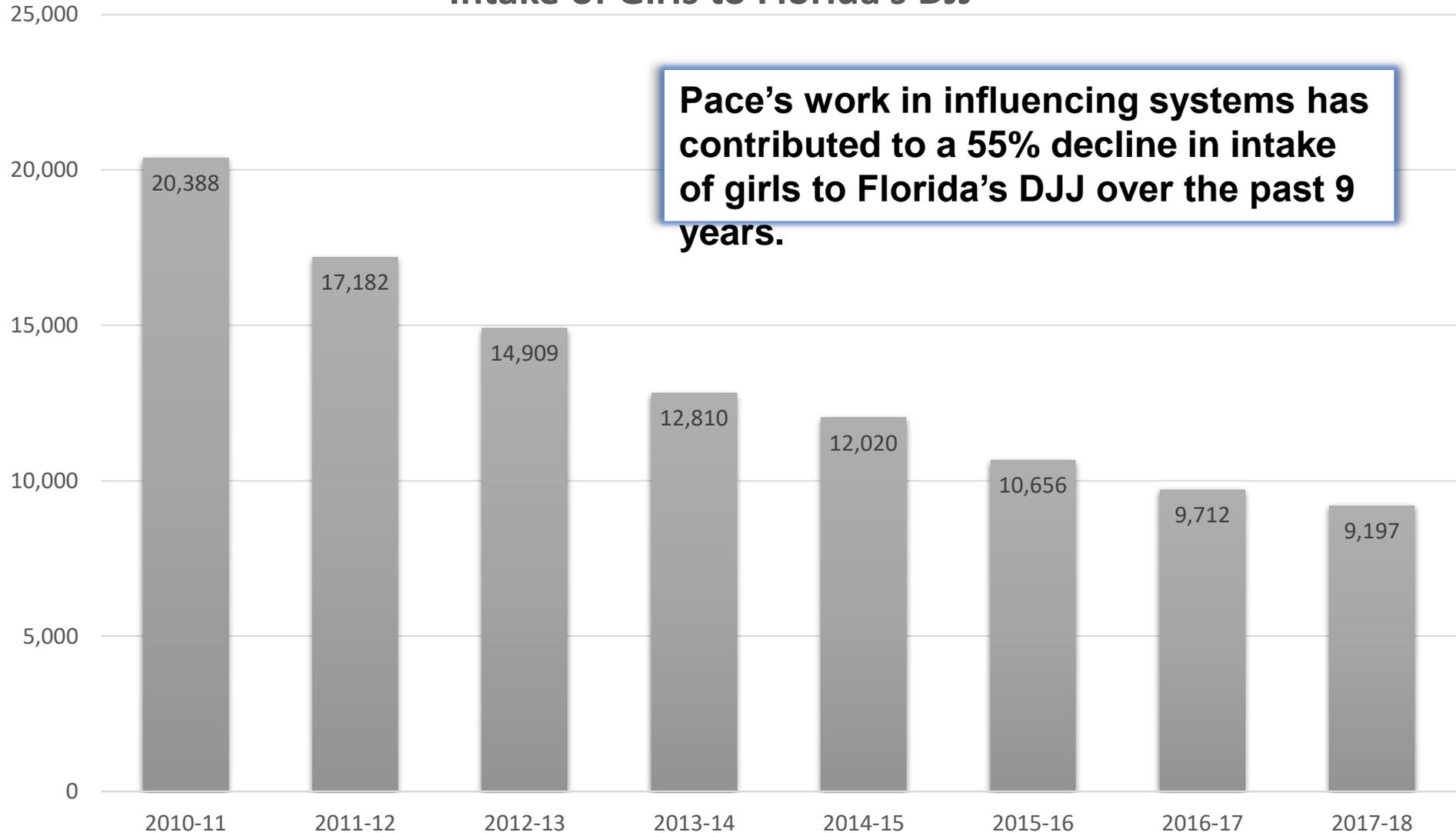
# PUBLIC POLICY OUTCOMES

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# PUBLIC POLICY OUTCOMES

## Intake of Girls to Florida's DJJ



**Pace's work in influencing systems has contributed to a 55% decline in intake of girls to Florida's DJJ over the past 9 years.**

"I found Pace at a very vulnerable time in my life. There I found the hope and the potential to overcome the circumstances I had been dealt."  
- Sajan, Volusia-Flagler





