

# **Jackson County**

## **Jackson County Community Health Action Team**

### **2004**

- **Activities**

- Held a Health Awareness Day offering free health screenings to all participants.
- In conjunction with the Health Awareness Day, we held a Walk this Weigh event.
- Expanded the partnerships priority areas to include:
  - Access to Health Care
  - Responsible Sexual Behavior
- Reassessed our Community Health Improvement Plan for the county.
- Held Walk this Weigh events throughout the year.
- Opened a Free Community Health Clinic and Pharmacy. The clinic serves the uninsured in our county.
- Expanded a Prescription Assistance Program.
- Hosted a car seat check offering free child restraints to families in need.
- Partnered with county health department and Kiwanis to host a community wide immunization clinic and health fair
- Began approaching county schools to implement the 24/7 tobacco-free policy.
- Applied for and received the TSET (Tobacco Settlement Endowment Trust) grant.
- Received a small grant through Oklahoma Commission on Children and Youth to implement prevention programs in the county schools.
- Established a committee to review research-based curricula on adolescent sexuality.
- Other priority areas include: physical activity/nutrition, substance abuse, prevention, immunization, and injury prevention

- **Outcomes**

- Increase in awareness of public health issues in the community.
- Partnership of strong, dedicated individuals committed to address the health issues of the community.
- Increased physical activity among county residents.
- Over 200 participants came through the health booths.
- Community residents began making physical activity (walking) a priority in maintaining and improving their health.
- Seat Belt compliance rates continue to increase while motor vehicle fatality rates, and motor vehicle personal injury rates continue to decrease partly due to local seat belt ordinance JCCHAT advocated for last year.
- Increased the number of children who are safely buckled in a child restraint by providing education and seats to families.

- **Future Plans**

- 100% of schools in the county will have a 24/7 tobacco free
- Meet with the city and discuss closing the road that circles the city's reservoir. The Reservoir is a popular place for residents to go and walk, ride their bikes and roller blade. By closing and/or resurfacing the road it would make the location a much safer environment.
- Continue to work with the City of Altus regarding making Altus an active living community.
- Establish Safe Routes to School project.
- Implement a research-based teen pregnancy and STD prevention project in schools.
- Expand the Meth Education in the schools and community

## Jackson County

- **Participants**

- Altus Chamber of Commerce
- Altus Police Dept.
- Oklahoma Highway Patrol
- Altus City Planning Dept.
- State political leaders (Senator and Representative)
- Jackson County Memorial Hospital
- Jackson County Health Department
- United Way
- Faith Community
- Southwest Community Action
- OSU Extension
- Altus Air Force Base
- Southwestern Youth Services
- Concerned Citizens
- Workforce Oklahoma
- Altus Public Schools
- Local Physicians
- Local Pharmacists
- KeyB radio station
- CASA (Court Appointed Special Advocates) of Southwest Oklahoma
- Western Oklahoma State College
- ACMI House
- Communities of Promise
- Retired Senior Volunteer Program (RSVP)
- Blair Public School
- Wichita Mountains Prevention Network
- Local Attorneys
- Oklahoma Commission on Children and Youth