



Whole School, Whole Community, Whole Child (WSCC)

PHYSICAL EDUCATION & PHYSICAL ACTIVITY



Physical Education & Physical Activity Component:

Schools are in a unique position to help students attain the nationally recommended 60 minutes of daily physical activity. Physical education and physical activity is one component of the Whole School, Whole Community, Whole Child (WSCC) model and can help shape lifelong physical activity behaviors.

Resources

Action Based Learning Labs (ABLL)

<http://abllab.com/>

Action for Healthy Kids

<https://www.actionforhealthykids.org/tools-for-schools/apply-for-grants>

Alliance for a Healthier Generation

<https://www.healthiergeneration.org/>

Billion Mile Race Fun Run Grants (K-12)

<http://www.billionmilerace.org/grants>

The Colorado Education Initiative

<http://www.coloradoedinitiative.org/wp-content/uploads/2014/08/CEI-Take-a-Break-Teacher-Toolbox.pdf>

Resources (Continued)

Comprehensive School Physical Activity Programs

<http://www.cdc.gov/healthyschools/physicalactivity/cspap.htm>

Coordinated Approach to Child Health (CATCH)

<http://catchinfo.org/>

Fuel Up to Play 60/NFL & National Dairy Council

<https://www.fueluptoplay60.com/funding/general-information>

GoNoodle

<https://www.gonoodle.com/>

Let's Move Active Schools

<http://www.lestmoveschools.org/resources-grants/>

National Physical Education Standards

<http://www.shapeamerica.org/standards/pe/>

Oklahoma Academic Standards for Physical Education

<http://sde.ok.gov/sde/physical-education-and-health>

Playworks Power of Play Recess Workshop Grants

<http://www.playworks.orgpro/grant-resources>

RECESS+

<http://recesstulsa.com/what-we-do.html>

Sports, Play and Active Recreation for Kids (SPARK)

<http://www.sparkpe.org/what-is-spark/>

Strategies for Recess in School

<https://goo.gl/Coum6p>

Target: Kids Ideas Are the Best Ideas

<https://www.donorschoose.org/classroom-support/target-kid-ideas-are-the-best-ideas/20789208/?canonical=target&historical=true>

Teach Train Love

<http://teachtrainlove.com/20-brain-break-clips-fight-the-fidgeting>

TSET Healthy District and Healthy Schools Incentive Grants

<http://www.tset.ok.gov/content/healthy-schools-incentive-grants>