Girls Court  
Broward County Court - 17<sup>th</sup> Judicial Circuit Court

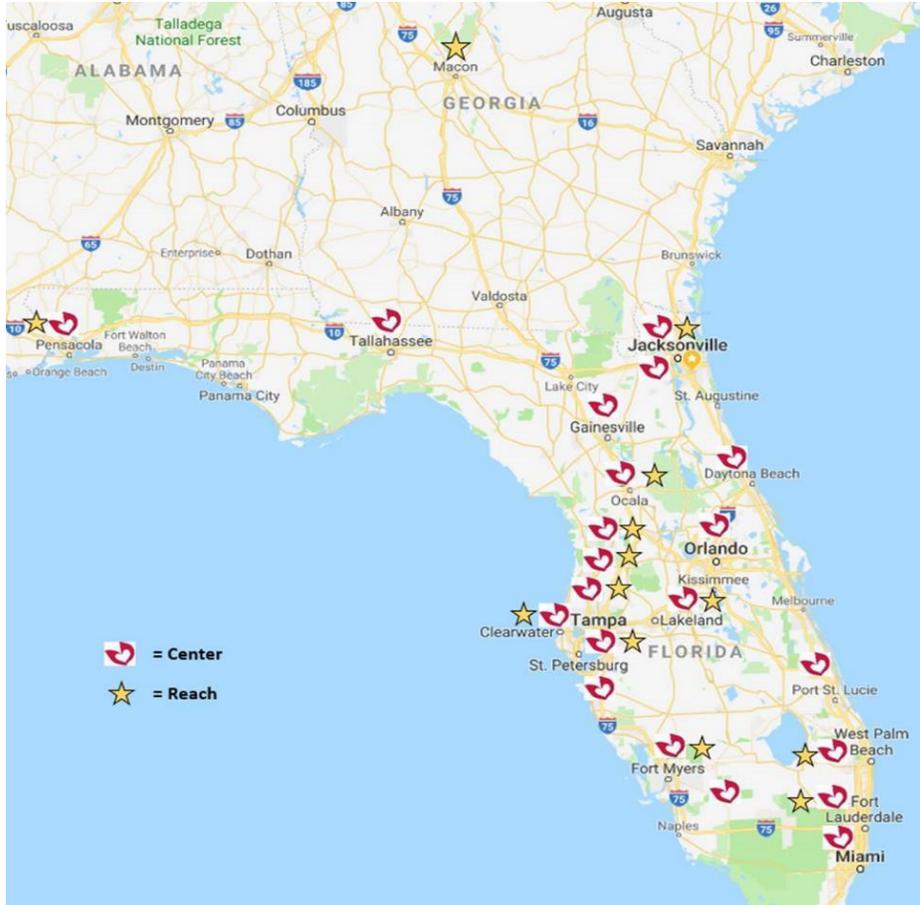
“Girls are being pushed into the court system due to their victimization.

As women, they are being incarcerated because we, as a system, never effectively addressed their trauma.

This is why Girls Court was established. Together, with our Girls Court partner, the Pace Center for Girls, and other community providers, we try to address the underlying trauma which may contribute to maladaptive behaviors.”

*-Judge Stacy Ross*

# PACE LOCATIONS





# Oklahoma's Data Story



# Follow the data...

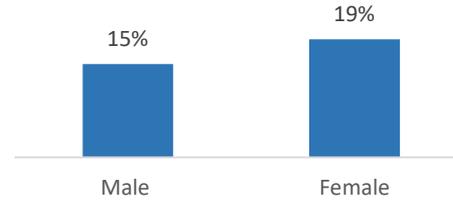


Oklahoma ranks 48th in children's health

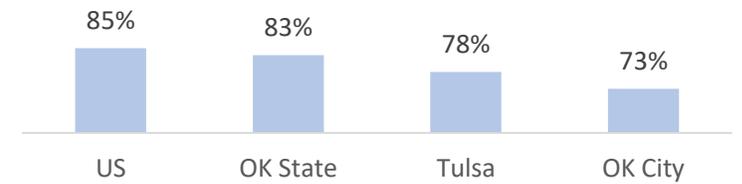
## Two or more ACEs



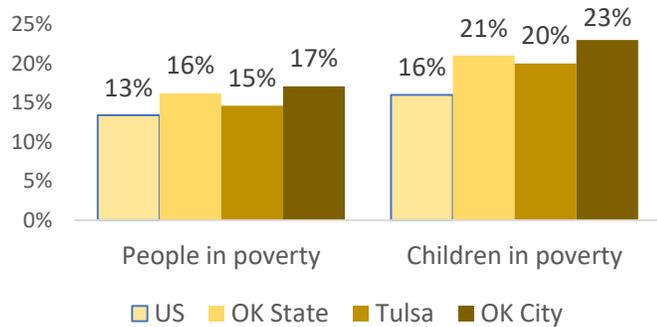
## OK State Incarceration Growth Rate (2009-2015)



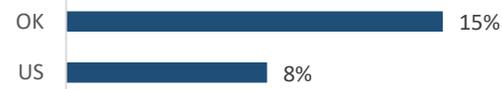
## High School Graduation Rates (2017)



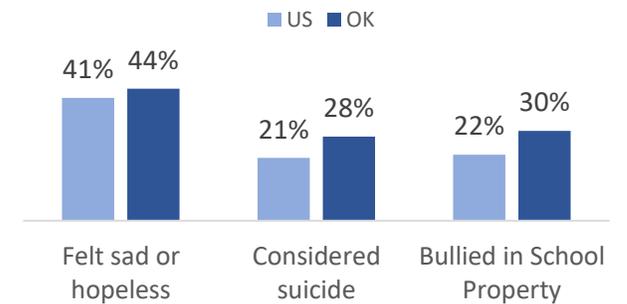
## Poverty



## Children Who Experienced Having a Parent or Guardian in Jail



## Youth Behavior Surveillance Survey



*Thank you!*





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