

# tobacco use

## OKLAHOMA YOUTH RISK BEHAVIOR SURVEY (YRBS) - 2011 RESULTS

### What is the problem?

The 2011 Oklahoma Youth Risk Behavior Survey indicates that among high school students:

#### Cigarette Use

- 23% smoked cigarettes on at least 1 day during the 30 days before the survey.
- 9% smoked cigarettes on 20 or more days during the 30 days before the survey.
- 4% smoked cigarettes on school property during the 30 days before the survey.

#### Other Tobacco Use

- 13% used chewing tobacco, snuff, or dip on at least 1 day during the 30 days before the survey.
- 9% used chewing tobacco, snuff, or dip on school property on at least 1 day during the 30 days before the survey.

### What are the solutions?

- Implement and support 24/7 Tobacco-Free campus programs for schools in the community.<sup>1,2</sup>
- Develop and support laws, regulations, and policies for smoke-free and tobacco-free workplaces, school-related events, and public places.<sup>1,2</sup>
- Encourage those wishing to quit using tobacco products to utilize the services of the Oklahoma Tobacco Helpline: 1-800-QUIT NOW (1-800-784-8669).<sup>1,2</sup>
- Support legislation which increases the unit price for tobacco products through state and federal excise taxes.<sup>1,2</sup>
- Encourage schools to participate in surveys, such as the YRBS and the Oklahoma Youth Tobacco Survey (OYTS), that assess risk-taking behaviors among youth.

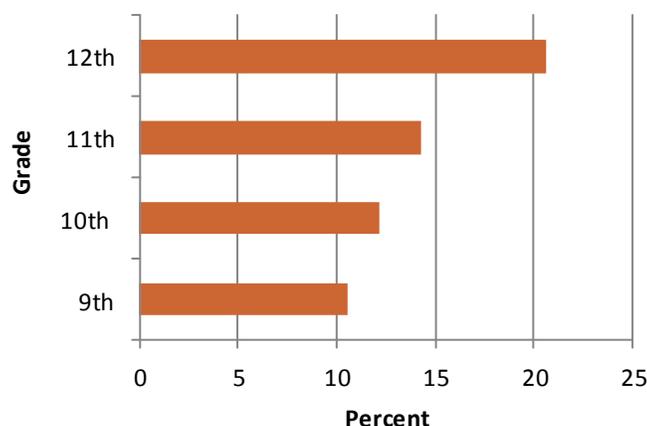
1. Guide to Community Preventive Services: State and Local Opportunities for Tobacco Use Reduction. <http://www.thecommunityguide.org/tobacco/tobac-ajpm-c-opportunities-for-reduction.pdf>

2. Oklahoma State Plan for Tobacco Use Prevention and Cessation, page 21, State and Federal Policy Needs, accessible at <http://www.ok.gov/health/documents/StatePlan.pdf>

50%....

of students have ever tried cigarette smoking, even one or two puffs

**Students Who Smoked Cigars, Cigarillos, or Little Cigars on One or More of the Past 30 Days: Oklahoma YRBS 2011**



46%...

of students who reported current cigarette smoking tried to quit smoking cigarettes in the 12 months before the survey

For more information contact the Maternal and Child Health Service, MCH Assessment at (405) 271-6761 or visit URL: <http://yrbs.health.ok.gov>