

## **Walk This Weigh winners revealed**

Monday, 11 June 2007

By HEATHER AVEY, Staff Writer  
Guymon Daily Herald

The Walk This Weigh competition ended May 31, with 60 teams with approximately 267 individuals who have worked hard over the last month keeping track of their minutes of exercise and now it's time to announce the team winner and the individual winner.

And the winners are: The Faithful Four Team and Heather Avey as the individual. The Faithful Four team members are Avey, Allison Gipe, Miranda Gilbert and Kaylea Brooks.

Each team member will receive a \$40 gift certificate to Naifeh's Steakhouse, a \$40 gift card to Stage and a movie pass to Northridge Cinema 8, a prize package totaling \$400; the individual will receive a portable MP3 player and a gift certificate for a massage, a prize package totaling \$200.

"I was very pleased of the turnout and I feel that the community really stepped up and everyone had a good time," said Jada Dickerson, chairman of the Walk This Weigh program.

All of those who earned at least 900 minutes will be placed into a drawing that will be held at the Texas County Turning Point meeting Tuesday, June 12, at noon where the drawing will be for a \$500 Visa gift card.

"There is a lot of individuals who tallied way over the 900 minutes requirement and we want all of those people there at the meeting so they can be part of the drawing," Dickerson said.

"So many people have emailed me and talked to me about how much they appreciated us doing this competition because it gave them motivation to get out and exercise," she added.

For questions about official times, contact Dickerson at (580) 338-7259.