



# About the Institute for Dispute Resolution Services

*Mediation • Facilitation • Training • Program Design*

## Fact Sheet

### About Us

At the Institute for Dispute Resolution (IDR), we encourage the use of interest-based negotiation and communication skills to help people talk about what really matters. Located in the Seretean Wellness Center on the campus of Oklahoma State University, IDR provides dispute resolution services which relate to Oklahoma agriculture, rural living, agribusiness, the environment, natural resources, and rural business and industry. Our professional mediators and facilitators provide Alternative Dispute Resolution services across the state. We provide:

- Mediation
- Facilitation
- Mediation training for individuals and agencies
- Custom-designed Alternative Dispute Resolution-related trainings for individuals and agencies

### What Is Mediation?

Mediation is a voluntary process in which people involved in a dispute agree to meet in a confidential setting to attempt to work out a solution on their own. A neutral professional (the mediator) helps people discuss the disagreement, identify options that might resolve the problem, and work out their own solution to the dispute. Mediators facilitate the discussion and help structure the process; they do not give legal advice or counseling and have no authority to decide the outcome. If an agreement is reached in mediation, the terms will be written down and signed by both parties. A wide variety of cases can be successfully resolved through mediation:

- Agricultural, rural living, agribusiness, environmental, rural business and industry issues
- Commercial matters, foreclosures and contracts
- Family matters
- Workplace disputes
- Legal disputes (before or after being filed in court)
- Other matters where the people involved choose to talk with each other with the help of a mediator

### What Is Facilitation?

When groups or organizations need to meet to gather information from people with different interests and wish to determine a direction in order to proceed, the assistance of a group facilitator can help keep the meeting on track and ensure that all people have an opportunity to be heard. Facilitation is a process in which a professional neutral helps a group work together more effectively, keeping the discussions on track and helping the team overcome communication issues. The facilitator is not a decision maker, nor a subject matter expert. Facilitators may work with small groups within an organization or with representatives of different organizations who are working together in a collaborative or consensus-building process. Facilitators can assist with:

- Public policy processes
- Strategic planning
- Meeting facilitation
- Team/Group problem solving and consensus building
- IEP meetings (individualized education program) for Special Education

**1-800-248-5465**

**[www.mediation.okstate.edu](http://www.mediation.okstate.edu)**

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## About Training

The Institute for Dispute Resolution can design innovative and interactive mediation and skills-based training programs ranging from 2 hour short courses to 40 hour advanced trainings in special topics. Our training includes the use of experiential training techniques, hands on practice and feedback to maximize the ability to apply what's been learned. Rates vary according to length, content, and number of participants. Please contact us if you are interested in:

- 24 hours of basic mediation training
- 40 hours of training in specialized topics or family mediation
- Custom communication and conflict management training programs - designed to target your organization's specific situation, training needs, desired outcome or group dynamic.
- Continuing professional and legal education workshops in advanced mediation topics (CEU's and CLE's)

## About Program Design

Mediation and conflict resolution programs offer agencies effective ways to manage conflict and resolve disputes at lowest possible level, before they mushroom into larger, more costly disputes that can damage working relationships. IDR program design services will help you assess your organization's needs for conflict resolution interventions, design a program specific to those needs, administer a pilot program and conduct evaluations for participant satisfaction and effectiveness of the program. Contact us if your organization would like to learn more about designing a pilot program in mediation, facilitation, or related conflict resolution processes.

## Fees

### Mediation & Facilitation

OAMP-Eligible:	No charge
Private/Corporate Rate:	\$125.00 per hour *
Non-Profit/Gov't Rate:	\$100.00 per hour *
IEP Facilitation:	\$250.00 per session *

### Training

3-day basic mediation training:	\$995
5-day specialized:	\$1295
Family mediation training:	\$1295
Custom training:	negotiable and variable

\* Plus travel compensation at state rate

## For More Information Please Contact:

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