

TAKE THE PLEDGE TO PROTECT CHILDREN

I Pledge to:

- Be a nurturing adult in a child's life.** Children need to know they are special, loved and capable of following their dreams.
- Be supportive to parents, especially new ones.** I will offer to babysit, run an errand or cook a meal when a family seems stressed. I will try to help give them some time to catch their breath.
- Know what child abuse is.** Physical and sexual abuse clearly constitute maltreatment, but so does neglect or the failure of parents or other caregivers to provide a child with needed food, clothing and care. Children can also be emotionally abused when they are rejected, berated or continuously isolated.
- Invest in kids.** Be a mentor. Encourage leaders in the community to support children and families. Ask employers to provide family-friendly work environments. Ask local and national lawmakers to support legislation to better protect children and improve their lives.
- Report abuse or neglect if I suspect it.** I will contact the Oklahoma Child Abuse Hotline at 1.800.522.3511. If a child is in immediate danger, I will contact 911 or local law enforcement.

I Pledge to Protect Children from Child Abuse & Neglect.

Signature

#PLEDGE2PROTECT

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