



## About Us...

The health of a community can be determined, in some measure, by the health of its babies. The United States ranks well below other industrialized and some developing countries in the rate of babies who die before their first birthday. Oklahoma ranks poorly in most indicators of maternal and infant health.

In 1987, the Community Service Council of Tulsa, Inc. formed the **Family Health Coalition** (originally named the Tulsa Area Coalition on Perinatal Care) in response to the relationship between lack of access to health care in the prenatal period and the number of infants with low birth weight, extreme low birth weight and infant mortality.. The Family Health Coalition is committed to working together through broad-based community representation to optimize the health and well-

being of uninsured, underinsured and Medicaid enrolled women of child-bearing age, infants and families by establishing a system of universal and compressive quality health education, prevention, services and support.

The Coalition is a participating partner in Tulsa Healthy Start and Tulsa Fetal Infant Mortality Review (FIMR).

Tulsa County was an original Turning Point community during the pilot phase of Turning Point in the late 1990s. In July 2011, the Family Health Coalition became an official Turning Point partner.

Since that time the coalition's membership decided to expand its focus to include community based nutrition and fitness concerns. The Family Health Coalition, in partnership with the Tulsa Health Depart-

ment, were one of 15 grantees to be awarded with a Communities of Excellence in Nutrition and Fitness grant through the Tobacco Endowment Settlement Trust. The Tulsa County Wellness Coalition, a committee of the Family Health Coalition, was formed to carry out the work of this grant.

### Meeting Schedule:

TCWP Steering Committee Meeting: 2<sup>nd</sup> Tuesday of each month, 9:00AM

Tulsa County Wellness Partnership meeting – 2<sup>nd</sup> Friday of every other (even) month, 12:30

Family Health Coalition – 3<sup>rd</sup> Thursday every other (odd) month, 12 NOON

All meetings are held at the Community Service Council, 16 East 16 Street, Suite 202, Tulsa.



## Partnership Priorities

The Coalition's current work focuses on

- Nutrition and Fitness
- Perinatal Care and Women's health
- Family Health including Fatherhood issues
- Social Marketing
- Training for professionals in maternal/ infant health
- Tobacco Use Prevention

*Our goal is to create a beloved community and this will require a qualitative change in our souls as well as a quantitative change in our lives.*  
 ~ Dr. Martin Luther King Jr.



Find out Tulsa's Community Health Improvement Plan on the Tulsa Health Department website at <http://www.tulsa-health.org/community-health/pathways-to-health/>



## Activities

- ◆ Pathways to Health Kickoff Event
- ◆ Make It Your Business Employee Health and Wellness Conference
- ◆ Student's Working Against Tobacco (SWAT)
- ◆ "Getting to Groceries" Tour
- ◆ City Council Bike Ride and Walking Tour
- ◆ Local Food Week
- ◆ Tour de Tulsa
- ◆ Flash Focus 2012 focusing on food deserts

## Partnerships

- ◆ Indian Health Resource Center of Tulsa
- ◆ Tulsa County Health Department
- ◆ Tulsa Public Schools
- ◆ Tulsa County DHS
- ◆ Community Service Council
- ◆ Oklahoma Food and Farm Alliance
- ◆ Tulsa Food Security Alliance
- ◆ INCOG
- ◆ OSU
- ◆ Bicycle Pedestrian Advisory Council
- ◆ Tulsa Community College
- ◆ Local Churches
- ◆ Job Corps of Tulsa
- ◆ Tulsa Housing Authority
- ◆ YMCA
- ◆ Community Action Project

## Outcomes/Impacts

- ◆ Passage of Tulsa Complete Streets Resolution
- ◆ Tulsa selected as a Healthy Congregation Pilot Site
- ◆ Community Needs Assessments and Strategic Plan developed for Communities of Excellence in Nutrition and Fitness Grant
- ◆ Collinsville received recognition as a Certified Healthy Community

## FUNDING

**Communities of Excellence in Tobacco Control and Nutrition & Fitness**  
**Collinsville Community Incentive Grant—\$5000.00**

