Priorities:

Physical Activity
Nutrition

Major Outcomes:

Received WIC/Turning Point Grant

Over 40 people participated in Families Can Do, a six-week nutrition and physical activity program

Partners:

- Logan County Health Department
- Logan County Hospital
- Guthrie YMCA
- Guthrie Curves
- Logan County DHS
- Logan County OSU Extension Services
- Guthrie Partnership for Children
- Wal-Mart

A Lil' Bit About Us….

The Logan County Turning Point Coalition made up of the above listed partners came together last year to begin addressing the needs of Logan County residents. The coalition chose nutrition and physical activity as their top priorities with a focus on families. Soon after beginning to address these issues, the opportunity came available to apply for the WIC/ Turning Point Grant. This provided the coalition a wonderful opportunity to develop a winning program for Logan County families. Families Can Do began in May and was held three nights a week for six weeks. Two evenings were spent walking while the third evening was spent in the classroom learning helpful nutrition facts and alternative methods for physical activity.

Key Activities

- Brought together key partners from health community
- Established priorities for coalition
- Applied for WIC/Turning Point Grant
- Received WIC/Turning Point Grant
- Developed Families Can Do program
- Implemented Families Can Do to Logan County families
- Continue to plan future activities addressing nutrition and physical activity

Logan County Turning Point Coalition

Logan County