

JOHNSTON COUNTY FARMERS MARKET

In partnership with

Tishomingo Development Team

Project Goal/Objectives:

1. Promote and improve Johnston County residents dietary habits by establishing a Farmers Market
2. Increase availability of fresh fruits and vegetables, low fat foods, and whole grain alternatives
3. Promote daily physical activity among community residents, **including WIC participants**, by building a foot trail with exercise stations and benches in Pennington Creek Park



Project Scope/Narrative:

With many farmers and ranchers and a variety of businesses, the Health Department and the Turning Point committee thought it would be a great asset to start a Farmers Market on Main Street so that local residents would have a location to market and purchase fresh produce. This effort will be funded through the **WIC grant**.



Testimonial:

I am so excited to see the exercise trail equipment going in at our local park. It will be a wonderful addition for people of all ages to utilize. The Farmer's Market is also a tremendous benefit for our community. A great place for everyone in the county and community to meet, visit with and purchase farm fresh products from locally grown producers. It is my hope to see both of these new facilities used as a great way to **improve the health of our residents through the WIC grant**.

Karen Cantrell

THIS PROJECT WAS FUNDED BY OKLAHOMA WIC SERVICE and
USDA FOOD NUTRITION SERVICE