

# What is Title V?



## Who Does Title V Help?



## MCH Title V History

The Maternal and Child Health Services Block Grant, Title V of the Social Security Act, is the only federal program devoted to improving the health of all women, children, and families. Title V provides funding to state maternal and child health (MCH) programs, which serve 35 million women and children in the U.S.

Since 1935, federal and state funds have supported state activities that improve the health of pregnant women, mothers and infants, children, and children with special health needs. These groups are often referred to as the "MCH

population." Title V funds are used to address maternal and child health priorities. Every state has a Title V Block Grant and is required to write annual reports and do a statewide needs assessment every five years.

For 2016, Oklahoma benefited approximately 1.3 million women, infants, and children with Title V programs. In Oklahoma, Title V is run by the Oklahoma State Department of Health and the Department of Human Services, in close partnership with the Oklahoma Family Network. This assures families have a voice in the services they receive.

## Oklahoma's Title V Priorities

- Reduce the number of babies who die before their first birthday.
- Reduce the number of babies born too soon or too small.
- Reduce injuries among children.
- Reduce suicides among youth.
- Reduce health differences related to factors such as race, gender, income or where people live.
- Improve the move to adult health care for children and youth with special health care needs.
- Reduce teen pregnancies.
- Reduce unplanned pregnancies.
- Improve the mental and behavioral health of women and children.
- Reduce the number of chronic health conditions, such as diabetes and high blood pressure, among women of childbearing age.

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