

Diabetes support group begins tonight

Tuesday, 04 March 2008

The diabetes support group is back and it begins tonight.

The group session begins at 7 p.m. as a two hour Nutrition class with Kim Zigler, PhD.RDLDCDE.

On April 1 at 7 p.m. Chet Oblander, PharmD will have a session over oral medication for glycemic control.

The diabetes support group will hold their last workshop with the A1C champions on May 6 at 7 p.m.

All of the classes will be held from 7 p.m. to 9 p.m. in the Memorial Hospital of Texas County's classroom located at 520 Medical Drive in Guymon.

The diabetes support group is sponsored by the Texas County Turning Point and the Texas County Memorial Hospital.

For more information, call Kay Allen at (580) 338-8544.

— HEATHER AVEY, Reporter, Guymon Daily Herald