April is STD Awareness Month!

Sexually Transmitted Diseases (STDs) or infections can be spread by vaginal, anal, oral sex or infected mother to baby through childbirth.

Did You Know That...

April 10th

- 44% of public high school students in Oklahoma report having ever had sex.¹
- 60% report they used a condom during last sexual intercourse.¹
- 67% of cases of chlamydia were among youth ages 15 to 24 in Oklahoma.²
- 55% of cases of gonorrhea were among youth ages 15 to 24.²

Protect Your Sexual Health All Year Long

- Talk.
- Test.
- Treat.

Be Responsible and Reduce YOUR Risk.

- Abstain from oral, vaginal, & anal sex (includes genital touching)
- Practice mutual monogamy (only one partner) with non-infected partners
- Practice Safe Sex with correct & consistent condoms or barriers (includes male condoms, female condoms, and dental dams)
- Limit your number of sexual partners for less possible exposure
- Get tested for HIV/STIs at least once a year (if sexually active)
- Get the HPV vaccine—recommended for girls & boys ages 9-26