

# Naloxone

## A Guide for Overdose Prevention



### What is naloxone?

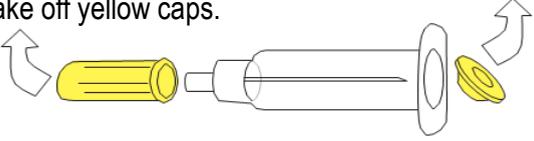
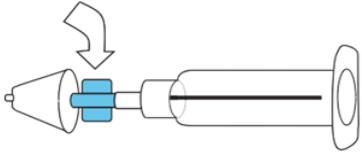
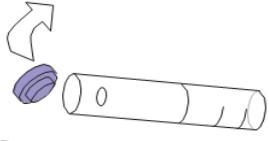
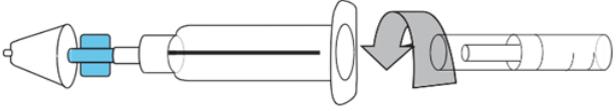
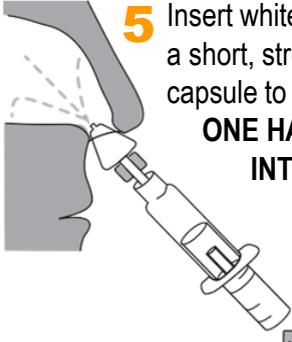
- Naloxone is a prescription medication that reverses heroin and prescription opioid overdoses.
- Naloxone is safe and effective, and has no effect on non-opioid overdoses.

### In case of overdose:

- **Call 911 and give naloxone**  
If no reaction in 3 minutes, give second naloxone dose.
- **Do rescue breathing or chest compressions**  
Follow 911 dispatcher instructions.
- **After naloxone**  
Stay with the person until help arrives; naloxone does wear off.

There are 3 ways to give naloxone. Follow the instructions for the type you have.

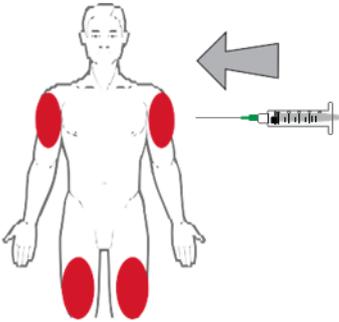
### Nasal spray naloxone

- 1** Take off yellow caps.  

- 2** Screw on white cone.  

- 3** Take purple cap off capsule of naloxone.  

- 4** Gently screw capsule of naloxone into barrel of syringe.  

- 5** Insert white cone into nostril; give a short, strong push on end of capsule to spray naloxone into nose:  
**ONE HALF OF THE CAPSULE INTO EACH NOSTRIL.**  
  
Push to spray.
- 6** If no reaction in 3 minutes, give second dose.

### Injectable naloxone

- 1** Remove cap from naloxone vial and uncover the needle.  

- 2** Insert needle through rubber plug with vial upside down. Pull back on plunger and take up 1 ml.  

- 3** Inject 1 ml of naloxone into an upper arm or thigh muscle.  

- 4** If no reaction in 3 minutes, give second dose.

The **naloxone auto-injector** is FDA approved for use by anyone in the community. It contains a speaker that provides instructions to inject naloxone into the outer thigh, through clothing if needed.

# What is an opioid overdose?

Opioids affect the part of the brain that regulates breathing; in high doses, they can cause breathing to slow or even stop. This can happen when opioids are misused, which includes taking the wrong dosage or using excessively.

## Look for these common signs:

- The person will not wake up even if you shake them or say their name
- Breathing slows or even stops
- Lips and fingernails turn blue or gray
- Skin gets pale, clammy

Generic	Brand Name
Hydrocodone	Vicodin, Lorcet, Lortab, Norco, Zohydro
Oxycodone	Percocet, OxyContin, Roxicodone, Percodan
Morphine	MSContin, Kadian, Embeda, Avinza
Codeine	Tylenol with Codeine, TyCo, Tylenol #3
Fentanyl	Duragesic
Hydromorphone	Dilaudid
Oxymorphone	Opana
Meperidine	Demerol
Methadone	Dolophine, Methadose
Buprenorphine	Suboxone, Subutex, Zubsolv, Bunavail, Butrans
Heroin is also an opioid.	

## To avoid an opioid overdose:

- Tell your healthcare provider about ALL medications and supplements you are taking; opioids in combination with other depressants such as sleep aids, anti-anxiety medications, or cold medicine can be dangerous.
- Be extra careful if you miss or change doses, feel ill, or start new medications.

## Naloxone can reverse an opioid overdose

Naloxone is now available at select pharmacies without a prescription.

For more information about where to get a naloxone kit, please visit

**[www.TakeAsPrescribed.org](http://www.TakeAsPrescribed.org)**

### Now that you have naloxone...

*Tell someone where it is and how to use it.*

**Injury Prevention Service**  
**Oklahoma State Department of Health**  
1000 NE 10<sup>th</sup> Street  
Oklahoma City, OK 73117  
(405) 271-3430  
<http://poison.health.ok.gov>