

# unintentional and intentional injury

OKLAHOMA YOUTH RISK BEHAVIOR SURVEY (YRBS) - 2011 RESULTS

## What is the problem?

The 2011 Oklahoma Youth Risk Behavior Survey indicates that among high school students:

### Behaviors that Contribute to Unintentional Injury

- 93% never or rarely wore a bicycle helmet.<sup>1</sup>
- 8% never or rarely wore a seat belt when riding in a car driven by someone else.
- 7% drove a car or other vehicle one or more times during the 30 days before the survey when they had been drinking alcohol.

### Suicide

- 14% seriously considered attempting suicide during the 12 months before the survey.
- 6% actually attempted suicide one or more times during the 12 months before the survey.
- 1% made a suicide attempt during the 12 months before the survey that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse.

## What are the solutions?

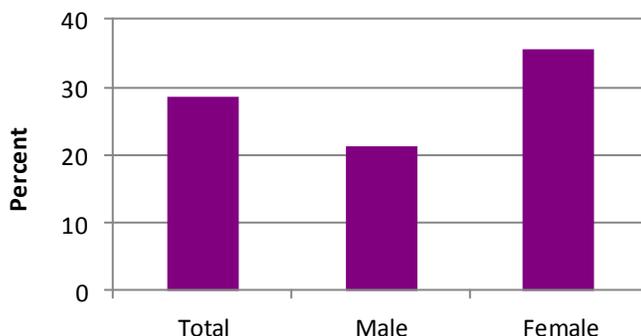
- Provide education on injury prevention and the importance of wearing a helmet while riding a bicycle, motorcycle, or ATV.<sup>2</sup>
- Support comprehensive graduated drivers licensing (GDL) programs and educate parents on the state's GDL laws.
- Learn to identify early warning signs of youth at risk for suicide.
- Restrict access to lethal means and methods of self-harm for people at risk for suicide.
- Build partnerships and networks between health and mental health providers.
- Actively screen for suicide risk and mental health problems, including in schools and healthcare.

1. Among students who rode a bicycle during the 12 months before the survey  
2. All Terrain Vehicle (ATV)  
3. Students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months

## One in five....

students rode one or more times, during the 30 days before the survey, in a car or other vehicle driven by someone who had been drinking alcohol

Students Who Experienced Persistent Sadness<sup>3</sup>: Oklahoma YRBS 2011



## One in ten...

students made a plan about how they would attempt suicide, during the 12 months before the survey

For more information contact the Maternal and Child Health Service, MCH Assessment at (405) 271-6761 or visit URL: <http://yrbs.health.ok.gov>