

County health department plans health walk

Special to the E-E

The people in Washington County are planning local health activities in April to celebrate Gov. Brad Henry's new health initiative for state employees. The governor is asking all state agencies to promote employee wellness programs and start new initiatives to help employees stay healthy and set an example for all Oklahomans. On Wednesday, April 6, a rally led by Gov. Henry will take place on the south steps of the State Capitol to launch a new State Health Initiative for a Strong and Healthy Oklahoma.

In coordination with this event, the Washington County Health Department is planning a health walk on April 6 to celebrate health - they will walk from the Health Dept. to Sooner Park and back. They will each pack a healthy lunch to take with them and enjoy.

The public is invited to meet the WCHD staff at the Health Dept. at 11 a.m., bring a healthy lunch and walk with them. They are located at 3838 S.E. State.

WCHD will be closed from 11 a.m. to 1 p.m. except for the WIC clinic and a phone receptionist.

"We encourage local Turning Point partnerships, local businesses and agencies to participate in similar activities and involve the entire family. These efforts will increase morale, help our employees maintain a healthy lifestyle, and show that Oklahomans care about moving toward a state of health," said Mary Beth Murray, county administrative director.

For more information about local nutrition and health initiatives, contact the WCHD at 335-3005.