

DAVENPORT TURNING POINT COALITION

In partnership with Church of the Nazarene

Project Goal/Objectives:

1. Increase physical activity levels
2. Improve nutrition choices among the families
3. Increase community awareness about nutrition and physical activity

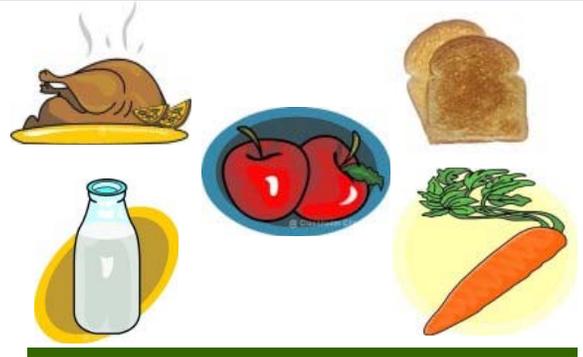
Project Scope/Narrative:

- Weekly youth programs were held, focusing on nutrition and physical activity. Participating youth tracked their daily level of physical activity.
- Church volunteers demonstrated how to make a variety of healthy snacks. Participants assisted in the snack making demonstrations. **The Lincoln County Health Department (WIC Service)** assisted with recipes and nutrition guidelines, along with nutrition education handouts.
- Participants completed weekly surveys to determine dietary and physical activity habits/changes.

Testimonial: The Davenport Church of the Nazarene is very excited to have been awarded this faith-based **WIC grant**. Our theme is "Good Nutrition for the Body and Soul." Previously, we have included some aspects of good nutrition and physical exercise into our teaching curriculum and activities. However, the **funds from this grant** will enable us to raise this to a whole new level, involving outreach to the Davenport Community. Now, on a regular basis, we will be able to offer programs for children and their parents in many of the activities.

Jane C. Bromley
Board Member

Davenport Church of the Nazarene



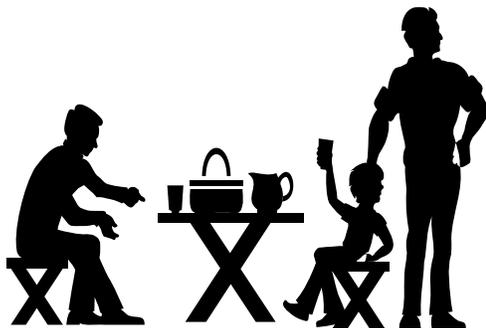
Testimonial:

As a minister, I think it is a worthy investment to have these **WIC grants** go to a church. It is a wise way to use tax dollars to increase the overall quality of life in our community. I am very grateful to have the opportunity to see government and churches working together—this is what our Founding Fathers had in mind for our country!

Since the **Faith Based grant** has been in place our church has changed the menu we serve every Sunday morning. We provide breakfast to anyone that arrives early to church and the menu has changed from all sweets to fruits, bagels with low fat crème cheese spreads, and natural fruit juices. It has been accepted very well by all who partake. I am excited that our church and town will benefit from this **WIC grant** and give kids something to do that will both keep them out of trouble and improve their health. Without this grant our land would still be unused. Now, however, we will see that land used for a basketball half-court and picnic area that can be used and enjoyed by our community's youth and families.

Blessings,

Rev. Alan McBroom & Karen Bromley



Project Outcomes:

1. 20% of the youth that participated increased their physical activity levels.
2. The community has seen increased awareness from the families about the importance of nutrition and physical education.
3. Project resulted in increased use of the basketball court and picnic area by members of the community.

THIS PROJECT WAS FUNDED BY OKLAHOMA WIC SERVICE and
USDA FOOD NUTRITION SERVICE