TRICHOMONIASIS TREATMENT AS RESULT OF PAP REPORT

I. DEFINITION:
Trichomoniasis is the most prevalent nonviral sexually transmitted infection in the United States. When trichomoniasis is noted on the liquid based pap test report, the PHN should contact the client and interview for symptoms.

II. CLINICAL FEATURES:
While some men and women may report some symptoms, it is common for most infected persons to have minimal or no symptoms.

III. MANAGEMENT PLAN:
The PHN should educate, determine allergy information and issue:
Metronidazole 2 grams orally in a single dose.

Note: Women who are both Trichomoniasis positive and HIV positive require a different treatment regimen and should be referred to their PCP to receive the appropriate treatment.

IV. CLIENT EDUCATION
A. Alcohol consumption should be avoided during treatment. Delay taking the medication if alcohol has been consumed in the past 24 hours prior to starting treatment. Do not consume alcohol products for 24 hours after completion of treatment with metronidazole.
B. Consuming alcohol during the treatment period can cause a disulfiram like reaction characterized by but not limited to: severe flushing of the skin; tachycardia; hypotension; nausea; vomiting.
C. Take with food.
D. Consistent and correct use of condoms during all penile-vaginal sexual encounters is the best way to prevent trichomoniasis infection.
E. Trichomoniasis in pregnant women can cause adverse pregnancy outcomes such as: premature rupture of membranes; preterm delivery; and delivery of a low birthweight infant.
F. Abstain from intercourse for 7 days after client and partner have been treated and any symptoms resolved.
G. Concurrent treatment of all sex partners is critical for symptoms relief, microbiological cure, and prevention of transmission and reinfection.

V. MANAGEMENT OF SEX PARTNER(S)
A. Sexual partners should be referred to Primary Care Provider (PCP) for treatment or OSDH family planning clinic.
B. If the partner is not eligible for family planning services, they can’t be treated in family planning clinic and will need to be referred to their PCP.
VI. FOLLOW-UP

If the client is sexually active, refer them to follow up with their PCP 2 months after they complete treatment for retesting.

REFERENCE:


Metronidazole Fact Sheet

Metronidazole (Flagyl) is an antiprotozoal medication used for the treatment of infections, including certain infections of the sex organs. This medication is used in the treatment of Bacterial Vaginosis, Pelvic Inflammatory Disease, and Trichomoniasis.

Do Not take this medication if you:

- Have a history of an allergic reaction to this medication
- If you could be pregnant (let your healthcare provider know)

Possible Side Effects:
Nausea, vomiting, dry mouth, diarrhea, constipation, metallic taste, headache, yeast infection, dark colored urine

Instructions:
- Take all medication as directed
- Take medication with a meal or snack
- If nausea, vomiting, or diarrhea become severe, stop taking the medication and contact the clinic
- Avoid drinking alcohol while taking the medication and for 24 hours after finishing the medication
- Abstain from sexual relations until 7 days after both you and your partner have been treated
- If a severe allergic reaction occurs, go to the nearest emergency room

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