

GRANITE WALKING TRAIL

In partnership with

Greer County Turning Point Partnership

Project Goal/Objectives:

1. Promote community usage (targeting **WIC clients**) of newly developed walking trails and butterfly garden, install signage that will provide health tips/other important information, and provide 2 benches that meet ADA regulations for rest stops
2. Build Kiosk with safety, nutrition, and walking trail information



Project Scope/Narrative:

Granite is located at the bottom of a mountain in southwest Oklahoma. The town of Granite has been working on a walking trail and the **WIC** grant provided them the means to complete the project. The Greer Co. Turning Point Partnership will promote the trails and the new butterfly garden as an opportunity to be physically active in a safe, beautiful environment. OSU Extension and the Greer Co. Health Department have agreed to provide booths offering important information related to the **WIC Program**, healthy eating habits, and physical activity. A kiosk will provide valuable health information, while promoting the importance of daily physical activity, and healthy nutrition habits. The walk up the mountain will provide a healthy, physical activity for every one that participates. Daily exercise will also help the reduction of chronic diseases like diabetes and heart disease. There will be a resting bench on the mountain top; a perfect spot to view the beautiful scenery. The signs educate the young and old with safety tips about engaging in physical activity as well as provide them with health tips. The butterfly garden will be a beautiful site to see, all in itself, but will really be magnificent with the mountain backdrop and should be quite an attraction for young children. A bench will be placed near the butterfly garden to enjoy the scenery or serve as a rest stop for the walkers/runners. Also near the butterfly garden will be a huge granite rock with a water bubbler for drinking. A Grand Opening of the Walking trails and Butterfly Garden is planned for the Spring. Once officially opened, the partnership will host community hikes and other events targeting children and their parents from **WIC families** and the community.

Testimonial:

We are very excited about the kiosk, walking trail and the butterfly garden bringing endless opportunities to our community and for the visitors that will also be taking advantage of it. **Thank you Oklahoma WIC!** The positive opportunities are endless and we plan on adding new features to the project as we can. Laquita Paty, Granite Clerk



Project Outcomes:

1. Installation of a kiosk that promotes community events, provides information about nutrition, physical activity, other healthy lifestyle choices and promotes the **local WIC program**
2. A safe, beautiful place for people of any age to walk while enjoying the mountain scenery and beautiful butterfly garden

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